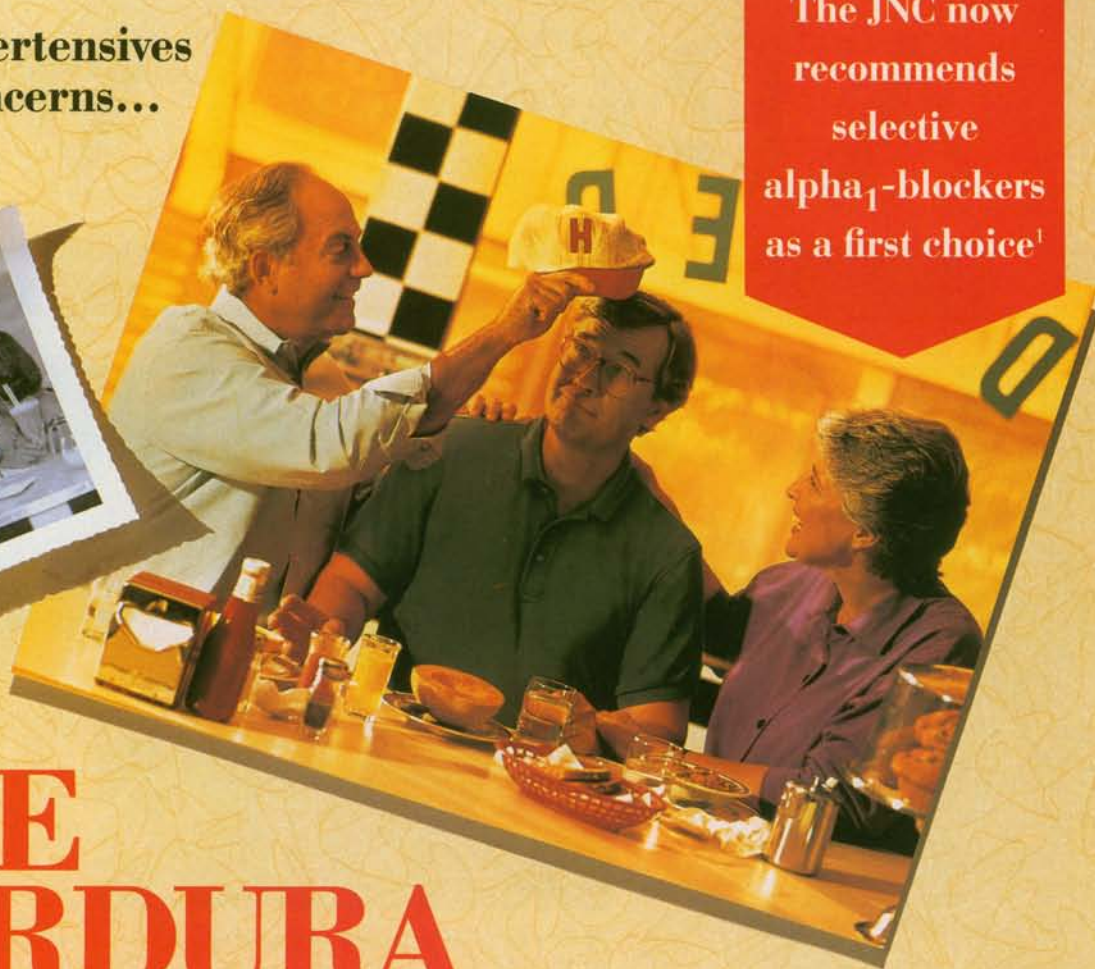


Today's hypertensives
with new concerns...

The JNC now
recommends
selective
 α_1 -blockers
as a first choice¹



THE CARDURA GENERATION

Choose CARDURA: first-line therapy
for a new generation of hypertensives.

— Choose CARDURA for around-the-clock blood pressure control that doesn't jeopardize blood lipids or blood sugar.²⁻⁴

CARDURA is well tolerated. In placebo-controlled studies, only three common side effects were reported significantly more often than with placebo: dizziness, somnolence, and fatigue. These were generally mild and transient. Only 2% of patients discontinued therapy due to adverse effects—the same as with placebo. Syncope has been reported, but rarely (<1%).

ONCE-A-DAY

CARDURA[®]

(doxazosin mesylate) Scored Tablets
1 mg, 2 mg, 4 mg, 8 mg

HYPERTENSION CONTROL FOR A NEW GENERATION.

Please see brief summary of prescribing
information on next page.
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ONCE-A-DAY
CARDURA[®]
(doxazosin mesylate) Scored Tablets
1 mg, 2 mg, 4 mg, 8 mg

CARDURA (doxazosin mesylate) Tablets

Brief Summary of Prescribing Information

INDICATIONS AND USAGE

CARDURA (doxazosin mesylate) is indicated for the treatment of hypertension. CARDURA may be used alone or in combination with diuretics or beta-adrenergic blocking agents. There is limited experience with CARDURA in combination with angiotensin converting enzyme inhibitors or calcium channel blockers.

CONTRAINDICATIONS

CARDURA is contraindicated in patients with a known sensitivity to quinazolines (e.g., prazosin, terazosin).

WARNINGS

Syncope and "First-dose" Effect:

Doxazosin, like other alpha-adrenergic blocking agents, can cause marked hypotension, especially in the upright position, with syncope and other postural symptoms such as dizziness. Marked orthostatic effects are most common with the first dose but can also occur when there is a dosage increase, or if therapy is interrupted for more than a few days. To decrease the likelihood of excessive hypotension and syncope, it is essential that treatment be initiated with the 1 mg dose. The 2, 4, and 8 mg tablets are not for initial therapy. Dosage should then be adjusted slowly (see DOSAGE AND ADMINISTRATION section) with increases in dose every two weeks. Additional antihypertensive agents should be added with caution. Patients being titrated with doxazosin should be cautioned to avoid situations where injury could result should syncope occur.

In an early investigational study of the safety and tolerance of increasing daily doses of doxazosin in normotensives beginning at 1 mg/day, only 2 of 6 subjects could tolerate more than 2 mg/day without experiencing symptomatic postural hypotension. In another study of 24 healthy normotensive male subjects receiving initial doses of 2 mg/day of doxazosin, seven (29%) of the subjects experienced symptomatic postural hypotension between 0.5 and 6 hours after the first dose necessitating termination of the study. In this study 2 of the normotensive subjects experienced syncope. Subsequent trials in hypertensive patients always began doxazosin dosing at 1 mg/day resulting in a 4% incidence of postural side effects at 1 mg/day with no cases of syncope.

In multiple dose clinical trials involving over 1500 patients with dose titration every one to two weeks, syncope was reported in 0.7% of patients. None of these events occurred at the starting dose of 1 mg and 1.2% (8/664) occurred at 16 mg/day.

If syncope occurs, the patient should be placed in a recumbent position and treated supportively as necessary.

PRECAUTIONS

General

1. Orthostatic Hypotension:

While syncope is the most severe orthostatic effect of CARDURA, other symptoms of lowered blood pressure, such as dizziness, lightheadedness, or vertigo, can occur, especially at initiation of therapy or at the time of dose increases. These were common in clinical trials, occurring in up to 23% of all patients treated and causing discontinuation of therapy in about 2%.

In placebo-controlled titration trials orthostatic effects were minimized by beginning therapy at 1 mg per day and titrating every two weeks to 2, 4, or 8 mg per day. There was an increased frequency of orthostatic effects in patients given 8 mg or more, 10%, compared to 5% at 1-4 mg and 3% in the placebo group. Patients in occupations in which orthostatic hypotension could be dangerous should be treated with particular caution.

If hypotension occurs, the patient should be placed in the supine position and, if this measure is inadequate, volume expansion with intravenous fluids or vasopressor therapy may be used. A transient hypotensive response is not a contraindication to further doses of CARDURA.

2. Impaired liver function:

CARDURA should be administered with caution to patients with evidence of impaired hepatic function or to patients receiving drugs known to influence hepatic metabolism (see CLINICAL PHARMACOLOGY). There is no controlled clinical experience with CARDURA in patients with these conditions.

3. Leukopenia/Neutropenia:

Analysis of hematologic data from patients receiving CARDURA in controlled clinical trials showed that the mean WBC (N=474) and mean neutrophil counts (N=419) were decreased by 2.4% and 1.0% respectively, compared to placebo, a phenomenon seen with other alpha blocking drugs. A search through a data base of 2400 patients revealed 4 in which drug-related neutropenia could not be ruled out. Two had a single low value on the last day of treatment. Two had stable, non-progressive neutrophil counts in the 1000/mm³ range over periods of 20 and 40 weeks. In cases where follow-up was available the WBCs and neutrophil counts returned to normal after discontinuation of CARDURA. No patients became symptomatic as a result of the low WBC or neutrophil counts.

Information for Patients:

Patients should be made aware of the possibility of syncope and orthostatic symptoms, especially at the initiation of therapy, and urged to avoid driving or hazardous tasks for 24 hours after the first dose, after a dosage increase, and after interruption of therapy when treatment is resumed. They should be cautioned to avoid situations where injury could result should syncope occur during initiation of doxazosin therapy. They should also be advised of the need to sit or lie down when symptoms of lowered blood pressure occur, although these symptoms are not always orthostatic, and to be careful when rising from a sitting or lying position. If dizziness, lightheadedness, or palpitations are bothersome they should be reported to the physician, so that dose adjustment can be considered. Patients should also be told that drowsiness or somnolence can occur with doxazosin, requiring caution in people who must drive or operate heavy machinery.

Drug Interactions:

Most (98%) of plasma doxazosin is protein bound. *In vitro* data in human plasma indicate that CARDURA has no effect on protein binding of digoxin, warfarin, phenytoin or indomethacin. There is no information on the effect of other highly plasma protein bound drugs on doxazosin binding. CARDURA has been administered without any evidence of an adverse drug interaction to patients receiving thiazide diuretics, beta blocking agents, and nonsteroidal anti-inflammatory drugs.

Drug/Laboratory test interactions:

None known.

Cardiac Toxicity in Animals:

An increased incidence of myocardial necrosis or fibrosis was displayed by Sprague-Dawley rats after 6 months of dietary administration at concentrations calculated to provide 80 mg doxazosin/kg/day and after 12 months of dietary administration at concentrations calculated to provide 40 mg doxazosin/kg/day (150 times the maximum recommended human dose assuming a patient weight of 60 kg). Myocardial fibrosis was observed in both rats and mice treated in the same manner with 40 mg doxazosin/kg/day for 18 months. No cardiotoxicity was observed at lower doses (up to 10 or 20 mg/kg/day, depending on the study) in either species. These lesions were not observed after 12 months of oral dosing in dogs and Wistar rats at maximum doses of 20 mg/kg/day and 100 mg/kg/day, respectively. There is no evidence that similar lesions occur in humans.

Carcinogenesis, Mutagenesis and Impairment of Fertility:

Chronic dietary administration (up to 24 months) of doxazosin mesylate at maximally tolerated concentrations (highest dose 40 mg/kg; about 150 times the maximum recommended human dose of 16 mg/60 kg) revealed no evidence of carcinogenicity in rats. There was also no evidence of carcinogenicity in a similarly conducted study (up to 18 months of dietary administration) in mice. The mouse study, however, was compromised by the failure to use a maximally tolerated dose of doxazosin.

Mutagenicity studies revealed no drug- or metabolite-related effects at either chromosomal or subchromosomal levels.

Studies in rats showed reduced fertility in males treated with doxazosin at oral doses of 20 (but not 5 or 10) mg/kg/day, about 75 times the maximum recommended human dose. This effect was reversible within two weeks of drug withdrawal.

Pregnancy

Teratogenic Effects, Pregnancy Category B. Studies in rabbits and rats at daily oral doses of up to 40 and 20 mg/kg, respectively (150 and 75 times the maximum recommended daily dose of 16 mg, assuming a patient weight of 60 kg), have revealed no evidence of harm to the fetus. The rabbit study, however, was compromised by the failure to use a maximally tolerated dose of doxazosin. There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, CARDURA should be used during pregnancy only if clearly needed.

Radioactivity was found to cross the placenta following oral administration of labeled doxazosin to pregnant rats.

Nonteratogenic Effects. In peri-postnatal studies in rats, postnatal development at maternal doses of 40 or 50 mg/kg/day of doxazosin was delayed as evidenced by slower body weight gain and a slightly later appearance of anatomical features and reflexes.

Nursing Mothers

Studies in lactating rats given a single oral dose of 1 mg/kg of [¹⁴C]-doxazosin indicate that doxazosin accumulates in rat breast milk with a maximum concentration about 20 times greater than the maternal plasma concentration. It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when CARDURA is administered to a nursing mother.

Pediatric Use

Safety and effectiveness in children have not been established.

ADVERSE REACTIONS

CARDURA has been administered to approximately 4000 patients, of whom 1679 were included in the clinical development program. In that program, minor adverse effects were frequent, but led to discontinuation of treatment in only 7% of patients. In placebo-controlled studies adverse effects occurred in 49% and 40% of patients in the doxazosin and placebo groups, respectively, and led to discontinuation in 2% of patients in each group. The major reasons for discontinuation were postural effects (2%), edema, malaise/fatigue, and some heart rate disturbance, each about 0.7%.

In controlled clinical trials directly comparing CARDURA to placebo there was no significant difference in the incidence of side effects, except for dizziness (including postural), weight gain, somnolence and fatigue/malaise. Postural effects and edema appeared to be dose related.

The prevalence rates presented below are based on combined data from placebo-controlled studies involving once daily administration of doxazosin at doses ranging from 1-16 mg. Table 1 summarizes those adverse experiences (possibly/probably related) reported for patients in these studies where the prevalence rate in the doxazosin group was at least 0.5% or where the reaction is of particular interest.

**TABLE 1
ADVERSE REACTIONS DURING PLACEBO CONTROLLED STUDIES**

	DOXAZOSIN (N=339)	PLACEBO (N=336)
CARDIOVASCULAR:		
Dizziness	19%	9%
Vertigo	2%	1%
Postural Hypotension	0.3%	0%
Edema	4%	3%
Palpitation	2%	3%
Arrhythmia	1%	0%
Hypotension	1%	0%
Tachycardia	0.3%	1%
Peripheral Ischemia	0.3%	0%
SKIN APPENDAGES:		
Rash	1%	1%
Pruritus	1%	1%
MUSCULOSKELETAL:		
Arthralgia/Arthritis	1%	0%
Muscle Weakness	1%	0%
Myalgia	1%	0%
CENTRAL & PERIPHERAL N.S.:		
Headache	14%	16%
Paresthesia	1%	1%
Kinetic Disorders	1%	0%
Ataxia	1%	0%
Hypertonia	1%	0%
Muscle Cramps	1%	0%

References: 1. The fifth report of the Joint National Committee (JNC) on the Detection, Evaluation, and Treatment of High Blood Pressure (JNC V). Presented to the National High Blood Pressure Education Program Coordinating Committee; June 25, 1992. 2. Pickering TG, Hypertension and Lipid Trial Study Group. The use of 24-hour ambulatory monitoring in the assessment of antihypertensive therapy. Presented at the American Academy of Family Physicians 43rd Annual Assembly; September 24-29, 1991; Washington, D.C. 3. The Treatment of Mild Hypertension Research Group. The Treatment of Mild Hypertension Study: a randomized, placebo-controlled trial of a nutritional-hygienic regimen along with various drug monotherapies. Arch Intern Med. 1991;151:1413-1423. 4. Lehtonen A, the Finnish Multicenter Study Group. Lowered levels of serum insulin, glucose, and cholesterol in hypertensive patients during treatment with doxazosin. Curr Ther Res. 1990;47:278-284.

	DOXAZOSIN (N=339)	PLACEBO (N=336)
AUTONOMIC:		
Mouth Dry	2%	2%
Flushing	1%	0%
SPECIAL SENSES:		
Vision Abnormal	2%	1%
Conjunctivitis/Eye Pain	1%	1%
Tinnitus	1%	0.3%
PSYCHIATRIC:		
Somnolence	5%	1%
Nervousness	2%	2%
Depression	1%	1%
Insomnia	1%	1%
Sexual Dysfunction	2%	1%
GASTROINTESTINAL:		
Nausea	3%	4%
Diarrhea	2%	3%
Constipation	1%	1%
Dyspepsia	1%	1%
Flatulence	1%	1%
Abdominal Pain	0%	2%
Vomiting	0%	1%
RESPIRATORY:		
Rhinitis	3%	1%
Dyspnea	1%	1%
Epistaxis	1%	0%
URINARY:		
Polyuria	2%	0%
Urinary Incontinence	1%	0%
Micturition Frequency	0%	2%
GENERAL:		
Fatigue/Malaise	12%	6%
Chest Pain	2%	2%
Asthenia	1%	1%
Face Edema	1%	0%
Pain	2%	2%

Additional adverse reactions have been reported, but these are, in general, not distinguishable from symptoms that might have occurred in the absence of exposure to doxazosin. The following adverse reactions occurred with a frequency of between 0.5% and 1%: syncope, hyposthesia, increased sweating, agitation, increased weight. The following additional adverse reactions were reported by <0.5% of 3960 patients who received doxazosin in controlled or open, short- or long-term clinical studies, including international studies. Cardiovascular System: angina pectoris, myocardial infarction, cerebrovascular accident; Autonomic Nervous System: pallor; Metabolic: thirst, gout, hypokalemia; Hematopoietic: lymphadenopathy, purpura; Reproductive System: breast pain; Skin Disorders: alopecia, dry skin, eczema; Central Nervous System: paresis, tremor, twitching, confusion, migraine, impaired concentration; Psychiatric: paroniria, amnesia, emotional lability, abnormal thinking, depersonalization; Special Senses: parosmia, earache, taste perversion, photophobia, abnormal lacrimation; Gastrointestinal System: increased appetite, anorexia, fecal incontinence, gastroenteritis; Respiratory System: bronchospasm, sinusitis, coughing, pharyngitis; Urinary System: renal calculus; General Body System: hot flushes, back pain, infection, fever/irritation, decreased weight, influenza-like symptoms.

CARDURA has not been associated with any clinically significant changes in routine biochemical tests. No clinically relevant adverse effects were noted on serum potassium, serum glucose, uric acid, blood urea nitrogen, creatinine or liver function tests. CARDURA has been associated with decreases in white blood cell counts (See Precautions).

OVERDOSAGE

No data are available in regard to overdosage in humans. The oral LD₅₀ of doxazosin is greater than 1000 mg/kg in mice and rats. The most likely manifestation of overdosage would be hypotension, for which the usual treatment would be intravenous infusion of fluid. As doxazosin is highly protein bound, dialysis would not be indicated.

DOSAGE AND ADMINISTRATION

DOSAGE MUST BE INDIVIDUALIZED. The initial dosage of CARDURA in hypertensive patients is 1 mg given once daily. This starting dose is intended to minimize the frequency of postural hypotension and first dose syncope associated with CARDURA. Postural effects are most likely to occur between 2 and 6 hours after a dose. Therefore blood pressure measurements should be taken during this time period after the first dose and with each increase in dose. Depending on the individual patient's standing blood pressure response (based on measurements taken at 2-6 hours postdose and 24 hours postdose), dosage may then be increased to 2 mg and thereafter if necessary to 4 mg, 8 mg and 16 mg to achieve the desired reduction in blood pressure. Increases in dose beyond 4 mg increase the likelihood of excessive postural effects including syncope, postural dizziness/vertigo, postural hypotension. At a titrated dose of 16 mg once daily the frequency of postural effects is about 12% compared to 3% for placebo.

HOW SUPPLIED

CARDURA (doxazosin mesylate) is available as colored tablets for oral administration. Each tablet contains doxazosin mesylate equivalent to 1 mg (white), 2 mg (yellow), 4 mg (orange) or 8 mg (green) of the active constituent, doxazosin.

CARDURA TABLETS are available as 1 mg (white), 2 mg (yellow), 4 mg (orange) and 8 mg (green) scored tablets. Bottles of 100: 1 mg (NDC 0049-2750-66), 2 mg (NDC 0049-2760-66), 4 mg (NDC 0049-2770-66), 8 mg (NDC 0049-2780-66).

Recommended Storage: Store below 86°F (30°C).

CAUTION: Federal law prohibits dispensing without prescription.

65-4538-00-0

Issued Nov 1990

Pfizer Roerig

For Your Protection: The OSHA Regulations on Bloodborne Pathogens

OSHA TRAINING KIT AGAIN AVAILABLE FROM AMERICAN MEDICAL TELEVISION AND THE AMERICAN MEDICAL ASSOCIATION

The regulations on bloodborne pathogens, issued by the Occupational Safety and Health Administration (OSHA) last year, continue to change the way health care facilities cope with occupational hazards to their employees. Educating and training health care workers are key elements. A comprehensive training program produced by American Medical Television in conjunction with the American Medical Association, will help the physician, clinics and hospitals comply with the OSHA requirement to train staff in the material covered under these regulations.

Available in kit format, **For Your Protection: The OSHA Regulations on Bloodborne Pathogens** includes everything the practicing physician and his or her staff need to comply with the OSHA regulations on bloodborne pathogens plus the mandatory Hepatitis B Vaccine Declination.

Training materials include:

25-minute VHS Videocassette - Covers relevant portions of the OSHA Standards as they apply to most health care facilities, including the physician's office.

Administrator's Guide - Shows the physician or office administrator how to use the training program. The Guide also includes a copy of the amended OSHA Standards. Learn how to train employees, answer questions, and prepare necessary exposure control plans.

Model Exposure Control Plan - Designed to help any health care facility develop their own written procedures, as required by the OSHA Standard. This simple, easy-to-follow format provides a step-by-step approach for compliance, dramatically reducing the time required to develop these written procedures.

Five Training Manuals - Provide back-up reference for employees, reinforcing material presented on the videocassette.

For Your Protection: The OSHA Regulations on Bloodborne Pathogens training kit is the *only* OSHA kit reviewed for accurate medical and scientific content by the American Medical Association.

Completion of this training program has also been designated by the AMA as a Continuing Medical Education activity, worth 2 credit hours of Category 1 of the Physician Recognition Award of the AMA.

The complete **For Your Protection: The OSHA Regulations on Bloodborne Pathogens** training kit is available for \$195, including S & H (\$150 for AMA Members, Hospitals, Institutions, Universities, and Government Offices).

To order call **1-800-398-CNBC**.

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References: 1. Levy B, Rosenberg LN, Colasante DA. A comparison of VERELAN® and Procordia® XL in the treatment of patients with mild to moderate hypertension. American College of Clinical Pharmacology. 21st Annual Meeting, 1992. Abstract. 2. Further analysis of Levy B, et al. (See reference 1.) Data on file. Lederle Laboratories, Pearl River, NY.

Brief Summary

VERELAN®
Verapamil HCl
Sustained-Release Pellet-Filled Capsules

For complete Prescribing Information, consult package insert.

CLINICAL PHARMACOLOGY

Food does not affect the extent or rate of the absorption of verapamil from the controlled release VERELAN capsule.

Atrioventricular block can occur in patients without preexisting condition defects (see **WARNINGS**).

Acceleration of ventricular rate and/or ventricular fibrillation has been reported in patients with atrial flutter or atrial fibrillation and a coexisting accessory AV pathway following administration of verapamil (see **WARNINGS**).

In patients with hepatic insufficiency, metabolism is delayed and elimination half-life prolonged up to 14 to 16 hours (see **PRECAUTIONS**), the volume of distribution is increased, and plasma clearance reduced to about 30% of normal.

CONTRAINDICATIONS

Severe LV dysfunction (see **WARNINGS**), hypotension (systolic pressure <90 mmHg) or cardiogenic shock, sick sinus syndrome (if no pacemaker is present), second- or third-degree AV block (if no pacemaker is present), atrial flutter/fibrillation with an accessory bypass tract (eg, WPW or LGL syndromes), (see **WARNINGS**), hypersensitivity to verapamil.

WARNINGS

Verapamil should be avoided in patients with severe LV dysfunction (eg, ejection fraction <30%) or moderate-to-severe symptoms of cardiac failure and in patients with any degree of ventricular dysfunction if they are receiving a beta blocker. Control milder heart failure with optimum digitalization and/or diuretics before VERELAN is used. Verapamil may occasionally produce hypotension. Elevations of liver enzymes have been reported.

Several cases of hepatocellular injury have been demonstrated to be produced by verapamil. Periodic monitoring of liver function in patients on verapamil is prudent. Some patients with paroxysmal and/or chronic atrial flutter/fibrillation and an accessory AV pathway (eg, WPW or LGL syndromes) have developed an increased antegrade conduction across the accessory pathway bypassing the AV node, producing a very rapid ventricular response or ventricular fibrillation after receiving IV verapamil (or digitalis). Because of this risk, oral verapamil is contraindicated in such patients. AV block may occur (second- or third-degree, 0.8%). Development of marked first-degree block or progression to second- or third-degree block requires reduction in dosage or, rarely, discontinuation and institution of appropriate therapy. Sinus bradycardia, second-degree AV block, sinus arrest, pulmonary edema and/or severe hypotension were seen in some critically ill patients with hypertrophic cardiomyopathy who were treated with verapamil.

PRECAUTIONS

Verapamil should be given cautiously to patients with impaired hepatic function (in severe dysfunction use about 30% of the normal dose) or impaired renal function, and patients should be monitored for abnormal prolongation of the PR interval or other signs of overdosage. Verapamil may decrease neuromuscular transmission in patients with Duchenne's muscular dystrophy and may prolong recovery from the neuromuscular blocking agent vecuronium. It may be necessary to decrease verapamil dosage in patients with attenuated neuromuscular transmission. Combined therapy with beta-adrenergic blockers and verapamil may result in additive negative effects on heart rate, atrioventricular conduction and/or cardiac contractility; there have been reports of excessive bradycardia and AV block, including complete heart block. The risks of such combined therapy may outweigh the benefits. The combination should be used only with caution and close monitoring. Decreased metoprolol clearance may occur with combined use. Chronic verapamil treatment can increase serum digoxin levels by 50% to 75% during the first week of therapy, which can result in digitalis toxicity. In patients with hepatic cirrhosis, verapamil may reduce total body clearance and extrarenal clearance of digoxin. The digoxin dose should be reduced when verapamil is given and the patient carefully monitored. Verapamil will usually have an additive effect in patients receiving blood pressure-lowering agents. Disopyramide should not be given within 48 hours before or 24 hours after verapamil administration. Concomitant use of flecainide and verapamil may have additive effects on myocardial contractility, AV conduction, and repolarization. Combined verapamil and quinidine therapy in patients with hypertrophic cardiomyopathy should be avoided, since significant hypotension may result. Verapamil has been given concomitantly with short- and long-acting nitrates without any undesirable drug interactions. Interaction between cimetidine and chronically administered verapamil has not been studied. In healthy volunteers, clearance of verapamil was reduced or unchanged. Concomitant use of lithium and verapamil may result in a lowering of serum lithium levels or increased sensitivity to lithium. Patients receiving both drugs must be monitored carefully.

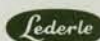
Verapamil may increase carbamazepine concentrations during combined use. Rifampin may reduce verapamil bioavailability. Phenobarbital may increase verapamil clearance. Verapamil may increase serum levels of cyclosporine. Concomitant use of inhalation anesthetics and calcium antagonists needs careful titration to avoid excessive cardiovascular depression. Verapamil may potentiate the activity of neuromuscular blocking agents (curare-like and depolarizing); dosage reduction may be required. Adequate animal carcinogenicity studies have not been performed. One study in rats did not suggest a tumorigenic potential, and verapamil was not mutagenic in the Ames test. **Pregnancy Category C:** There are no adequate and well-controlled studies in pregnant women. This drug should be used during pregnancy, labor, and delivery only if clearly needed. Verapamil is excreted in breast milk; therefore, nursing should be discontinued during verapamil use. Safety and efficacy of verapamil in children below the age of 18 years have not been established.

ADVERSE REACTIONS

Reversible (upon discontinuation of verapamil) nonobstructive, paralytic ileus has been infrequently reported in association with the use of verapamil.

In clinical trials with 285 hypertensive patients on VERELAN for more than 1 week, the following adverse reactions were reported: constipation (7.4%); headache (5.3%); dizziness (4.2%); lethargy (3.2%); dyspepsia (2.5%); rash (1.4%); ankle edema (1.4%); sleep disturbance (1.4%); myalgia (1.1%). In clinical trials of other formulations of verapamil HCl (N = 4,954), the following reactions have occurred at rates greater than 1.0%: constipation (7.3%); dizziness (3.3%); nausea (2.7%); hypotension (2.5%); edema (1.9%); headache (2.2%); rash (1.2%); CHF/pulmonary edema (1.8%); fatigue (1.7%); bradycardia (HR <50/min) (1.4%); AV block-total 1°, 2°, 3° (1.2%); 2° and 3° (0.8%); flushing (0.6%); elevated liver enzymes (see **WARNINGS**).

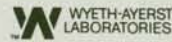
The following reactions, reported in 1.0% or less of patients, occurred under conditions (open trials, marketing experience) where a causal relationship is uncertain. **Cardiovascular:** angina pectoris, atrioventricular dissociation, chest pain, claudication, myocardial infarction, palpitations, purpura (vasculitis), syncope. **Digestive System:** diarrhea, dry mouth, gastrointestinal distress, gingival hyperplasia. **Hemic and Lymphatic:** ecchymosis or bruising. **Nervous System:** cerebrovascular accident, confusion, equilibrium disorders, insomnia, muscle cramps, paresthesia, psychotic symptoms, shakiness, somnolence. **Respiratory:** dyspnea. **Skin:** arthralgia and rash, exanthema, hair loss, hyperkeratosis, maculae, sweating, urticaria, Stevens-Johnson syndrome, erythema multiforme. **Special Senses:** blurred vision. **Urogenital:** gynecomastia, impotence, increased urination, spotty menstruation.



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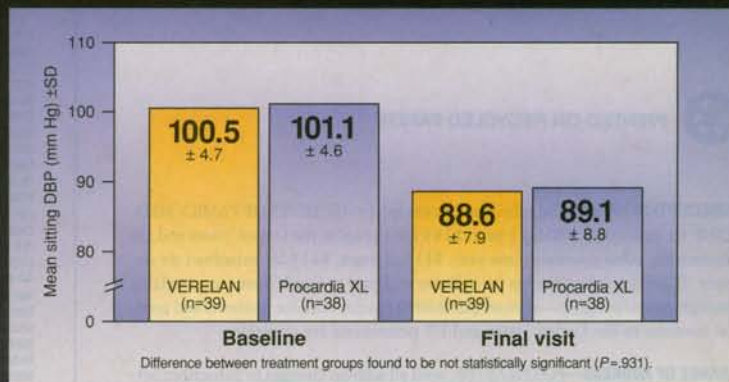




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FAMILY MEDICINE

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THE GENTLE GIANT

The recommended starting dosage for Calan SR is 180 mg once daily. Dose titration will be required in some patients to achieve blood pressure control. A lower starting dosage of 120 mg/day may be warranted in some patients (eg, the elderly, patients of small stature). Dosages above 240 mg daily should be administered in divided doses. Calan SR should be administered with food. Constipation, which is easily managed in most patients, is the most commonly reported side effect of Calan SR.

BRIEF SUMMARY

Contraindications: Severe LV dysfunction (see *Warnings*), hypotension (systolic pressure < 90 mm Hg) or cardiogenic shock, sick sinus syndrome (if no pacemaker is present), 2nd- or 3rd-degree AV block (if no pacemaker is present), atrial flutter/fibrillation with an accessory bypass tract (eg, WPW or LGL syndromes), hypersensitivity to verapamil.

Warnings: Verapamil should be avoided in patients with severe LV dysfunction (eg, ejection fraction < 30%) or moderate to severe symptoms of cardiac failure and in patients with any degree of ventricular dysfunction if they are receiving a beta-blocker. Control of heart failure with optimum digitalization and/or diuretics before Calan SR is used. Verapamil may occasionally produce hypotension. Elevations of liver enzymes have been reported. Several cases have been demonstrated to be produced by verapamil. Periodic monitoring of liver function in patients on verapamil is prudent. Some patients with paroxysmal and/or chronic atrial flutter/fibrillation and an accessory AV pathway (eg, WPW or LGL syndromes) have developed an increased antegrade conduction across the accessory pathway bypassing the AV node, producing a very rapid ventricular response or ventricular fibrillation after receiving IV verapamil (or digitalis). Because of this risk, oral verapamil is contraindicated in such patients. AV block may occur (2nd- and 3rd-degree, 0.8%). Development of marked 1st-degree block or progression to 2nd- or 3rd-degree block requires reduction in dosage or, rarely, discontinuation and institution of appropriate therapy. Sinus bradycardia, 2nd-degree AV block, sinus arrest, pulmonary edema and/or severe hypotension were seen in some critically ill patients with hypertrophic cardiomyopathy who were treated with verapamil.

Precautions: Verapamil should be given cautiously to patients with impaired hepatic function (in severe dysfunction use about 30% of the normal dose) or impaired renal function, and patients should be monitored for abnormal prolongation of the PR interval or other signs of overdosage. Verapamil may decrease neuromuscular transmission in patients with Duchenne's muscular dystrophy and may prolong recovery from the neuromuscular blocking agent vecuronium. It may be necessary to decrease verapamil dosage in patients with attenuated neuromuscular transmission. Combined therapy with beta-adrenergic blockers and verapamil may result in additive negative effects on heart rate, atrioventricular conduction and/or cardiac contractility; there have been reports of excessive bradycardia and AV block, including complete heart block. The risks of such combined therapy may outweigh the benefits. The combination should be used only with caution and close monitoring. Decreased metoprolol and propranolol clearance may occur when either drug is administered concomitantly with verapamil. A variable effect has been seen with combined use of atenolol. Chronic verapamil treatment can increase serum digoxin levels by 50% to 75% during the first week of therapy, which can result in digitalis toxicity. In patients with hepatic cirrhosis, verapamil may reduce total body clearance and extrarenal clearance of digoxin. The digoxin dose should be reduced when verapamil is given, and the patient carefully monitored. Verapamil will usually have an additive effect in patients receiving blood-pressure-lowering agents.

Disopyramide should not be given within 48 hours before or 24 hours after verapamil administration. Concomitant use of flecainide and verapamil may have additive effects on myocardial contractility, AV conduction, and repolarization. Combined verapamil and quinidine therapy in patients with hypertrophic cardiomyopathy should be avoided, since significant hypotension may result. Concomitant use of lithium and verapamil may result in an increased sensitivity to lithium (neurotoxicity), with either no change or an increase in serum lithium levels; however, it may also result in a lowering of serum lithium levels. Patients receiving both drugs must be monitored carefully. Verapamil may increase carbamazepine concentrations during combined use. Rifampin may reduce verapamil bioavailability. Phenobarbital may increase verapamil clearance. Verapamil may increase serum levels of cyclosporin. Verapamil may inhibit the clearance and increase the plasma levels of theophylline. Concomitant use of inhalation anesthetics and calcium antagonists needs careful titration to avoid excessive cardiovascular depression. Verapamil may potentiate the activity of neuromuscular blocking agents (curare-like and depolarizing); dosage reduction may be required. There was no evidence of a carcinogenic potential of verapamil administered to rats for 2 years. A study in rats did not suggest a tumorigenic potential, and verapamil was not mutagenic in the Ames test. Pregnancy Category C. There are no adequate and well-controlled studies in pregnant women. This drug should be used during pregnancy, labor, and delivery only if clearly needed. Verapamil is excreted in breast milk; therefore, nursing should be discontinued during verapamil use.

Adverse Reactions: Constipation (7.3%), dizziness (3.3%), nausea (2.7%), hypotension (2.5%), headache (2.2%), edema (1.9%), CHF, pulmonary edema (1.8%), fatigue (1.7%), dyspnea (1.4%), bradycardia HR < 50/min (1.4%), AV block total 1°/2°/3° (1.2%), 2° and 3° (0.8%), rash (1.2%), flushing (0.6%), elevated liver enzymes, reversible non-obstructive paralytic ileus. The following reactions, reported in 10% or less of patients, occurred under conditions where a causal relationship is uncertain: angina pectoris, atrioventricular dissociation, chest pain, claudication, myocardial infarction, palpitations, purpura (vasculitis), syncope, diarrhea, dry mouth, gastrointestinal distress, gingival hyperplasia, ecchymosis or bruising, cerebrovascular accident, confusion, equilibrium disorders, insomnia, muscle cramps, paresthesia, psychotic symptoms, shakiness, somnolence, arthralgia and rash, exanthema, hair loss, hyperkeratosis, macules, sweating, urticaria, Stevens-Johnson syndrome, erythema multiforme, blurred vision, gynecomastia, galactorrhea/hyperprolactinemia, increased urination, spotty menstruation, impotence.

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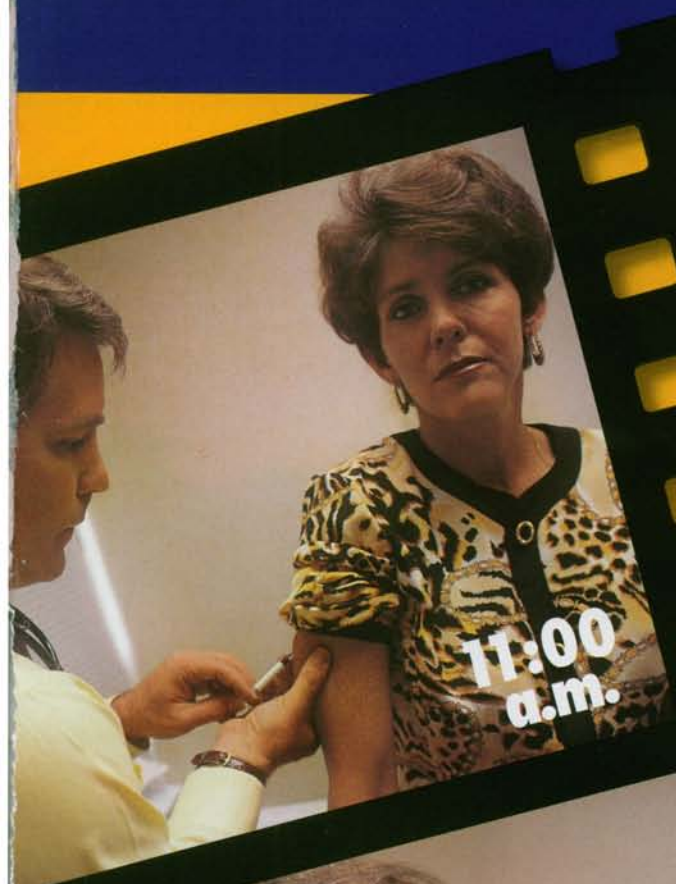
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‡ We know of no studies showing clinical benefits from fatty acid profiles closer to breast milk, but Mead Johnson believes such profiles are prudent and appropriate.

§ Based on milk protein isolate

A Clinical Demonstration of

MIGRAINE RELIEF YOU CAN SEE IN MINUTES



CERENEX PHARMACEUTICALS INTRODUCES

NEW

SUBCUTANEOUS

IMITREX™

SUMATRIPTAN
SUCCINATE



Actual clinical course of a patient following administration of one 6-mg subcutaneous injection of IMITREX for migraine (time-lapse footage).

MIGRAINE RELIEF THAT CAN CHANGE PATIENTS' LIVES

IMITREX is the first highly specific 5-HT₁ receptor agonist—offering a profile of relief unlike any other migraine therapy.

Relief that begins within 10 minutes.^{1,2}

Relief any time IMITREX is taken during the attack.^{1,3,4}

Relief of the total symptom complex: pain, nausea, vomiting, and light and sound sensitivity.¹⁻⁴

Relief of the disability caused by migraine.¹⁻⁴

Relief without sedation.

Relief in a simple, convenient dose: one 6-mg subcutaneous injection.*

Relief within reach for patients: The IMITREX™ SELFdose System—a push-button autoinjector with single-dose, prefilled syringes.

Relief of migraine attacks with or without aura. (IMITREX should not be administered to patients with basilar or hemiplegic migraine.)

*Maximum daily dose is two 6-mg subcutaneous injections (minimum 1-hour interval between doses). No clear benefit is associated with the administration of a second 6-mg dose in patients who have failed to respond to a first injection.

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"I've got things to do. I want to function again.... IMITREX gave me a very clean, healthy, normal feeling. I felt restored."

Betty H.
46-year-old migraine sufferer



RELIEF WITHOUT COMPROMISE

IMITREX is highly selective.

IMITREX is nonsedating.

There is no evidence of interactions between IMITREX and prophylactic migraine medications (verapamil, amitriptyline, and propranolol).

Cardiovascular considerations

IMITREX is contraindicated in patients with ischemic heart disease, symptoms or signs consistent with ischemic heart disease, or Prinzmetal's angina because of the potential to cause coronary vasospasm. IMITREX is contraindicated in patients with uncontrolled hypertension because it can give rise to increases in blood pressure (usually small).

Although serious coronary events are extremely rare, consideration should be given to administering the first dose of IMITREX in-office to patients in whom unrecognized coronary disease is comparatively likely.

Pregnancy category C

There are no adequate and well-controlled studies in pregnant women; IMITREX should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. (Please see Precautions.)

Worldwide clinical experience

IMITREX has been utilized by over 6,000 patients, treating more than 10,000 attacks in well-controlled clinical trials.⁵

Reported adverse events are generally mild and transient.

	IMITREX (6 mg) (n=547)	Placebo (n=370)
Atypical sensations	42.0%	9.2%
Tingling	13.5%	3.0%
Warm/hot sensation	10.8%	3.5%
Burning sensation	7.5%	0.3%
Feeling of heaviness	7.3%	1.1%
Pressure sensation	7.1%	1.6%
Feeling of tightness	5.1%	0.3%
Flushing	6.6%	2.4%
Injection-site reaction	58.7%	23.8%
Dizziness/Vertigo	11.9%	4.3%

Most adverse events were mild and resolved spontaneously within 10 to 30 minutes.³

Withdrawals due to adverse events are comparable to those seen with placebo ($\leq 3.5\%$ in controlled clinical trials).^{2,4}

INTRODUCES

**MIGRAINE RELIEF
THAT CAN CHANGE
PATIENTS' LIVES**



RELIEF WITHIN REACH FOR PATIENTS

**The IMITREX™ SELFdose System:
a push-button autoinjector with
single-dose, prefilled syringes.**

Allows patients to self-administer IMITREX
whenever and wherever migraine strikes.

High patient acceptance.⁴

— 92% of patients who self-administered
IMITREX would be willing to take it again.⁵

Efficacy equivalent to physician-
administered IMITREX.²⁻⁴

For use only by patients for whom
a 6-mg dose has been prescribed.



**IMITREX offers simple,
convenient dosing.**

The recommended dose is one 6-mg
subcutaneous injection.

If migraine symptoms return, a second
6-mg dose may be administered.

The maximum dose within 24 hours
is two 6-mg subcutaneous injections
(minimum 1-hour interval between doses).

No clear benefit is associated with the
administration of a second 6-mg dose in
patients who have failed to respond to a
first injection.

Although the recommended dose is 6 mg,
if side effects are dose limiting, then lower
doses may be used.

IMITREX should not be used within
24 hours of administration of
ergotamine-containing preparations.

References: 1. Complete Prescribing Information, IMITREX™ (sumatriptan succinate) Injection, January 1993. 2. Cady RK et al. Treatment of acute migraine with subcutaneous sumatriptan. *JAMA*. 1991;265:2831-2835. 3. The Subcutaneous Sumatriptan International Study Group. Treatment of migraine attacks with sumatriptan. *N Engl J Med*. 1991;325:316-321. 4. The Sumatriptan Auto-Injector Study Group. Self-treatment of acute migraine with subcutaneous sumatriptan using an auto-injector device. *Eur Neurol*. 1991;31:323-331. 5. Data on file, Glaxo Inc.

Please consult Brief Summary of Prescribing Information
on the last page of this advertisement.

BRIEF SUMMARY

Imitrex™ (sumatriptan succinate) Injection**For Subcutaneous Use Only.**

The following is a brief summary only. Before prescribing, see complete prescribing information in Imitrex™ Injection product labeling.

INDICATIONS AND USAGE: Imitrex™ Injection is indicated for the acute treatment of migraine attacks with or without aura.

Imitrex Injection is not for use in the management of hemiplegic or basilar migraine (see WARNINGS).

Safety and effectiveness have also not been established for cluster headache, which is present in an older, predominantly male population.

CONTRAINDICATIONS: Imitrex™ Injection should not be given intravenously because of its potential to cause coronary vasospasm.

For similar reasons, Imitrex Injection should not be given subcutaneously to patients with ischemic heart disease (angina pectoris, history of myocardial infarction, or documented silent ischemia) or to patients with Prinzmetal's angina. Also, patients with symptoms or signs consistent with ischemic heart disease should not receive Imitrex Injection. Because Imitrex Injection can give rise to increases in blood pressure (usually small), it should not be given to patients with uncontrolled hypertension.

Imitrex Injection should not be used concomitantly with ergotamine-containing preparations.

Imitrex Injection is contraindicated in patients with hypersensitivity to sumatriptan.

WARNINGS:

Imitrex™ Injection should not be administered to patients with basilar or hemiplegic migraine.

Cardiac Events/Coronary Constriction: Serious coronary events following Imitrex Injection can occur but are extremely rare; nonetheless, consideration should be given to administering the first dose of Imitrex Injection in the physician's office to patients in whom unrecognized coronary disease is comparatively likely (postmenopausal women; males over 40; patients with risk factors for CAD, such as hypertension, hypercholesterolemia, obesity, diabetes, smokers, and strong family history). If symptoms consistent with angina occur, electrocardiographic evaluation should be carried out to look for ischemic changes.

Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease who are known to be more susceptible than others to coronary artery vasospasm and rarely in patients without prior history suggestive of coronary artery disease. There were eight patients among the more than 1,900 who participated in controlled trials who sustained clinical events during or shortly after receiving subcutaneous sumatriptan that may have reflected coronary vasospasm. Six of these eight patients had ECG changes consistent with transient ischemia, but without symptoms or signs. Of the eight patients, four had some findings suggestive of coronary artery disease prior to treatment. None of these adverse events was associated with a serious clinical outcome.

There have been rare reports from countries in which Imitrex Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation, ventricular tachycardia and myocardial infarction, as well as marked ischemic ST elevations associated with Imitrex Injection. In addition, there have been rare, but more frequent, reports of chest and arm discomfort thought to represent angina pectoris.

Use in Women of Childbearing Potential: (see PRECAUTIONS)

PRECAUTIONS:

General: Chest, jaw, or neck tightness is relatively common after Imitrex™ Injection, but has only rarely been associated with ischemic ECG changes.

Imitrex Injection may cause mild, transient elevation of blood pressure and peripheral vascular resistance (see CLINICAL PHARMACOLOGY section of the product package insert).

Imitrex Injection should also be administered with caution to patients with diseases that may alter the absorption, metabolism, or excretion of drugs, such as impaired hepatic or renal function.

Although written instructions are supplied with the autoinjector, patients who are advised to self-administer Imitrex Injection in medically unsupervised situations should receive instruction on the proper use of the product from the physician or other suitably qualified health care professional prior to doing so for the first time.

Information for Patients: See PATIENT INFORMATION at the end of the product package insert for the separate leaflet provided for patients.

Laboratory Tests: No specific laboratory tests are recommended for monitoring patients prior to and/or after treatment with Imitrex Injection.

Drug Interactions: There is no evidence that concomitant use of migraine prophylactic medications has any effect on the efficacy or unwanted effects of sumatriptan. In two phase III trials in the USA, a retrospective analysis of 282 patients who had been using prophylactic drugs (verapamil n=63, amitriptyline n=57, propranolol n=94, for 45 other drugs n=123) were compared to those who had not used prophylaxis (n=452). There were no differences in relief rates at 60 minutes postdose for Imitrex Injection, whether or not prophylactic medications were used. There were also no differences in overall adverse event rates between the two groups.

Ergot-containing drugs have been reported to cause prolonged vasospastic reactions. Because there is a theoretical basis that these effects may be additive, use of ergotamine and sumatriptan within 24 hours of each other should be avoided (see CONTRAINDICATIONS).

Drug/Laboratory Test Interactions: Imitrex Injection is not known to interfere with commonly employed clinical laboratory tests.

Carcinogenesis, Mutagenesis, Impairment of Fertility: In a 104-week lifetime study in rats given sumatriptan by oral gavage, serum concentrations achieved were dose related, ranging at the low dose from approximately twice the peak concentration of the drug after the recommended human subcutaneous dose of 6 mg to more than 100 times this concentration at the high dose. There was no evidence of an increase in tumors considered to be related to sumatriptan administration.

In a 78-week study in which mice received sumatriptan continuously in drinking water, there was no evidence for an increase in tumors

considered to be related to sumatriptan administration. That study, however, did not use the maximum tolerated dose and therefore did not fully explore the carcinogenic potential of Imitrex™ (sumatriptan succinate) Injection in the mouse.

A segment I rat fertility study by the subcutaneous route has shown no evidence of impaired fertility.

Pregnancy: Pregnancy Category C: Sumatriptan has been shown to be embryolethal in rabbits when given in daily doses producing plasma levels 3-fold higher than those attained following a 6-mg subcutaneous injection (i.e., recommended dose) to humans. There is no evidence that establishes that sumatriptan is a human teratogen; however, there are no adequate and well-controlled studies in pregnant women. Imitrex Injection should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

In assessing this information, the following additional findings should be considered.

Embryolethality: When given intravenously to pregnant rabbits daily throughout the period of organogenesis, sumatriptan caused embryolethality at doses at or close to those producing maternal toxicity. The mechanism of the embryolethality is not known. At these doses, peak concentrations of drug in plasma were more than 3-fold higher than the range observed in humans after the recommended subcutaneous dose of 6 mg.

The intravenous administration of sumatriptan to pregnant rats throughout organogenesis at doses producing plasma concentrations more than 50 times those seen after the recommended subcutaneous human dose did not cause embryolethality. In a study of pregnant rats given subcutaneous sumatriptan daily prior to and throughout pregnancy, there was no evidence of increased embryo/fetal lethality.

Teratogenicity: Term fetuses from Dutch Stride rabbits treated during organogenesis with oral sumatriptan exhibited an increased incidence of cervicothoracic vascular defects and minor skeletal abnormalities. The functional significance of these abnormalities is not known.

In a study in rats dosed daily with subcutaneous sumatriptan prior to and throughout pregnancy, there was no evidence of teratogenicity.

Studies in rats and rabbits evaluating the teratogenic potential of sumatriptan administered subcutaneously only during organogenesis (standard Segment II studies) have not been performed.

Nursing Mothers: Sumatriptan is excreted in breast milk in animals. No data exist in humans. Therefore, caution should be exercised when considering the administration of Imitrex Injection to a nursing woman.

Pediatric Use: Safety and effectiveness of Imitrex Injection in children have not been established.

Use in the Elderly: The safety and effectiveness of Imitrex Injection in individuals over age 65 have not been systematically evaluated. However, the pharmacokinetic disposition of Imitrex Injection in the elderly is similar to that seen in younger adults. No unusual adverse, age-related phenomena have been identified in patients over the age of 60 who participated in clinical trials with Imitrex Injection.

ADVERSE REACTIONS: (see also PRECAUTIONS) Sumatriptan may cause coronary vasospasm in patients with a history of coronary artery disease, known to be susceptible to coronary artery vasospasm, and, very rarely, without prior history suggestive of coronary artery disease.

There have been rare reports from countries in which Imitrex™ Injection has been marketed of serious and/or life-threatening arrhythmias, including atrial fibrillation, ventricular fibrillation, ventricular tachycardia, myocardial infarction, and marked ischemic ST elevations associated with Imitrex Injection (see WARNINGS). More often, there has been chest discomfort that appeared to represent angina pectoris.

Other untoward clinical events associated with the use of subcutaneous Imitrex Injection are: pain or redness at the injection site, atypical sensations (such as sensations of warmth, cold, tingling or paresthesia, pressure, burning, numbness, tightness, all of which may be localized or generalized), flushing, chest symptoms (pressure, pain, or tightness), fatigue, dizziness, and drowsiness. All these untoward effects are usually transient, although they may be severe in some patients. Transient rises in blood pressure soon after treatment have been recorded.

Among patients in clinical trials of subcutaneous Imitrex Injection (n=6,218), up to 3.5% of patients withdrew for reasons related to adverse events.

Incidence in Controlled Clinical Trials: The following table lists adverse events that occurred in two large US, Phase III, placebo-controlled clinical trials following either a single dose of Imitrex Injection or placebo. Only events that occurred at a frequency of 1% or more in Imitrex Injection treatment groups and were at least as frequent as in the placebo group are included in table.

Treatment-Emergent Adverse Experience Incidence in Two Large Placebo-Controlled Clinical Trials: Events Reported by at Least 1% of Imitrex Injection Patients

Adverse Event Type	Percent of Patients Reporting	
	Imitrex Injection 6 mg SC n=547	Placebo n=370
Atypical sensations	42.0	9.2
Tingling	13.5	3.0
Warm/hot sensation	10.8	3.5
Burning sensation	7.5	0.3
Feeling of heaviness	7.3	1.1
Pressure sensation	7.1	1.6
Feeling of tightness	5.1	0.3
Numbness	4.6	2.2
Feeling strange	2.2	0.3
Tight feeling in head	2.2	0.3
Cold sensation	1.1	0.5
Cardiovascular		
Flushing	6.6	2.4
Chest discomfort	4.5	1.4
Tightness in chest	2.7	0.5
Pressure in chest	1.8	0.3

Adverse Event Type	Percent of Patients Reporting	
	Imitrex Injection 6 mg SC n=547	Placebo n=370
Ear, nose, and throat		
Throat discomfort	3.3	0.5
Discomfort: nasal cavity/sinuses	2.2	0.3
Eye		
Vision alterations	1.1	0.0
Gastrointestinal		
Abdominal discomfort	1.3	0.8
Dysphagia	1.1	0.0
Injection site reaction	58.7	23.8
Miscellaneous		
Jaw discomfort	1.8	0.0
Mouth and teeth		
Discomfort of mouth/tongue	4.9	4.6
Musculoskeletal		
Weakness	4.9	0.3
Neck pain/stiffness	4.8	0.5
Myalgia	1.8	0.5
Muscle cramp(s)	1.1	0.0
Neurological		
Dizziness/vertigo	11.9	4.3
Drowsiness/sedation	2.7	2.2
Headache	2.2	0.3
Anxiety	1.1	0.5
Malaise/fatigue	1.1	0.8
Skin		
Sweating	1.6	1.1

The sum of the percentages cited are greater than 100% because patients may experience more than one type of adverse event. Only events that occurred at a frequency of 1% or more in Imitrex™ (sumatriptan succinate) Injection treatment groups and were at least as frequent as in the placebo groups are included.

Other Events Observed in Association With the Administration of Imitrex Injection: In the paragraphs that follow, the frequency of less commonly reported adverse clinical events are presented. Because the reports cite events observed in open and uncontrolled studies, the role of Imitrex Injection in their causation cannot be reliably determined. Furthermore, variability associated with reporting requirements, the terminology used to describe adverse events, etc., limit the value of the quantitative frequency estimates provided.

Event frequencies are calculated as the number of patients reporting an event divided by the total number of patients (n=6,218) exposed to subcutaneous Imitrex Injection. Given their imprecision, frequencies for specific adverse event occurrences are defined as follows: "infrequent" indicates a frequency estimated as falling between 1/1,000 and 1/100; "rare," a frequency less than 1/1,000.

Cardiovascular: Infrequent were hypertension, hypotension, bradycardia, tachycardia, palpitations, pulsating sensations, various transient electrocardiographic changes (nonspecific ST or T wave changes, prolongation of PR or QTc intervals, sinus arrhythmia, nonsustained ventricular premature beats, isolated junctional ectopic beats, atrial ectopic beats, delayed activation of the right ventricle), and syncope. Rare were pallor, arrhythmia, abnormal pulse, vasodilatation, and Raynaud's syndrome.

Endocrine and Metabolic: Infrequent was thirst. Rare were polydipsia and dehydration.

Eye: Infrequent was irritation of the eye.

Gastrointestinal: Infrequent were gastroesophageal reflux, diarrhea, and disturbances of liver function tests. Rare were peptic ulcer, retching, flatulence/eructation, and gallstones.

Musculoskeletal: Infrequent were various joint disturbances (pain, stiffness, swelling, ache). Rare were muscle stiffness, need to flex calf muscles, backache, muscle tiredness, and swelling of the extremities.

Neurological: Infrequent were mental confusion, euphoria, agitation, relaxation, chills, sensation of lightness, tremor, shivering, disturbances of taste, prickling sensations, paresthesia, stinging sensations, headaches, facial pain, photophobia, and lachrymation. Rare were transient hemiplegia, hysteria, globus hystericus, intoxication, depression, myoclonia, monoplegia/diplegia, sleep disturbance, difficulties in concentration, disturbances of smell, hyperesthesia, dysesthesia, simultaneous hot and cold sensations, tickling sensations, dysarthria, yawning, reduced appetite, hunger, and dystonia.

Respiratory: Infrequent was dyspnea. Rare were influenza, diseases of the lower respiratory tract, and hiccoughs.

Dermatological: Infrequent were erythema, pruritus, and skin rashes and eruptions. Rare was skin tenderness.

Urogenital: Rare were dysuria, frequency, dysmenorrhea, and renal calculus.

Miscellaneous: Infrequent were miscellaneous laboratory abnormalities, including minor disturbances in liver function tests, "serotonin agonist effect," and hypersensitivity to various agents. Rare was fever.

Postmarketing Experience: Frequency and causality for sumatriptan are not established for many of the following reports which come from worldwide postmarketing experience: Episodes of Prinzmetal's angina, myocardial infarction, acute renal failure, seizure, CVA, dysphasia, subarachnoid hemorrhage, and arrhythmias (atrial fibrillation, ventricular fibrillation, and ventricular tachycardia).

DRUG ABUSE AND DEPENDENCE: The abuse potential of Imitrex™ Injection cannot be fully delineated in advance of extensive marketing experience. One clinical study enrolling 12 patients with a history of substance abuse failed to induce subjective behavior and/or physiologic response ordinarily associated with drugs that have an established potential for abuse.

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200-63 February 1993

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Interventions: The DT-aP vaccines contained 23.4 µg each of pertussis toxin and filamentous hemagglutinin per 0.5 mL and the same concentrations of diphtheria and tetanus toxoids as WC-DTP. Serum samples were obtained on the day of immunization and 4 to 6 weeks later. Adverse reactions at 6, 24, 48, and 72 hours were recorded by parents who were contacted by telephone at 24 and 72 hours and 14 days after immunization.

Measurements/Main Results: An indirect enzyme-linked immunosorbent assay method was used to determine IgG antibody response to pertussis toxin and filamentous hemagglutinin and IgG, IgA, and IgM to tetanus toxoids; a Chinese hamster ovary cell assay was used to measure functional antibodies to pertussis toxin; serum neutralization on VERO cells assayed diphtheria antitoxin. Recipients of the DT-aP vaccine had fewer local reactions in the first 6 to 48 hours and fewer systemic reactions at 24 hours than did recipients of the WC-DTP vaccine. Acetaminophen was administered to 31% of DT-aP recipients compared with 63% of WC-DTP recipients. Infants given DT-aP had higher geometric mean antibody titer levels against pertussis antigens after vaccination.

Conclusions: The BIKEN DT-aP vaccine used in this study is less reactogenic and more immunogenic for selected pertussis antigens than the WC-DTP vaccine in children aged 15 to 20 months.

(1993;147:290-294) John F. Marcinak et al, MD, Department of Pediatrics (M/C 856), The University of Illinois at Chicago, 840 S Wood St, Chicago, IL 60612.

ARCHIVES OF SURGERY

Can Patients With Minor Head Injuries Be Safely Discharged Home?

To identify all patients with serious intracranial injury, current treatment strategies include admission and/or computed tomographic evaluation of all patients with head injuries. However, the majority of patients with head injuries who are awake do not require subsequent intervention. A review of 407 consecutive patients with head injuries treated at an adult regional trauma center identified 310 patients with Glasgow Coma Scores of 15 in the emergency department, all of whom were admitted. Five patients with Glasgow Coma Scores of 15 required intervention for intracranial abnormality. All five patients had skull fractures and/or neurologic deficits. Based on this and other studies, criteria for discharge from the emergency department are a Glasgow Coma Score of 15, no deficit except amnesia, no signs of intoxication, and no evidence of basilar fracture on clinical examination or linear fracture on screening skull roentgenography. Safe discharge without universal computed tomographic evaluation or admission is possible and cost-efficient.

IN CONCERT

A safety profile that works in concert with other antihypertensive agents

In limited controlled trials, no notable change in the nature or frequency of adverse reactions was shown when LOZOL was combined with other antihypertensives. LOZOL is well tolerated and does not adversely affect lipids.¹⁻⁴ And unlike Dyazide* or Maxzide,[†] there may be no increased risk of hyperkalemia when LOZOL is used in combination with ACE inhibitors.

ONCE A DAY
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INDAPAMIDE 2.5mg
TABLETS
PERFORMS WITH CONFIDENCE

* Dyazide (triamterene-hydrochlorothiazide), a potassium-sparing diuretic, is a registered trademark of SmithKline Beecham Pharmaceuticals.

† Maxzide (triamterene-hydrochlorothiazide), a potassium-sparing diuretic, is a registered trademark of Lederle Laboratories.

Please see brief summary of prescribing information below.

LOZOL[®] (indapamide) 2.5 mg tablets BRIEF SUMMARY

INDICATIONS AND USAGE: LOZOL (indapamide) is indicated for the treatment of hypertension, alone or in combination with other antihypertensive drugs, and for the treatment of salt and fluid retention associated with congestive heart failure.

Usage in Pregnancy: See PRECAUTIONS.

CONTRAINDICATIONS: Anuria, hypersensitivity to indapamide or other sulfonamide-derived drugs.

WARNINGS: Infrequent cases of severe hyponatremia, accompanied by hypokalemia, have been reported with the use of recommended doses of indapamide primarily in elderly females. Symptoms were reversed by electrolyte replenishment (see PRECAUTIONS). Hypokalemia occurs commonly with diuretics (see ADVERSE REACTIONS, hypokalemia), and electrolyte monitoring is essential. In general, diuretics should not be given with lithium.

PRECAUTIONS: Perform serum electrolyte determinations at appropriate intervals, especially in patients who are vomiting excessively or receiving parenteral fluids, in patients subject to electrolyte imbalance, or in patients on a salt-restricted diet. In addition, patients should be observed for clinical signs of fluid or electrolyte imbalance, such as hyponatremia, hypochloremic alkalosis, or hypokalemia. The risk of hypokalemia secondary to diuresis and natriuresis is increased with larger doses, with brisk diuresis, with severe cirrhosis, and with concomitant use of corticosteroids or ACTH. Interference with adequate oral intake of electrolytes will also contribute to hypokalemia. Hypokalemia can sensitize or exaggerate the response of the heart to the toxic effects of digitalis, such as increased ventricular irritability. Dilutional hyponatremia may occur in edematous patients; appropriate treatment is usually water restriction. In actual salt depletion, appropriate replacement is the treatment of choice. Chloride deficit is usually mild, not requiring specific treatment except in extraordinary circumstances (liver, renal disease). Hyperuricemia may occur, and frank gout may be precipitated in certain patients receiving indapamide. Serum concentrations of uric acid should be monitored periodically.

Use with caution in patients with severe renal disease; consider withholding or discontinuing if progressive renal impairment is observed. Renal function tests should be performed periodically.

Use with caution in patients with impaired hepatic function or progressive liver disease, since minor alterations of fluid and electrolyte balance may precipitate hepatic coma. Latent diabetes may become manifest and insulin requirements in diabetic patients may be altered during thiazide administration. Serum concentrations of glucose should be monitored routinely during treatment with indapamide.

Calcium excretion is decreased by diuretics pharmacologically related to indapamide. Serum concentrations of calcium increased only slightly with indapamide in long-term studies of hypertensive patients. Indapamide may decrease serum PBI levels without signs of thyroid disturbance. Complications of hyperparathyroidism have not been seen. Discontinue before tests of parathyroid function are performed.

Thiazides have exacerbated or activated systemic lupus erythematosus. Consider this possibility with indapamide.

DRUG INTERACTIONS: LOZOL may add to or potentiate the action of other antihypertensive drugs. The antihypertensive effect of the drug may be enhanced in the postsympathectomized patient. Indapamide may decrease arterial responsiveness to norepinephrine, but this does not preclude the use of norepinephrine. In mouse and rat lifetime carcinogenicity studies, there were no significant differences in the incidence of tumors between the indapamide-treated animals and the control groups.

Pregnancy Category B Diuretics cross the placental barrier and appear in cord blood. Indapamide should be used during pregnancy only if clearly needed. Use may be associated with fetal or neonatal jaundice, thrombocytopenia, and possibly other adverse effects that have occurred in adults. It is not known whether this drug is excreted in human milk. If use of this drug is deemed essential, the patient should stop nursing.

ADVERSE REACTIONS: Most adverse effects have been mild and transient. From Phase II placebo-controlled studies and long-term controlled clinical trials, adverse reactions with $\geq 5\%$ cumulative incidence: headache, dizziness, fatigue, weakness, loss of energy, lethargy, tiredness or malaise, muscle cramps or spasm or numbness of the extremities, nervousness, tension, anxiety, irritability or agitation; $< 5\%$ cumulative incidence: lightheadedness, drowsiness, vertigo, insomnia, depression, blurred vision, constipation, nausea, vomiting, diarrhea, gastric irritation, abdominal pain or cramps, anorexia, orthostatic hypotension, premature ventricular contractions, irregular heart beat, palpitations, frequency of urination, nocturia, polyuria, rash, hives, pruritus, vasculitis, impotence or reduced libido, rhinorrhea, flushing, hyperuricemia, hyperglycemia, hyponatremia, hypochloremia, increase in serum BUN or creatinine, glycosuria, weight loss, dry mouth, tingling of extremities. Hypokalemia with concomitant clinical signs or symptoms occurred in 3% of patients receiving indapamide 2.5 mg q.d. and 7% of patients receiving indapamide 5 mg q.d. In long-term controlled clinical trials comparing the hypokalemic effects of daily doses of indapamide and hydrochlorothiazide, however, 47% of patients receiving indapamide 2.5 mg, 72% of patients receiving indapamide 5 mg, and 44% of patients receiving hydrochlorothiazide 50 mg had at least one potassium value (out of a total of 11 taken during the study) below 3.5 mEq/L. On the indapamide 2.5 mg group, over

50% of those patients returned to normal serum potassium values without intervention. Other adverse reactions reported with antihypertensive diuretics are intrahepatic cholestatic jaundice, sialadenitis, xanthopsia, photosensitivity, purpura, bullous eruptions, Stevens-Johnson syndrome, necrotizing angitis, fever, respiratory distress (including pneumonitis), anaphylactic reactions, agranulocytosis, leukopenia, thrombocytopenia, aplastic anemia.

CAUTION: Federal (U.S.A.) law prohibits dispensing without prescription.

Keep tightly closed. Store at room temperature. Avoid excessive heat.

Dispense in tight containers as defined in USP.

See product circular for full prescribing information. Revised: March 1992

References: 1. Belling S, Vukovich RA, Neiss ES, et al: Long-term experience with indapamide. *Am Heart J* 1983;106(1, Part 2):258-262. 2. Meyer-Sabellek W, Gotzen R, Heltz J, et al: Serum lipoprotein levels during long-term treatment of hypertension with indapamide. *Hypertension* 1985;7(Suppl II):170-174. 3. Horgan JH, O'Donovan A, Teo KK: Echocardiographic evaluation of left ventricular function in patients showing an antihypertensive and biochemical response to indapamide. *Postgrad Med J* 1981;57(Suppl 2):64-67. 4. Scalabrino A, Galeone F, Giuntoli F, et al: Clinical investigation on long-term effects of indapamide in patients with essential hypertension. *Curr Ther Res* 1984;35(1):17-22.

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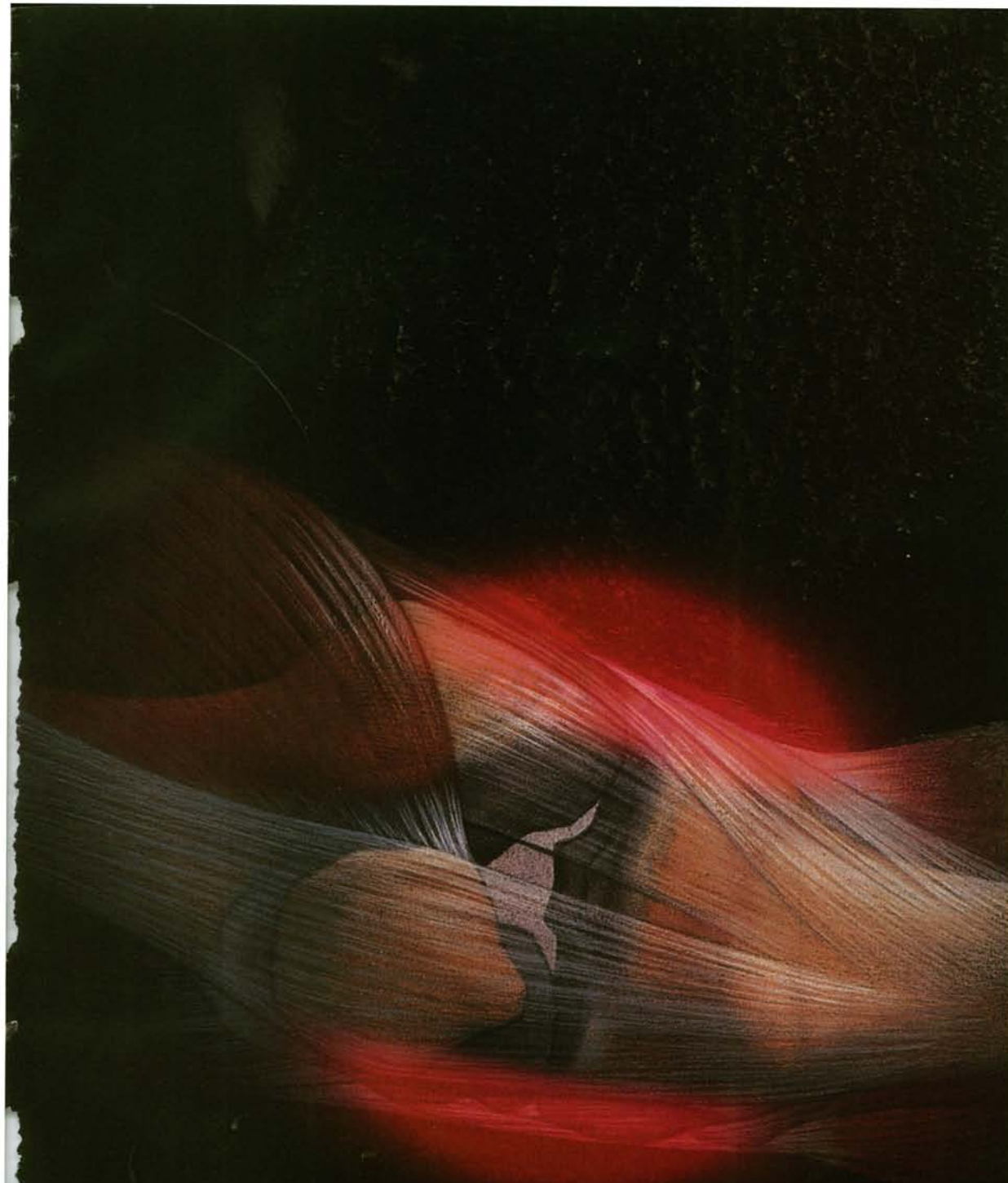
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For pain/inflammation

Rx ^{550 MG TABLETS} **Anaprox[®] DS** ^{275 MG TABLETS} **Anaprox[®]**
(NAPROXEN SODIUM)



As with other NSAIDs, the most frequent complaints are gastrointestinal. See Warnings, Precautions, and Adverse Reactions sections of prescribing information. Please see adjacent page for brief summary of prescribing information.
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Brief Summary:

Contraindications: Patients who have had allergic reactions to NAPROSYN® ANAPROX® or ANAPROX® DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients with a history of such reactions, question patients for asthma, nasal polyps, urticaria, and hypotension associated with NSAIDs before starting therapy. If such symptoms occur, discontinue the drug.

Warnings: Serious GI toxicity such as bleeding, ulceration, and perforation, can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding even in the absence of previous GI tract symptoms. In clinical trials, symptomatic upper GI ulcers, gross bleeding or perforation occur in about 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. Inform patients of signs and/or symptoms of serious GI toxicity and what steps to take if they occur. Studies have not identified any subset of patients not at risk of developing peptic ulceration and bleeding. Except for a prior history of serious GI events and other risk factors associated with peptic ulcer disease, such as alcoholism, smoking, etc., no risk factors (e.g., age, sex) have been associated with increased risk. Elderly or debilitated patients seem to tolerate ulceration or bleeding less well and most spontaneous reports of fatal GI events are in this population. In considering the use of relatively large doses (within the recommended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity.

Precautions: DO NOT GIVE NAPROSYN® (NAPROXEN) CONCOMITANTLY WITH ANAPROX® OR ANAPROX® DS (NAPROXEN SODIUM) SINCE THEY CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hematuria, proteinuria, and nephrotic syndrome has been reported. Patients with impaired renal function, heart failure, liver dysfunction, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug. Use with caution and monitor serum creatinine and/or creatinine clearance in patients with significantly impaired renal function. Use caution in patients with baseline creatinine clearance less than 20 mL/minute. Use the lowest effective dose in the elderly or in patients with chronic alcoholic liver disease or cirrhosis. Borderline elevations of liver tests may occur in up to 15% of patients. Elevations of SGPT or SGOT occurred in controlled trials in less than 1% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. If liver disease develops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue therapy. If steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms. Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Peripheral edema has been reported. For patients with restricted sodium intake, note that each tablet contains approximately 25 or 50 mg (1 or 2 mEq) sodium. Use with caution in patients with fluid retention, hypertension or heart failure. The drug may reduce fever and inflammation, diminishing their diagnostic value. Conduct ophthalmic studies if any change or disturbance in vision occurs. **Information for Patients:** Side effects can cause discomfort and, rarely, more serious side effects, such as GI bleeding, may result in hospitalization and even fatal outcomes. Physicians may wish to discuss with patients potential risks and benefits of NSAIDs, particularly when they are used for less serious conditions where treatment without NSAIDs may be acceptable. Patients should use caution for activities requiring alertness if they experience drowsiness, dizziness, vertigo or depression during therapy.

Laboratory Tests: Because serious GI tract ulceration and bleeding can occur without warning symptoms, follow chronically treated patients and inform them of the importance of the follow-up. **Drug Interactions:** Use caution when giving concomitantly with coumarin-type anticoagulants; a hydantoin, sulfonamide or sulfonylurea, furosemide, lithium; beta blockers, probenecid, or methotrexate. **Drug/Laboratory Test Interactions:** May decrease platelet aggregation and prolong bleeding time or increase urinary values for 17-ketogenic steroids. Temporarily stop therapy for 72 hours before adrenal function tests. May interfere with urinary assays of 5HIAA. **Carcinogenesis:** A 2-year rat study showed no evidence of carcinogenicity. **Pregnancy:** Category B. Do not use during pregnancy unless clearly needed. Avoid use during late pregnancy. **Nursing Mothers:** Avoid use. **Pediatric Use:** Single doses of 2.5-5 mg/kg (as naproxen suspension), with total daily dose not exceeding 15 mg/kg/day, are safe in children over 2 years of age.

Adverse Reactions: In a study, GI reactions were more frequent and severe in rheumatoid arthritis patients on 1650 mg/day naproxen sodium than in those on 825 mg/day. In children with juvenile arthritis, rash and prolonged bleeding times were more frequent, GI and CNS reactions about the same, and other reactions less frequent than in adults. Incidence Greater Than 1%: Probable Causal Relationship: GI: The most frequent complaints related to the GI tract: constipation, heartburn, abdominal pain, nausea, dyspepsia, diarrhea, stomatitis. CNS: headache, dizziness, drowsiness, light-headedness, vertigo. Dermatologic: itching (pruritus), skin eruptions, ecchymoses, sweating, purpura. Special Senses: tinnitus, hearing disturbances, visual disturbances. Cardiovascular: edema, dyspnea, palpitations. General: thirst. *Incidence of reported reaction 3%-9%. Where unmarked, incidence less than 3%. Incidence Less Than 1%: Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, jaundice, melena, peptic ulceration with bleeding and/or perforation, vomiting. Renal: glomerular nephritis, hematuria, hyperkalemia, interstitial nephritis, nephrotic syndrome, renal disease, renal failure, renal papillary necrosis. Hematologic: agranulocytosis, eosinophilia, granulocytopenia, leukopenia, thrombocytopenia. CNS: depression, dream abnormalities, inability to concentrate, insomnia, malaise, myalgia and muscle weakness. Dermatologic: alopecia, photosensitive dermatitis, skin rashes. Special Senses: hearing impairment. Cardiovascular: congestive heart failure. Respiratory: eosinophilic pneumonitis. General: anaphylactoid reactions, menstrual disorders, pyrexia (chills and fever). Causal Relationship Unknown: Hematologic: aplastic anemia, hemolytic anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermatologic: epidermal necrolysis, erythema multiforme, photosensitivity reactions resembling porphyria cutanea tarda and epidermolysis bullosa, Stevens-Johnson syndrome, urticaria, GI: non-peptic GI ulceration, ulcerative stomatitis. Cardiovascular: vasculitis. General: angioneurotic edema, hyperglycemia, hypoglycemia.

Overdosage: May have drowsiness, heartburn, indigestion, nausea, vomiting. A few patients have had seizures. Empty stomach and use usual supportive measures. In animals 0.5 g/kg of activated charcoal reduced plasma levels of naproxen. **Dosage and Administration for Mild to Moderate Pain, Dysmenorrhea and Acute Tendinitis and Bursitis:** Recommended starting dose is 550 mg, followed by 275 mg every 6 to 8 hours. Total daily dose should not exceed 1375 mg. **Dosage and Administration for Rheumatoid Arthritis, Osteoarthritis and Ankylosing Spondylitis:** Recommended dose in adults is 275 mg or 550 mg twice daily. In patients who tolerate lower doses well, the dose may be increased to 1650 mg per day for limited periods when a higher level of anti-inflammatory/analgesic activity is required. At this dosage, physicians should observe sufficient increased clinical benefits to offset potential increased risk.

Caution: Federal law prohibits dispensing without prescription. See package insert for full Prescribing Information.

#35

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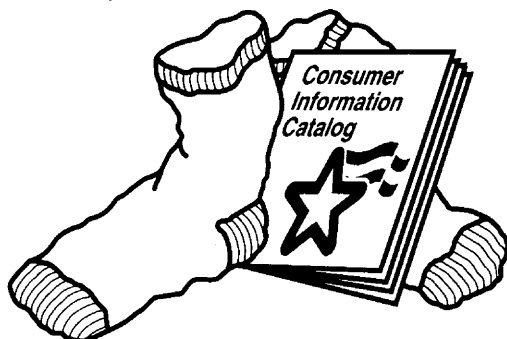
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Ismo® (isosorbide mononitrate) 20 mg tablets

BRIEF SUMMARY (FOR FULL PRESCRIBING INFORMATION AND PATIENT INFORMATION, SEE PACKAGE CIRCULAR.)

Indications and Usage Ismo is indicated for prevention of angina pectoris due to coronary artery disease. The onset of action is not rapid enough for it to be useful in aborting an acute anginal episode.

Clinical Pharmacology Isosorbide mononitrate is the major active metabolite of isosorbide dinitrate; most of the clinical activity of the dinitrate comes from the mononitrate. Ismo is not subject to first-pass metabolism in the liver and the absolute bioavailability of isosorbide mononitrate from Ismo tablets is nearly 100%. The rate of clearance of Ismo is the same in healthy young adults, in patients with various degrees of renal, hepatic, or cardiac dysfunction, and in the elderly.

Several well-controlled studies have demonstrated that active nitrates were indistinguishable from placebo after 24 hours (or less) of continuous therapy due to the development of tolerance. Only after nitrates are absent from the body for several hours is their antianginal efficacy restored.

The drug-free interval sufficient to avoid tolerance to isosorbide mononitrate is not completely defined. The only regimen shown to avoid development of tolerance with isosorbide mononitrate involves two daily doses of Ismo tablets given 7 hours apart, so there is a gap of 17 hours between the second dose of each day and the first dose of the next day. Taking account of the relatively long half-life of isosorbide mononitrate this result is consistent with those obtained for other organic nitrates.

The same twice-daily regimen of Ismo tablets successfully avoided significant rebound/withdrawal effects. In studies of other nitrates, the incidence and magnitude of such phenomena appear to be highly dependent upon the schedule of nitrate administration.

Contraindications Allergic reactions are extremely rare, but do occur. Ismo is contraindicated in patients allergic to it.

Warnings Because the effects of Ismo are difficult to terminate rapidly and have not been established in patients with acute myocardial infarction (MI) or congestive heart failure (CHF), this drug is not recommended in these patients. If Ismo is used in these patients, careful clinical or hemodynamic monitoring is required to avoid the hazards of hypotension and tachycardia.

Precautions GENERAL Severe hypotension, particularly with upright posture, may occur with even small doses. Therefore, use with caution in patients who may be volume depleted or who are already hypotensive. Paradoxical bradycardia and increased angina pectoris may accompany Ismo-induced hypotension.

Nitrates may aggravate angina caused by hypertrophic cardiomyopathy.

INFORMATION FOR PATIENTS Tell patients they must carefully follow the prescribed dosing schedule (2 doses taken 7 hours apart) to maintain the antianginal effect (eg, take first dose on awakening and second dose 7 hours later).

Daily headaches sometimes accompany treatment with nitrates, including Ismo, and are a marker of drug activity. Patients with headaches should not alter their treatment schedule since loss of headache may be associated with simultaneous loss of antianginal efficacy. Headaches may be treated with aspirin and/or acetaminophen without affecting the antianginal activity of Ismo.

Light-headedness on standing, especially just after rising from a recumbent or seated position, may occur. This may be more frequent in patients who have consumed alcohol.

DRUG INTERACTIONS Vasodilating effects of Ismo may be additive with those of other vasodilators, especially alcohol.

Marked symptomatic orthostatic hypotension has been reported when calcium channel blockers and organic nitrates were used in combination. Dose adjustments of either class of agents may be necessary.

CARCINOGENESIS, MUTAGENESIS, AND IMPAIRMENT OF FERTILITY No carcinogenic effects were observed in mice or rats exposed to oral Ismo, nor were adverse effects on rat fertility observed.

No mutagenic activity was seen in *in vitro* or *in vivo* assays.

PREGNANCY CATEGORY C Ismo has been shown to have embryocidal effects in rats and rabbits at doses at least 70 times the maximum human dose. There are no adequate and well-controlled studies in pregnant women. Use during pregnancy only if potential benefit justifies potential fetal risk.

NURSING MOTHERS Excretion in human milk is unknown. Use caution if administered to a nursing woman.

PEDIATRIC USE Safety and effectiveness have not been established.

Adverse Reactions Frequency of Adverse Reactions (Discontinuations)* Occurring in >1% of Subjects

Dose	6 Controlled U.S. Studies		92 Clinical Studies	
	Placebo	20 mg	(varied)	
Patients	204	219	3344	
Headache	9% (0%)	38% (9%)	19% (4.3%)	
Dizziness	1% (0%)	5% (1%)	3% (0.2%)	
Nausea, Vomiting	<1% (0%)	4% (3%)	2% (0.2%)	

*Some individuals discontinued for multiple reasons

Fewer than 1% of patients reported each of the following (in many cases a causal relationship is uncertain): Cardiovascular: angina pectoris, arrhythmias, atrial fibrillation, hypotension, palpitations, postural hypotension, premature ventricular contractions, supraventricular tachycardia, syncope. Dermatologic: pruritus, rash. Gastrointestinal: abdominal pain, diarrhea, dyspepsia, tenesmus, tooth disorder, vomiting. Genitourinary: dysuria, impotence, urinary frequency. Miscellaneous: asthenia, blurred vision, cold sweat, diplopia, edema, malaise, neck stiffness, rigors. Musculoskeletal: arthralgia. Neurologic: agitation, anxiety, confusion, dyscoordination, hypoesthesia, hypokinesia, increased appetite, insomnia, nervousness, nightmares. Respiratory: bronchitis, pneumonia, upper respiratory tract infection.

Rarely, ordinary doses of organic nitrates have caused methemoglobinemia in normal-seeming patients (See **Overdosage**).

Overdosage The ill effects of overdosage are generally related to the ability of Ismo to induce vasodilation, venous pooling, reduced cardiac output and hypotension. Symptoms may include increased intracranial pressure, with any or all of persistent throbbing headache, confusion, and moderate fever; vertigo; palpitations; visual disturbances; nausea and vomiting (possibly with colic and even bloody diarrhea); syncope (especially with upright posture); air hunger and dyspnea, later followed by reduced ventilatory effort; diaphoresis, with the skin either flushed or cold and clammy; heart block and bradycardia; paralysis; coma; seizures and death.

Serum levels have no role in managing overdose. The likely lethal dose in humans is unknown.

There is neither a specific antidote to Ismo overdose, nor data to suggest a means for accelerating its elimination from the body; dialysis is ineffective. Hypotension associated with Ismo overdose results from venodilation and arterial hypovolemia; therefore, direct therapy toward an increase in central fluid volume. Use of arterial vasoconstrictors (eg, epinephrine) is likely to do more harm than good. In patients with renal disease or CHF, treatment of Ismo overdose may be difficult and require invasive monitoring.

Methemoglobinemia has occurred in patients receiving other organic nitrates, and probably could occur as a side effect of Ismo. There are case reports of significant methemoglobinemia in association with moderate overdoses of organic nitrates. None of the affected patients had been thought to be unusually susceptible. Suspect the diagnosis in patients who exhibit signs of impaired oxygen delivery despite adequate cardiac output and adequate arterial pO₂. Classically, methemoglobinemic blood is chocolate brown, without color change on exposure to air. The treatment of choice for methemoglobinemia is methylene blue, 1-2 mg/kg intravenously.

DOSAGE AND ADMINISTRATION The recommended regimen of Ismo tablets is 20 mg (one tablet) twice daily, with the two doses given 7 hours apart. For most patients, this can be accomplished by taking the first dose on awakening and the second dose 7 hours later. This dosing regimen provides a daily nitrate-free interval to avoid the development of refractory tolerance (see **Clinical Pharmacology**).

Well-controlled studies have shown that tolerance to Ismo tablets is avoided when using the twice daily regimen in which the two doses are given 7 hours apart. This regimen has been shown to have antianginal efficacy beginning 1 hour after the first dose and lasting at least 5 hours after the second dose. The duration (if any) of antianginal activity beyond 12 hours has not been studied; large controlled studies with other nitrates suggest that no dosing regimen should be expected to provide more than 12 hours of continuous antianginal efficacy per day.

Dosage adjustments are not necessary in the elderly patients or in patients with altered renal or hepatic function.

This Brief Summary is based upon the current Ismo direction circular, CI 4127-1, issued January 10, 1992.

A-H-ROBINS

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LABORATORIES



WYETH-AYERST
LABORATORIES

Ismo[®]

20 mg tablets

(isosorbide mononitrate)



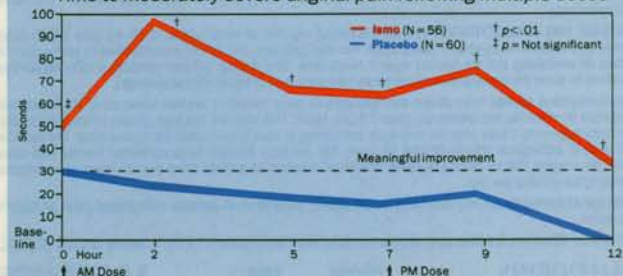
ACTIVITY YOU CAN COUNT ON

Antianginal activity for at least 12 hours*

In clinical trials, Ismo dosed at 8 AM and 3 PM for a period of 2 weeks demonstrated efficacy for at least 12 hours after the first dose, ie, 5 hours after the second dose, of each day.¹

DIFFERENCE IN EXERCISE PERFORMANCE VS PRETHERAPY

Time to moderately severe anginal pain following multiple doses



(Adapted from Protocol 12)¹

Predictable pharmacokinetic profile

Ismo is nearly 100% bioavailable. Blood levels following oral dosage are as predictable as those seen with I.V. isosorbide mononitrate administration.²

Helps get active patients active again

*The dosing schedule of 20 mg, twice daily, 7 hours apart (with a 17-hour dose-free interval) must be followed carefully.

Ismo is not recommended for use in aborting acute anginal episodes. The most common side effect, headache, may be managed with simple analgesics. As with other long-acting nitrates, Ismo is not recommended in patients with acute myocardial infarction or congestive heart failure.

References: 1. Data on file, Wyeth-Ayerst Laboratories, Protocol 12. 2. Abshagen U: Overview of the pharmacokinetics of isosorbide-5-mononitrate. In Julian DG, Rittinghausen R, Überbacher HJ, eds. Mononitrate II. New York: Springer-Verlag; 1987:pp 28-36.

Please see brief summary of prescribing information on adjacent page.

HARNESS THE TRIPLE THE POTENT

1. Fungicidal action

- Naftin® is fungicidal, not just fungistatic, to dermatophytes at low concentrations*.
- Imidazoles (Spectazole®, Nizoral®, Lotrimin® and Lotrisone®*) are fungistatic at low concentrations.

3. Broad spectrum coverage

- Naftin® is effective against the dermatophytes which are associated with the majority of tinea infections.

Recommend Broad Spectrum Naftin® (naftifine hydrochloride) for the everyday treatment of tinea pedis, tinea cruris

The Standard of Skin Care

ALLERGAN Herbert

Skin Care Division Of Allergan, Inc.

Irvine, CA 92715 © 1993 Allergan, Inc.

For a copy of "Diagnosis and Treatment of Fungal Infections"

*In vitro data, clinical significance unknown. A low incidence of irritation and

Please see adjacent page for brief summary of pres

-ACTION POWER OF ANTIFUNGAL.

2. Rapid symptomatic relief

- Even without a steroid, Naftin® Cream is as effective as Lotrisone® at relieving tinea-related pruritus and erythema.¹
- In comparative studies, Naftin® Cream-treated patients showed a marked decrease in scaling at week one and fissuring at week two compared to Spectazole®-treated patients.²



*hydrochloride) 1% Cream and Gel
for tinea corporis.*

For more information, call: **1-800-934-3169.**

Dryness was observed in clinical trials with Naftin® Cream.
For more information.


NAFTIN®

(naftifine hydrochloride) 1%
Cream 15g, 30g, 60g • Gel 20g, 40g, 60g

NAFTIN® (naftifine hydrochloride) 1% Cream & Gel

INDICATIONS AND USAGE: Naftin® Cream, 1% is indicated for topical application in the treatment of tinea pedis, tinea cruris and tinea corporis caused by the organisms *Trichophyton rubrum*, *Trichophyton mentagrophytes*, and *Epidermophyton floccosum*. Naftin® Gel 1% is indicated for the topical treatment of tinea pedis, tinea cruris and tinea corporis caused by the organisms *Trichophyton rubrum*, *Trichophyton mentagrophytes*, *Trichophyton tonsurans** and *Epidermophyton floccosum*.* *Efficacy for this organism in this organ system was studied in fewer than ten infections.

CONTRAINDICATIONS: Naftin® Cream and Gel, 1% is contraindicated in individuals who have shown hypersensitivity to any of its components. **WARNING:** Naftin® Cream and Gel, 1% is for topical use only and not for ophthalmic use. **PRECAUTIONS: General:** Naftin® Cream and Gel, 1% is for external use only. If irritation or sensitivity develops with the use of Naftin® Cream and Gel, 1%, treatment should be discontinued and appropriate therapy instituted.

Diagnosis of the disease should be confirmed either by direct microscopic examination of a mounting of infected tissue in a solution of potassium hydroxide or by culture on an appropriate medium. **Information for patients:** The patient should be told to: 1. Avoid the use of occlusive dressing or wrappings unless otherwise directed by the physician. 2. Keep Naftin® Cream and Gel, 1% away from the eyes, nose, mouth and other mucous membranes.

Carcinogenesis, mutagenesis, impairment of fertility: Long-term animal studies to evaluate the carcinogenic potential of Naftin® Cream and Gel, 1% have not been performed. *In vitro* and animal studies have not demonstrated any mutagenic effect or effect on fertility. **Pregnancy: Teratogenic Effects:**

Pregnancy Category B. Reproduction studies have been performed in rats and rabbits (via oral administration) at doses 150 times or more the topical human dose and have revealed no evidence of impaired fertility or harm to the fetus due to naftifine. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

Nursing mothers: It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Naftin® Cream and Gel, 1% is administered to a nursing woman. **Pediatric use:** Safety and effectiveness in children have not been established. **ADVERSE**

REACTIONS: During clinical trials with Naftin® Cream, 1%, the incidence of adverse reactions was as follows: burning/stinging (6%), dryness (3%), erythema (2%), itching (2%), local irritation (2%). During clinical trials with Naftin® Gel, 1%, the incidence of adverse reactions was as follows: burning/stinging (5%), itching (1%), erythema (0.5%), rash (0.5%), skin tenderness (0.5%).

REFERENCES

1. Smith EB *et al.* Double-blind comparison of naftifine cream and clotrimazole/betamethasone dipropionate cream in the treatment of tinea pedis. *J Am Acad Dermatol* 1992;26:125-7.
2. Millikan LE, *et al.* Naftifine cream 1% versus econazole cream 1% in the treatment of tinea cruris and tinea corporis. *J Am Acad Dermatol* 1988; 18:52-6.

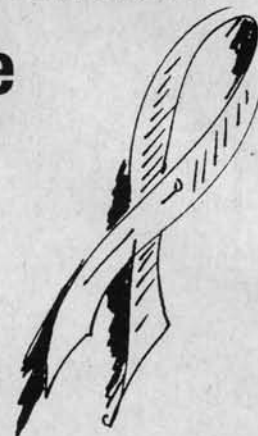
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AMA / HIV Early Intervention Conference

Berlin Hilton
Berlin, Germany
June 5-6, 1993



A state-of-the-art conference on clinical care of early stage HIV patients. The role of primary care providers in preventing the further spread of HIV by the infected patients will also be addressed.

This conference is intended for physicians and others concerned with the primary care of patients with asymptomatic and mildly symptomatic HIV infection.

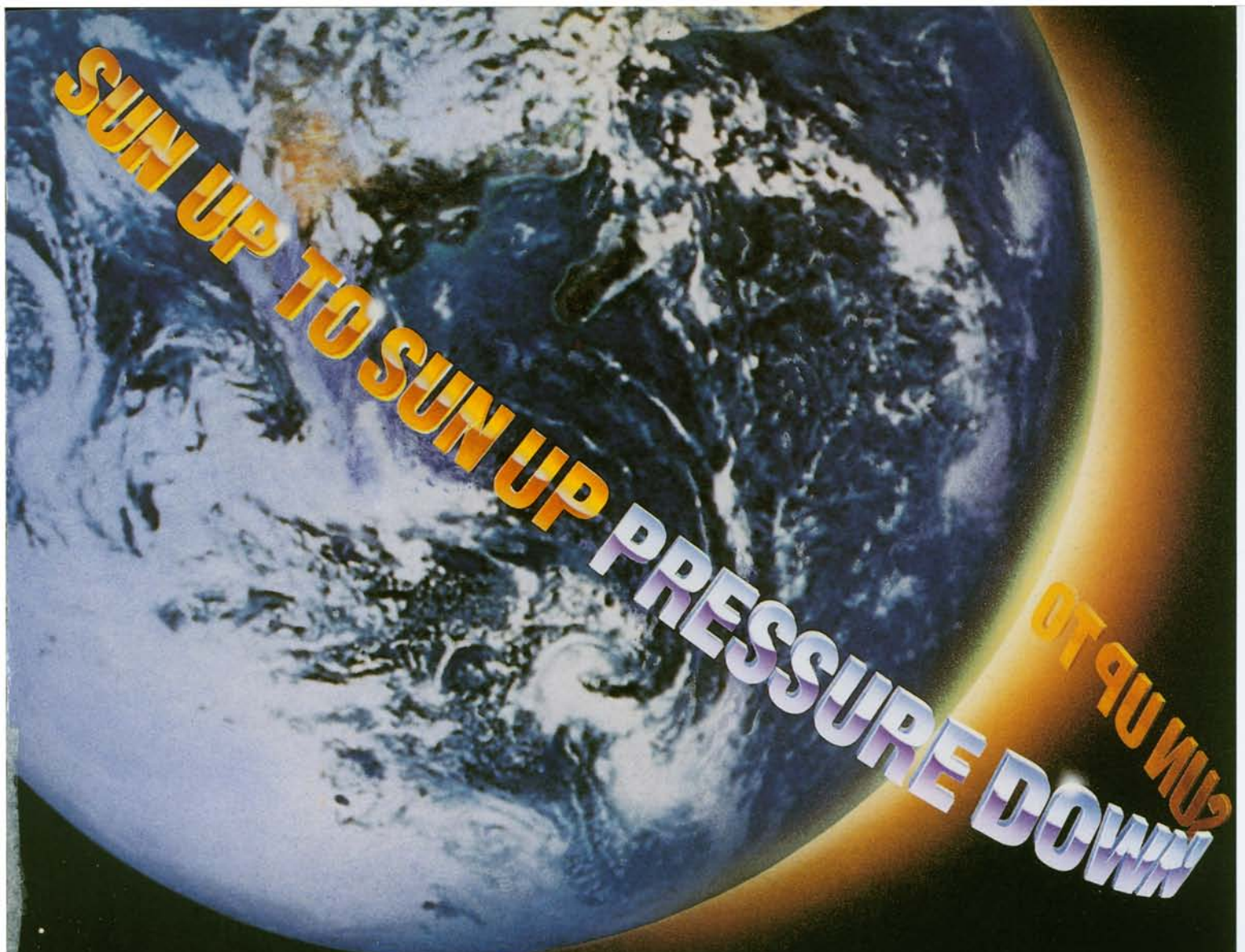
For further information contact:

John Henning, PhD
Department of HIV
American Medical Association
515 North State Street
Chicago, IL 60610
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Physicians dedicated to the health of America





SUN UP TO SUN UP PRESSURE DOWN

True once-daily antihypertensive control*

Proved by countless patients well controlled on
one ISOPTIN SR tablet per day – 180 mg or 240 mg –
with virtually no change in metabolic parameters or quality of life
(total daily doses above 240 mg should be administered in divided doses).†

As evidenced by well-controlled, long-term studies at more than 40
US centers. With q.d. dosing, blood pressure was controlled
at 24 hours as demonstrated by a drop in diastolic BP to target levels.

Supported by more than **58,000,000** prescriptions written
for once-daily verapamil SR‡ over the past 6 years.

ONCE-DAILY
ISOPTIN SR
(verapamil HCl) 180/240 mg
Sustained-Release
Tablets



*Clinical effectiveness is unrelated to drug-plasma levels.

†Constipation is the most frequently reported side effect of ISOPTIN SR and is easily managed in most patients.

ISOPTIN SR should be administered with food.

‡Verapamil SR produced by Knoll for Knoll Pharmaceutical Company and G. D. Searle & Co.

Please see back
for brief summary of
prescribing information.

ONCE-DAILY
ISOPTIN[®] SR
(verapamil HCl) Sustained-Release Tablets

Unsurpassed dosage flexibility



180 mg

The recommended starting/maintenance dose



240 mg

For patients who require a step up in dosage



120 mg

For elderly or small-stature patients who require lower doses

From the originators of verapamil



BASF Group

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Brief Summary of Prescribing Information

CONTRAINDICATIONS: 1) Severe left ventricular dysfunction (see WARNINGS). 2) Hypotension (less than 90 mmHg systolic pressure) or cardiogenic shock. 3) Sick sinus syndrome (except in patients with a functioning artificial ventricular pacemaker). 4) 2nd or 3rd degree AV block (except in patients with a functioning artificial ventricular pacemaker). 5) Patients with atrial flutter or atrial fibrillation and an accessory bypass tract (e.g., Wolff-Parkinson-White, Lown-Ganong-Levine syndromes). 6) Patients with known hypersensitivity to verapamil hydrochloride.

WARNINGS: **Heart Failure:** ISOPTIN should be avoided in patients with severe left ventricular dysfunction. Patients with milder ventricular dysfunction should, if possible, be controlled before verapamil treatment. ISOPTIN should be avoided in patients with any degree of left ventricular dysfunction if they are receiving a beta adrenergic blocker (see DRUG INTERACTIONS). **Hypotension:** ISOPTIN (verapamil HCl) may produce occasional symptomatic hypotension. **Elevated Liver Enzymes:** Elevations of transaminases with and without concomitant elevations in alkaline phosphatase and bilirubin have been reported. Periodic monitoring of liver function in patients receiving verapamil is therefore prudent. **Accessory Bypass Tract (Wolff-Parkinson-White):** Patients with paroxysmal and/or chronic atrial flutter or atrial fibrillation and a coexisting accessory AV pathway may develop increased antegrade conduction across the accessory pathway producing a very rapid ventricular response or ventricular fibrillation after receiving intravenous verapamil. While this has not been reported with oral verapamil, it should be considered a potential risk (see CONTRAINDICATIONS). Treatment is usually D.C. cardioversion. **Atrioventricular Block:** The effect of verapamil on AV conduction and the SA node may cause asymptomatic 1st degree AV block and transient bradycardia. Higher degrees of AV block, while infrequent (0.8%), may require a reduction in dosage or, in rare instances, discontinuation of verapamil HCl. **Patients with Hypertrophic Cardiomyopathy (IHSS):** Although verapamil has been used in the therapy of patients with IHSS, severe cardiovascular decompensation and death have been noted in this patient population.

PRECAUTIONS: **Impaired Hepatic or Renal Function:** Verapamil is highly metabolized by the liver with about 70% of an administered dose excreted as metabolites in the urine. In patients with impaired hepatic function the dose should be cut to 30% of the usual dose and the patient closely monitored. In patients with impaired renal function verapamil should be administered cautiously and the patients monitored for abnormal prolongation of the PR interval or other signs of excessive pharmacological effects (see OVERDOSE). **Use in Patients with Attenuated (Decreased) Neuromuscular Transmission:** Verapamil decreases neuromuscular transmission and may prolong recovery from neuromuscular blocking agents. In patients with attenuated neuromuscular transmission lower doses of verapamil may be warranted.

Drug Interactions: **Beta Blockers:** Concomitant use of ISOPTIN and oral beta-adrenergic blocking agents may result in additive negative effects on heart rate, atrioventricular conduction, and/or cardiac contractility. Excessive bradycardia and AV block, has been reported. The combination should be used only with caution and close monitoring. **Digitalis:** Clinical use of verapamil in digitalized patients has shown the combination to be well tolerated. However, chronic verapamil treatment increases serum digoxin levels by 50% to 75% during the first week of therapy and this can result in digitalis toxicity. Upon discontinuation of ISOPTIN (verapamil HCl), the patient should be reassessed to avoid underdigitalization. **Antihypertensive Agents:** Verapamil administered concomitantly with oral antihypertensive agents (e.g., vasodilators, angiotensin-converting enzyme inhibitors, diuretics, alpha and beta adrenergic blockers) will usually have an additive effect on lowering blood pressure. Patients receiving these combinations should be appropriately monitored. **Antiarrhythmic Agents:** **Disopyramide:** Disopyramide should not be administered within 48 hours before or 24 hours after verapamil administration. **Flecainide:** Concomitant administration of flecainide and verapamil may result in additive negative inotropic effect and prolongation of atrioventricular conduction. **Quinidine:** In patients with hypertrophic cardiomyopathy (IHSS), concomitant use of verapamil and quinidine may result in significant hypotension. **Other: Nitrates:** The pharmacologic profile of verapamil and nitrates as well as clinical experience suggest beneficial interactions. **Cimetidine:** Variable results on clearance have been obtained in acute studies of healthy volunteers; clearance of verapamil was either reduced or unchanged. **Lithium:** Pharmacokinetic (lowering of serum lithium levels) and pharmacodynamic (increased sensitivity to the effects of lithium) interactions between oral verapamil and lithium have been reported. **Carbamazepine:** Verapamil therapy may increase carbamazepine concentrations and produce related side effects during combined therapy. **Rifampin:** Therapy with rifampin may markedly reduce oral verapamil bioavailability. **Phenobarbital:** Phenobarbital therapy

may increase verapamil clearance. **Cyclosporin:** Verapamil therapy may increase serum levels of cyclosporin. **Anesthetic Agents:** Verapamil may potentiate the activity of neuromuscular blocking agents and inhalation anesthetics. **Carcinogenesis, Mutagenesis, Impairment of Fertility:** There was no evidence of a carcinogenic potential of verapamil administered to rats for two years. Verapamil was not mutagenic in the Ames test. Studies in female rats did not show impaired fertility. Effects on male fertility have not been determined. **Pregnancy (Category C):** There are no adequate and well-controlled studies in pregnant women. ISOPTIN crosses the placental barrier and can be detected in umbilical vein blood at delivery. This drug should be used during pregnancy, labor and delivery, only if clearly needed. **Nursing Mothers:** ISOPTIN is excreted in human milk, therefore, nursing should be discontinued while verapamil is administered. **Pediatric Use:** Safety and efficacy of ISOPTIN in children below the age of 18 years have not been established.

ADVERSE REACTIONS: Constipation 7.3%, dizziness 3.3%, nausea 2.7%, hypotension 2.5%, headache 2.2%, edema 1.9%, CHF/pulmonary edema 1.8%, fatigue 1.7%, dyspnea 1.4%, bradycardia 1.4%, 2nd and 3rd AV block 0.8%, rash 1.2%, flushing 0.6% and elevated liver enzymes (see WARNINGS). The following reactions, reported in less than 1.0% of patients, occurred under conditions (open trials, marketing experience) where a causal relationship is uncertain; they are mentioned to alert the physician to a possible relationship: angina pectoris, atrioventricular dissociation, arthralgia and rash, blurred vision, cerebrovascular accident, chest pain, claudication, confusion, diarrhea, dry mouth, ecchymosis or bruising, equilibrium disorders, erythema multiforme, exanthema, gastrointestinal distress, gingival hyperplasia, gynecomastia, hair loss, hyperkeratosis, impotence, increased urination, insomnia, macules, muscle cramps, myocardial infarction, palpitations, paresthesia, psychotic symptoms, purpura (vasculitis), shakiness, somnolence, spotty menstruation, Steven-Johnson syndrome, sweating, syncope, urticaria.

Treatment of Acute Cardiovascular Adverse Reactions: Whenever severe hypotension or complete AV block occur following oral administration of verapamil, the appropriate emergency measures should be applied immediately, e.g., intravenously administered isoproterenol HCl, levarterenol bitartrate, atropine (all in the usual doses), or calcium gluconate (10% solution). If further support is necessary, inotropic agents (dopamine or dobutamine) may be administered. Actual treatment and dosage should depend on the severity and the clinical situation and the judgment and experience of the treating physician.

OVERDOSEAGE: Treatment of overdose should be supportive. Beta-adrenergic stimulation or parenteral administration of calcium solutions may increase calcium ion flux across the slow channel, and have been used effectively in treatment of deliberate overdose with verapamil. Clinically significant hypotensive reactions or fixed high degree AV block should be treated with vasopressor agents or cardiac pacing, respectively. Asystole should be handled by the usual measures including cardiopulmonary resuscitation.

DOSE AND ADMINISTRATION
Essential Hypertension

The dose of ISOPTIN SR should be individualized by titration and the drug should be administered with food. Initiate therapy with 180 mg of sustained-release verapamil HCl, ISOPTIN SR, given in the morning. Lower, initial doses of 120 mg a day may be warranted in patients who may have an increased response to verapamil (e.g., the elderly or small people, etc.). Upward titration should be based on therapeutic efficacy and safety evaluated weekly and approximately 24 hours after the previous dose. The antihypertensive effects of ISOPTIN SR are evident within the first week of therapy.

If adequate response is not obtained with 180 mg of ISOPTIN SR, the dose may be titrated upward in the following manner:

- 240 mg each morning.
 - 180 mg each morning plus 180 mg each evening, or 240 mg each morning plus 120 mg each evening.
 - 240 mg every twelve hours.
- When switching from immediate release ISOPTIN to ISOPTIN SR, the total daily dose in milligrams may remain the same.

2767/2-90

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Encouragement

This message could be one of encouragement to you and, perhaps, certain of your patients.

Paget's disease of bone — not the rare disease it was once thought to be — is treatable in most cases. The earlier it is detected the more responsive to treatment it is likely to be. And detection can usually be accomplished with a few simple, non-invasive procedures.

Like many primary care physicians, you may feel uncomfortable treating Paget's disease because of little past experience. If so, write or call us for comprehensive, up-to-date information about the disease and its diagnosis and treatment. Alternatively, ask for our extensive referral list of specialists.

You may be able to offer someone a new lease on life. Or at least, encouragement.

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THE PRAVACHOL® DIRECTION

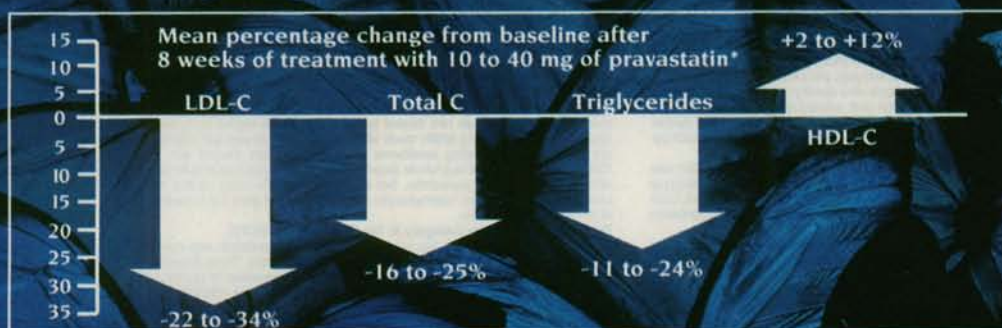
Effective lipid management doesn't have to be tough



PRAVACHOL® (pravastatin sodium) is indicated as an adjunct to diet for the reduction of elevated total and LDL-cholesterol levels in patients with primary hypercholesterolemia (Types IIa and IIb) when the response to diet alone has not been adequate.

Effective lipid management—improves key lipids

Significantly reduces LDL-C. Increases beneficial HDL-C.*



*Each arrow represents a range of means derived from a single placebo-controlled study that included 55 patients treated with pravastatin.

Excellent safety/tolerability profile for patients

- Low incidence of side effects
- Discontinuation rate from pravastatin (1.7%) was not statistically different from that of placebo (1.2%)
- Active liver disease or unexplained transaminase elevations, pregnancy and lactation are contraindications to the use of pravastatin

Easy dosing regimen and other patient benefits

- Usual dose: 20 mg once daily at bedtime, with or without food
- PRAVACHOL can be used confidently with many other medications

PRAVACHOL[®]
 pravastatin sodium 20 mg tablets



Bristol-Myers Squibb Company

Please see CONTRAINDICATIONS, WARNINGS, PRECAUTIONS, and ADVERSE REACTIONS in the brief summary of prescribing information on the final page of this advertisement.

Reference: 1. Jones PH, et al. Once-daily pravastatin in patients with primary hypercholesterolemia: a dose-response study. *Clin Cardiol*. 1991;14:146-151.

PRAVACHOL® (Pravastatin Sodium Tablets)

CONTRAINDICATIONS

Hypersensitivity to any component of this medication.

Active liver disease or unexplained, persistent elevations in liver function tests (see WARNINGS).

Pregnancy and Lactation. Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-term therapy of primary hypercholesterolemia. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CoA reductase inhibitors decrease cholesterol synthesis and possibly the synthesis of other biologically active substances derived from cholesterol, they may cause fetal harm when administered to pregnant women. Therefore, HMG-CoA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. **Pravastatin should be administered to women of childbearing age only when such patients are highly unlikely to conceive and have been informed of the potential hazards.** If the patient becomes pregnant while taking this class of drug, therapy should be discontinued and the patient apprised of the potential hazard to the fetus.

WARNINGS

Liver Enzymes: HMG-CoA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. Increases of serum transaminase (ALT, AST) values to more than 3 times the upper limit of normal occurring on 2 or more (not necessarily sequential) occasions have been reported in 1.3% of patients treated with pravastatin in the U.S. over an average period of 18 months. These abnormalities were not associated with cholestasis and did not appear to be related to treatment duration. In those patients in whom these abnormalities were believed to be related to pravastatin and who were discontinued from therapy, the transaminase levels usually fell slowly to pretreatment levels. These biochemical findings are usually asymptomatic although worldwide experience indicates that anorexia, weakness, and/or abdominal pain may also be present in rare patients.

As with other lipid-lowering agents, liver function tests should be performed during therapy with pravastatin. Serum aminotransferases, including ALT (SGPT), should be monitored before treatment begins, every six weeks for the first three months, every eight weeks during the remainder of the first year, and periodically thereafter (e.g., at about six-month intervals). Special attention should be given to patients who develop increased transaminase levels. Liver function tests should be repeated to confirm an elevation and subsequently monitored at more frequent intervals. If increases in AST and ALT equal or exceed three times the upper limit of normal and persist, then therapy should be discontinued. Persistence of significant aminotransferase elevations following discontinuation of therapy may warrant consideration of liver biopsy.

Active liver disease or unexplained transaminase elevations are contraindications to the use of pravastatin (see CONTRAINDICATIONS). Caution should be exercised when pravastatin is administered to patients with a history of liver disease or heavy alcohol ingestion (see CLINICAL PHARMACOLOGY: Pharmacokinetics/Metabolism). Such patients should be closely monitored, started at the lower end of the recommended dosing range, and titrated to the desired therapeutic effect.

Skeletal Muscle: Rhabdomyolysis with renal dysfunction secondary to myoglobinuria has been reported with pravastatin and other drugs in this class. Uncomplicated myalgia has also been reported in pravastatin-treated patients (see ADVERSE REACTIONS). Myopathy, defined as muscle aching or muscle weakness in conjunction with increases in creatine phosphokinase (CPK) values to greater than 10 times the upper limit of normal was reported to be possibly due to pravastatin in only one patient in clinical trials (<0.1%). Myopathy should be considered in any patient with diffuse myalgias, muscle tenderness or weakness, and/or marked elevation of CPK. Patients should be advised to report promptly unexplained muscle pain, tenderness or weakness, particularly if accompanied by malaise or fever. **Pravastatin therapy should be discontinued if markedly elevated CPK levels occur or myopathy is diagnosed or suspected. Pravastatin therapy should also be temporarily withheld in any patient experiencing an acute or serious condition predisposing to the development of renal failure secondary to rhabdomyolysis, e.g., sepsis; hypotension; major surgery; trauma; severe metabolic, endocrine, or electrolyte disorders; or uncontrolled epilepsy.**

The risk of myopathy during treatment with lovastatin is increased if therapy with either cyclosporine, gemfibrozil, erythromycin, or niacin is administered concurrently. There is no experience with the use of pravastatin together with cyclosporine. Myopathy has not been observed in clinical trials involving small numbers of patients who were treated with pravastatin together with niacin. One trial of limited size involving combined therapy with pravastatin and gemfibrozil showed a trend toward more frequent CPK elevations and patient withdrawals due to musculoskeletal symptoms in the group receiving combined treatment as compared with the groups receiving placebo, gemfibrozil, or pravastatin monotherapy. Myopathy was not reported in this trial (see PRECAUTIONS: Drug Interactions). One patient developed myopathy when clofibrate was added to a previously well tolerated regimen of pravastatin; the myopathy resolved when clofibrate therapy was stopped and pravastatin treatment continued. **The use of fibrates alone may occasionally be associated with myopathy. The combined use of pravastatin and fibrates should generally be avoided.**

PRECAUTIONS

General: Pravastatin may elevate creatine phosphokinase and transaminase levels (see ADVERSE REACTIONS). This should be considered in the differential diagnosis of chest pain in a patient on therapy with pravastatin.

Homozygous Familial Hypercholesterolemia. Pravastatin has not been evaluated in patients with rare homozygous familial hypercholesterolemia. In this group of patients, it has been reported that HMG-CoA reductase inhibitors are less effective because the patients lack functional LDL receptors.

Renal Insufficiency: A single 20 mg oral dose of pravastatin was administered to 24 patients with varying degrees of renal impairment (as determined by creatinine clearance). No effect was observed on the pharmacokinetics of pravastatin or its 3 α -hydroxy isomeric metabolite (SQ 31,906). A small increase was seen in mean AUC values and half-life (t_{1/2}) for the inactive enzymatic ring hydroxylation metabolite (SQ 31,945). Given this small sample size, the dosage administered, and the degree of individual variability, patients with renal impairment who are receiving pravastatin should be closely monitored.

Information for Patients: Patients should be advised to report promptly unexplained muscle pain, tenderness or weakness, particularly if accompanied by malaise or fever.

Drug Interactions: Immunosuppressive Drugs, Gemfibrozil, Niacin (Nicotinic Acid), Erythromycin: See WARNINGS: Skeletal Muscle.

Antipyrine: Clearance by the cytochrome P450 system was unaltered by concomitant administration of pravastatin. Since pravastatin does not appear to induce hepatic drug-metabolizing enzymes, it is not expected that any significant interaction of pravastatin with other drugs (e.g., phenytoin, quinidine) metabolized by the cytochrome P450 system will occur.

Cholestyramine/Colestipol: Concomitant administration resulted in an approximately 40 to 50% decrease in the mean AUC of pravastatin. However, when pravastatin was administered 1 hour before or 4 hours after cholestyramine or 1 hour before colestipol and a standard meal, there was no clinically significant decrease in bioavailability or therapeutic effect. (See DOSAGE AND ADMINISTRATION: Concomitant Therapy.)

Warfarin: In a study involving 10 healthy male subjects given pravastatin and warfarin concomitantly for 6 days, bioavailability parameters at steady state for pravastatin (parent compound) were not altered. Pravastatin did not alter the plasma protein-binding of warfarin. Concomitant dosing did increase the AUC and C_{max} of warfarin but did not produce any changes in its anticoagulant action (i.e., no increase was seen in mean prothrombin time after 6 days of concomitant therapy). However, bleeding and extreme prolongation of prothrombin time has been reported with another drug in this class. Patients receiving warfarin-type anticoagulants should have their prothrombin times closely monitored when pravastatin is initiated or the dosage of pravastatin is changed.

Cimetidine: The AUC_{0-12h} for pravastatin when given with cimetidine was not significantly different from the AUC for pravastatin when given alone. A significant difference was observed between the AUC's for pravastatin when given with cimetidine compared to when administered with antacid.

Digoxin: In a crossover trial involving 18 healthy male subjects given pravastatin and digoxin concurrently for 9 days, the bioavailability parameters of digoxin were not affected. The AUC of pravastatin tended to increase, but the overall bioavailability of pravastatin plus its metabolites SQ 31,906 and SQ 31,945 was not altered.

Gemfibrozil: In a crossover study in 20 healthy male volunteers given concomitant single doses of pravastatin and gemfibrozil, there was a significant decrease in urinary excretion and protein binding of pravastatin. In addition, there was a significant increase in AUC, C_{max}, and T_{max} for the pravastatin metabolite SQ 31,906. Combination therapy with pravastatin and gemfibrozil is generally not recommended.

In interaction studies with aspirin, antacids (1 hour prior to PRAVACHOL [pravastatin sodium]), cimetidine, nicotinic acid, or probucol, no statistically significant differences in bioavailability were seen when PRAVACHOL was administered.

Other Drugs: During clinical trials, no noticeable drug interactions were reported when PRAVACHOL was added to: diuretics, antihypertensives, digitalis, converting-enzyme inhibitors, calcium channel blockers, beta-blockers, or nitroglycerin.

Endocrine Function: HMG-CoA reductase inhibitors interfere with cholesterol synthesis and lower circulating cholesterol levels and, as such, might theoretically blunt adrenal or gonadal steroid hormone production. Results of clinical trials with pravastatin in males and post-menopausal females were inconsistent with regard to possible effects of the drug on basal steroid hormone levels. In a study of 21 males, the mean testosterone response to human chorionic gonadotropin stimulation did not change significantly after therapy in these patients. The effects of HMG-CoA reductase inhibitors on spermatogenesis and fertility have not been studied in adequate numbers of patients. The effects, if any, of pravastatin on the pituitary-gonadal axis in pre-menopausal females are unknown. Patients treated with pravastatin who display clinical evidence of endocrine dysfunction should be evaluated appropriately. Caution should also be exercised if an HMG-CoA reductase inhibitor or other agent used to lower cholesterol levels is administered to patients also receiving other drugs (e.g., ketoconazole, spironolactone, cimetidine) that may diminish the levels or activity of steroid hormones.

CNS Toxicity: CNS vascular lesions, characterized by perivascular hemorrhage and edema and mononuclear cell

infiltration of perivascular spaces, were seen in dogs treated with pravastatin at a dose of 25 mg/kg/day, a dose that produced a plasma drug level about 50 times higher than the mean drug level in humans taking 40 mg/day. Similar CNS vascular lesions have been observed with several other drugs in this class.

A chemically similar drug in this class produced optic nerve degeneration (Wallerian degeneration of retinoganglionic fibers) in clinically normal dogs in a dose-dependent fashion starting at 60 mg/kg/day, a dose that produced mean plasma drug levels about 30 times higher than the mean drug level in humans taking the highest recommended dose (as measured by total enzyme inhibitory activity). This same drug also produced vestibulocochlear (Wallerian-like) degeneration and retinal ganglion cell chromatolysis in dogs treated for 14 weeks at 180 mg/kg/day, a dose which resulted in a mean plasma drug level similar to that seen with the 60 mg/kg dose.

Carcinogenesis, Mutagenesis, Impairment of Fertility: In a 2-year study in rats fed pravastatin at doses of 10, 30, or 100 mg/kg body weight, there was an increased incidence of hepatocellular carcinomas in males at the highest dose (p<0.01). Although rats were given up to 125 times the human dose (HD) on a mg/kg body weight basis, their serum drug levels were only 6 to 10 times higher than those measured in humans given 40 mg pravastatin as measured by AUC.

The oral administration of 10, 30, or 100 mg/kg (producing plasma drug levels approximately 0.5 to 5.0 times human oral levels at 40 mg) of pravastatin to mice for 22 months resulted in a statistically significant increase in the incidence of malignant lymphomas in treated females when all treatment groups were pooled and compared to controls (p<0.05). The incidence was not dose-related and male mice were not affected.

A chemically similar drug in this class was administered to mice for 72 weeks at 25, 100, and 400 mg/kg body weight, which resulted in mean serum drug levels approximately 3, 15, and 33 times higher than the mean human serum drug concentration (as total inhibitory activity) after a 40 mg oral dose. Liver carcinomas were significantly increased in high-dose females and mid- and high-dose males, with a maximum incidence of 90 percent in males. The incidence of adenomas of the liver was significantly increased in mid- and high-dose females. Drug treatment also significantly increased the incidence of lung adenomas in mid- and high-dose males and females. Adenomas of the eye Harderian gland (a gland of the eye of rodents) were significantly higher in high-dose mice than in controls.

No evidence of mutagenicity was observed *in vitro*, with or without rat-liver metabolic activation, in the following studies: microbial mutagen tests, using mutant strains of *Salmonella typhimurium* or *Escherichia coli*; a forward mutation assay in L5178Y TK +/− mouse lymphoma cells; a chromosomal aberration test in hamster cells; and a gene conversion assay using *Saccharomyces cerevisiae*. In addition, there was no evidence of mutagenicity in either a dominant lethal test in mice or a micronucleus test in mice.

In a study in rats, with daily doses up to 500 mg/kg, pravastatin did not produce any adverse effects on fertility or general reproductive performance. However, in a study with another HMG-CoA reductase inhibitor, there was decreased fertility in male rats treated for 34 weeks at 25 mg/kg body weight, although this effect was not observed in a subsequent fertility study when this same dose was administered for 11 weeks (the entire cycle of spermatogenesis, including epididymal maturation). In rats treated with this same reductase inhibitor at 180 mg/kg/day, seminiferous tubule degeneration (necrosis and loss of spermatogenic epithelium) was observed. Although not seen with pravastatin, two similar drugs in this class caused drug-related testicular atrophy, decreased spermatogenesis, spermatocytic degeneration, and giant cell formation in dogs. The clinical significance of these findings is unclear.

Pregnancy: Pregnancy Category X: See CONTRAINDICATIONS.

Safety in pregnant women has not been established. Pravastatin was not teratogenic in rats at doses up to 1000 mg/kg daily or in rabbits at doses of up to 50 mg/kg daily. These doses resulted in 20x (rabbit) or 240x (rat) the human exposure based on surface area (mg/meter²). However, in studies with another HMG-CoA reductase inhibitor, skeletal malformations were observed in rats and mice. PRAVACHOL (pravastatin sodium) should be administered to women of child-bearing potential only when such patients are highly unlikely to conceive and have been informed of the potential hazards. If the woman becomes pregnant while taking PRAVACHOL, it should be discontinued and the patient advised again as to the potential hazards to the fetus.

Nursing Mothers: A small amount of pravastatin is excreted in human breast milk. Because of the potential for serious adverse reactions in nursing infants, women taking PRAVACHOL should not nurse (see CONTRAINDICATIONS).

Pediatric Use: Safety and effectiveness in individuals less than 18 years old have not been established. Hence, treatment in patients less than 18 years old is not recommended at this time. (See PRECAUTIONS: General.)

ADVERSE REACTIONS

Pravastatin is generally well tolerated; adverse reactions have usually been mild and transient. In 4-month long placebo-controlled trials, 1.7% of pravastatin-treated patients and 1.2% of placebo-treated patients were discontinued from treatment because of adverse experiences attributed to study drug therapy; this difference was not statistically significant. In long-term studies, the most common reasons for discontinuation were asymptomatic serum transaminase increases and mild, non-specific gastrointestinal complaints. During clinical trials the overall incidence of adverse events in the elderly was not different from the incidence observed in younger patients.

Adverse Clinical Events: All adverse clinical events (regardless of attribution) reported in more than 2% of pravastatin-treated patients in the placebo-controlled trials are identified in the table below; also shown are the percentages of patients in whom these medical events were believed to be related or possibly related to the drug:

Body System/Event	All Events %		Events Attributed to Study Drug %	
	Pravastatin (N = 900)	Placebo (N = 411)	Pravastatin (N = 900)	Placebo (N = 411)
Cardiovascular				
Cardiac Chest Pain	4.0	3.4	0.1	0.0
Dermatologic				
Rash	4.0*	1.1	1.3	0.9
Gastrointestinal				
Nausea/Vomiting	7.3	7.1	2.9	3.4
Diarrhea	6.2	5.6	2.0	1.9
Abdominal Pain	5.4	6.9	2.0	3.9
Constipation	4.0	7.1	2.4	5.1
Flatulence	3.3	3.6	2.7	3.4
Heartburn	2.9	1.9	2.0	0.7
General				
Fatigue	3.8	3.4	1.9	1.0
Chest Pain	3.7	1.9	0.3	0.2
Influenza	2.4*	0.7	0.0	0.0
Musculoskeletal				
Localized Pain	10.0	9.0	1.4	1.5
Myalgia	2.7	1.0	0.6	0.0
Nervous System				
Headache	6.2	3.9	1.7*	0.2
Dizziness	3.3	3.2	1.0	0.5
Renal/Genitourinary				
Urinary Abnormality	2.4	2.9	0.7	1.2
Respiratory				
Common Cold	7.0	6.3	0.0	0.0
Rhinitis	4.0	4.4	0.1	0.0
Cough	2.6	1.7	0.1	0.0

*Statistically significantly different from placebo.

The following effects have been reported with drugs in this class:

Skeletal: myopathy, rhabdomyolysis.

Neurological: dysfunction of certain cranial nerves (including alteration of taste, impairment of extra-ocular movement, facial paresis), tremor, vertigo, memory loss, paresthesia, peripheral neuropathy, peripheral nerve palsy.

Hypersensitivity Reactions: An apparent hypersensitivity syndrome has been reported rarely which has included one or more of the following features: anaphylaxis, angioedema, lupus erythematosus-like syndrome, polymyalgia, dermatitis, vasculitis, purpura, thrombocytopenia, leukopenia, hemolytic anemia, positive ANA, ESR increase, arthralgia, arthritides, urticaria, asthma, photosensitivity, fever, chills, flushing, malaise, dyspnea, toxic epidermal necrolysis, erythema multiforme, including Stenerson-Johnson syndrome.

Gastrointestinal: pancreatitis, hepatitis, including chronic active hepatitis, cholestatic jaundice, fatty change in liver, and, rarely, cirrhosis, fulminant hepatic necrosis, and hepatoma; anorexia, vomiting.

Reproductive: gynecomastia, loss of libido, erectile dysfunction.

Eye: progression of cataracts (lens opacities), ophthalmoplegia.

Laboratory Test Abnormalities: Increases in serum transaminase (ALT, AST) values and CPK have been observed (see WARNINGS).

Transient, asymptomatic eosinophilia has been reported. Eosinophils counts usually returned to normal despite continued therapy. Anemia, thrombocytopenia, and leukopenia have been reported with other HMG-CoA reductase inhibitors.

Concomitant Therapy: Pravastatin has been administered concurrently with cholestyramine, colestipol, nicotinic acid, probucol and gemfibrozil. Preliminary data suggest that the addition of either probucol or gemfibrozil to therapy with lovastatin or pravastatin is not associated with greater reduction in LDL-cholesterol than that achieved with lovastatin or pravastatin alone. No adverse reactions unique to the combination or in addition to those previously reported for each drug alone have been reported. Myopathy and rhabdomyolysis (with or without acute renal failure) have been reported when another HMG-CoA reductase inhibitor was used in combination with immunosuppressive drugs, gemfibrozil, erythromycin, or lipid-lowering doses of nicotinic acid. Concomitant therapy with HMG-CoA reductase inhibitors and these agents is generally not recommended. (See WARNINGS: Skeletal Muscle and PRECAUTIONS: Drug Interactions.)

OVERDOSAGE

There have been no reports of overdoses with pravastatin.

Should an accidental overdose occur, treat symptomatically and institute supportive measures as required.

NOW FOR ANGINA

THE ONE

CARDIZEM[®] CD

(diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules



ONCE A DAY

Please see brief summary of prescribing information on adjacent page.

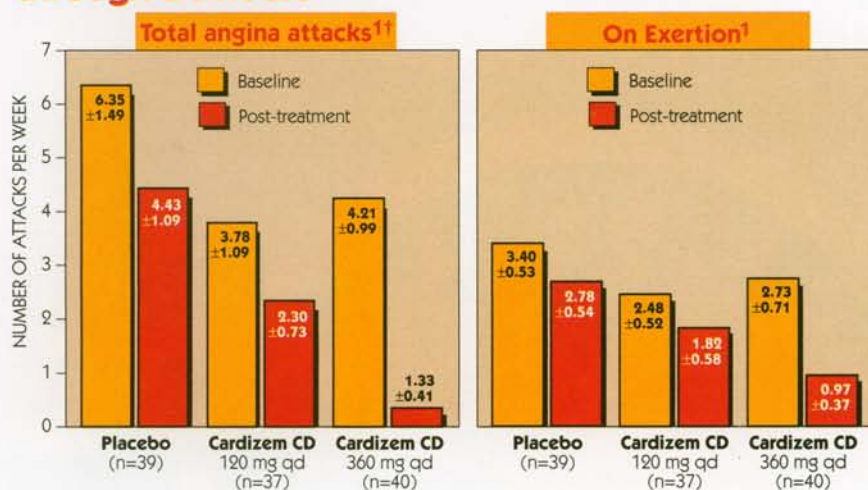


THE ONE CARDIZEM[®] CD

(diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules

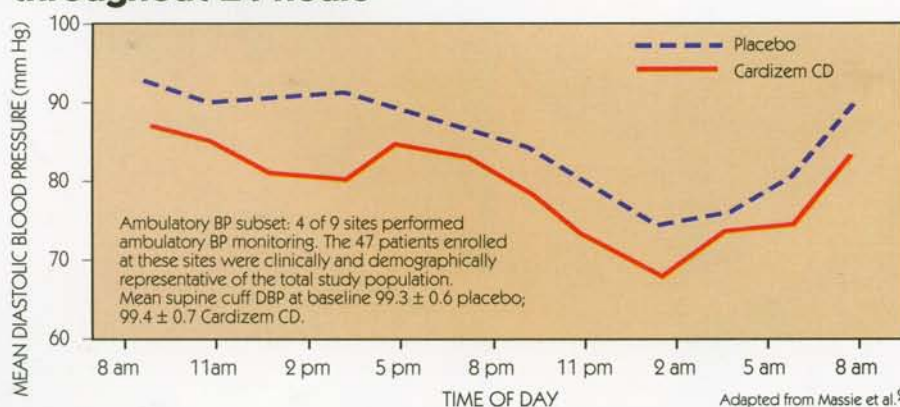
PROVEN* 24-HOUR CONTROL OF BOTH ANGINA AND HYPERTENSION

Reduces the frequency of angina attacks—
through 24 hours¹



† At rest and on exertion.

Consistent antihypertensive effect seen throughout 24 hours²



- Overall study results (127 patients) show a significant mean change at 24 hours in both diastolic ($P=0.0075$) and systolic ($P=0.0009$) blood pressure vs placebo²
- Cardizem CD average daily dose 268 mg/day

*Proven efficacy through 24-hour ambulatory blood pressure recording, peak/trough blood pressure evaluation, and Bruce treadmill protocol.

EXTREMELY WELL TOLERATED

CARDIZEM CD Placebo-Controlled
Angina and Hypertension Trials Combined³

Adverse Reaction	Cardizem CD n=607	Placebo n=301
Headache	5.4%	5.0%
Dizziness	3.0%	3.0%
Bradycardia	3.3%	1.3%
AV Block First Degree	3.3%	0.0%
Edema	2.6%	1.3%
ECG Abnormality	1.6%	2.3%
Asthenia	1.8%	1.7%

In clinical trials of Cardizem CD capsules, Cardizem tablets, and Cardizem SR capsules involving over 3200 patients, the most common events (ie, greater than 1%) were edema (4.6%), headache (4.6%), dizziness (3.5%), asthenia (2.6%), first-degree AV block (2.4%), bradycardia (1.7%), flushing (1.4%), nausea (1.4%), and rash (1.2%).

LOWER PRICE

Based on average wholesale prices* using equivalent mg/day doses⁴:

- 35% lower cost than Cardizem[®] (diltiazem HCl) tablets for angina
(Cardizem tablets are available as 30, 60, 90, and 120 mg)
- 25% lower cost than Cardizem[®] SR (diltiazem HCl) capsules for hypertension
(Cardizem SR is available as 60-, 90-, and 120-mg capsules)

Please see brief summary of prescribing information on adjacent page.

* Red Book Update. 1992;11(10):7.

ONCE-A-DAY
CARDIZEM[®] CD
(diltiazem HCl)





ONCE-A-DAY CARDIZEM® CD

(diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules

24-HOUR CONTROL OF BOTH ANGINA AND HYPERTENSION

Brief Summary of
Prescribing Information as of October 1992 (2)

CARDIZEM® CD (diltiazem hydrochloride) Capsules

Brief Summary of
Prescribing Information as of January 1991

CARDIZEM® SR (diltiazem hydrochloride) Sustained Release Capsules

Brief Summary of
Prescribing Information as of January 1991

CARDIZEM (diltiazem hydrochloride) Tablets

CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second- or third-degree AV block except in the presence of a functioning ventricular pacemaker, (3) patients with hypotension (less than 90 mm Hg systolic), (4) patients who have demonstrated hypersensitivity to the drug, and (5) patients with acute myocardial infarction and pulmonary congestion documented by x-ray on admission.

WARNINGS

- Cardiac Conduction.** CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block (13 of 3,290 patients or 0.40%). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole (2 to 5 seconds) after a single dose of 60 mg of diltiazem.
- Congestive Heart Failure.** Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility (dp/dt). An acute study of oral diltiazem in patients with impaired ventricular function (ejection fraction 24% ± 6%) showed improvement in indices of ventricular function without significant decrease in contractile function (dp/dt). Worsening of congestive heart failure has been reported in patients with preexisting impairment of ventricular function. Experience with the use of CARDIZEM (diltiazem hydrochloride) in combination with beta-blockers in patients with impaired ventricular function is limited. Caution should be exercised when using this combination.
- Hypotension.** Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in symptomatic hypotension.
- Acute Hepatic Injury.** Mild elevations of transaminases with and without concomitant elevation in alkaline phosphatase and bilirubin have been observed in clinical studies. Such elevations were usually transient and frequently resolved even with continued diltiazem treatment. In rare instances, significant elevations in enzymes such as alkaline phosphatase, LDH, SGOT, SGPT, and other phenomena consistent with acute hepatic injury have been noted. These reactions tended to occur early after therapy initiation (1 to 8 weeks) and have been reversible upon discontinuation of drug therapy. The relationship to CARDIZEM is uncertain in some cases, but probable in some. (See PRECAUTIONS.)

PRECAUTIONS

General. CARDIZEM (diltiazem hydrochloride) is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any drug given over prolonged periods, laboratory parameters of renal and hepatic function should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of 125 mg/kg and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of 20 mg/kg were also associated with hepatic changes; however, these changes were reversible with continued dosing.

Dermatological events (see ADVERSE REACTIONS section) may be transient and may disappear despite continued use of CARDIZEM. However, skin eruptions progressing to erythema multiforme and/or exfoliative dermatitis have also been infrequently reported. Should a dermatologic reaction persist, the drug should be discontinued.

Drug Interactions. Due to the potential for additive effects, caution and careful titration are warranted in patients receiving CARDIZEM concomitantly with other agents known to affect cardiac contractility and/or conduction. (See WARNINGS.) Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using beta-blockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.)

As with all drugs, care should be exercised when treating patients with multiple medications. CARDIZEM undergoes biotransformation by cytochrome P-450 mixed function oxidase. Coadministration of CARDIZEM with other agents which follow the same route of biotransformation may result in the competitive inhibition of metabolism. Doses of similarly metabolized drugs such as cyclosporin, particularly those of low therapeutic ratio or in patients with renal and/or hepatic impairment, may require adjustment when starting or stopping concomitantly administered CARDIZEM to maintain optimum therapeutic blood levels.

Beta-blockers. Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers is usually well tolerated, but available data are not sufficient to predict the effects of concomitant treatment in patients with left ventricular dysfunction or cardiac conduction abnormalities.

Administration of CARDIZEM (diltiazem hydrochloride) concomitantly with propranolol in five normal volunteers resulted in increased propranolol levels in all subjects and bioavailability of propranolol was increased approximately 50%. If combination therapy is initiated or withdrawn in conjunction with propranolol, an adjustment in the propranolol dose may be warranted. (See WARNINGS.)

Cimetidine. A study in six healthy volunteers has shown a significant increase in peak diltiazem plasma levels (58%) and area-under-the-curve (53%) after a 1-week course of cimetidine at 1,200 mg per day and a single dose of diltiazem 60 mg. Ranitidine produced smaller, nonsignificant increases. The effect may be mediated by cimetidine's known inhibition of hepatic cytochrome P-450, the enzyme system responsible for the first-pass metabolism of diltiazem. Patients currently receiving diltiazem therapy should be carefully monitored for a change in pharmacological effect when initiating and discontinuing therapy with cimetidine. An adjustment in the diltiazem dose may be warranted.

Digitalis. Administration of CARDIZEM with digoxin in 24 healthy male subjects increased plasma digoxin concentrations approximately 20%. Another investigator found no increase in digoxin levels in 12 patients with coronary artery disease. Since there have been conflicting results regarding the effect of digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing CARDIZEM therapy to avoid possible over- or under-digitalization. (See WARNINGS.)

Anesthetics. The depression of cardiac contractility, conductivity, and automaticity as well as the vascular dilation associated with anesthetics may be potentiated by calcium channel blockers. When used concomitantly, anesthetics and calcium blockers should be titrated carefully.

Carcinogenesis, Mutagenesis, Impairment of Fertility. A 24-month study in rats at oral dosage levels of up to 100 mg/kg/day, and a 21-month study in mice at oral dosage levels of up to 30 mg/kg/day showed no evidence of carcinogenicity. There was also no mutagenic response in vitro or in vivo in mammalian cell assays or in vitro in bacteria. No evidence of impaired fertility was observed in a study performed in male and female rats at oral dosages of up to 100 mg/kg/day.

Pregnancy. Category C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a mg/kg basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was an increased incidence of stillbirths at doses of 20 times the human dose or greater. There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

Nursing Mothers. Diltiazem is excreted in human milk. One report suggests that concentrations in breast milk may approximate serum levels. If use of CARDIZEM is deemed essential, an alternative method of infant feeding should be instituted.

Pediatric Use. Safety and effectiveness in children have not been established.

ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded from these studies.

In domestic placebo-controlled angina trials, the incidence of adverse reactions reported during CARDIZEM therapy was not greater than that reported during placebo therapy.

The adverse events described below represent events observed in clinical studies of hypertensive patients receiving either CARDIZEM Tablets or CARDIZEM SR Capsules as well as experiences observed in studies of angina and during marketing. The most common events in hypertension studies are shown in a table with rates in placebo patients shown for comparison. Less common events are listed by body system; these include any adverse reactions seen in angina studies that were not observed in hypertension studies. In all hypertensive patients taking CARDIZEM Tablets or CARDIZEM SR Capsules studied (over 900), the most common adverse events were edema (9%), headache (8%), dizziness (6%), asthenia (5%), sinus bradycardia (3%), flushing (3%), and first-degree AV block (3%). Only edema and perhaps bradycardia and dizziness were dose related.

Double Blind Placebo-Controlled Hypertension Trials

Adverse	Diltiazem N = 315 # pts (%)	Placebo N = 211 # pts (%)
Headache	38 (12%)	17 (8%)
AV Block First Degree	24 (7.6%)	4 (1.9%)
Dizziness	22 (7%)	6 (2.8%)
Edema	19 (6%)	2 (0.9%)
Bradycardia	19 (6%)	3 (1.4%)
ECG Abnormality	13 (4.1%)	3 (1.4%)
Asthenia	10 (3.2%)	1 (0.5%)
Constipation	5 (1.6%)	2 (0.9%)
Dyspepsia	4 (1.3%)	1 (0.5%)
Nausea	4 (1.3%)	2 (0.9%)
Palpitations	4 (1.3%)	2 (0.9%)
Polyuria	4 (1.3%)	2 (0.9%)
Somnolence	4 (1.3%)	---
Alk Phos Increase	3 (1%)	1 (0.5%)
Hypotension	3 (1%)	1 (0.5%)
Insomnia	3 (1%)	1 (0.5%)
Rash	3 (1%)	1 (0.5%)
AV Block Second Degree	2 (0.6%)	---

The following table presents the most common adverse reactions reported in placebo-controlled angina and hypertension trials in patients receiving CARDIZEM CD up to 360 mg with rates in placebo patients shown for comparison.

CARDIZEM CD Capsules Placebo-Controlled Angina and Hypertension Trials Combined

Adverse Reaction	CARDIZEM CD N = 607	Placebo N = 301
Headache	5.4%	5.0%
Dizziness	3.0%	3.0%
Bradycardia	3.3%	1.3%
AV Block First Degree	3.3%	0.0%
Edema	2.6%	1.3%
ECG Abnormality	1.6%	2.3%
Asthenia	1.8%	1.7%

In clinical trials of CARDIZEM CD Capsules, CARDIZEM Tablets, and CARDIZEM SR Capsules involving over 3200 patients, the most common events (ie, greater than 1%) were edema (4.6%), headache (4.6%), dizziness (3.5%), asthenia (2.6%), first-degree AV block (2.4%), bradycardia (1.7%), flushing (1.4%), nausea (1.4%), and rash (1.2%).

In addition, the following events were reported infrequently (less than 1%) in angina or hypertension trials: **Cardiovascular:** Angina, arrhythmia, AV block (second- or third-degree), bundle branch block, congestive heart failure, ECG abnormalities, hypotension, palpitations, syncope, tachycardia, ventricular extrasystoles.

Nervous System: Abnormal dreams, amnesia, depression, gait abnormality, hallucinations, insomnia, nervousness, paresthesia, personality change, somnolence, tinnitus, tremor. **Gastrointestinal:** Anorexia, constipation, diarrhea, dry mouth, dyspepsia, dyspepsia, mild elevations of SGOT, SGPT, LDH, and alkaline phosphatase (see hepatic warnings), thirst, vomiting, weight increase. **Dermatological:** Patches, photosensitivity, pruritus, urticaria.

Other: Amblyopia, CPK increase, dyspepsia, epistaxis, eye irritation, hyperglycemia, hyperuricemia, impotence, muscle cramps, nasal congestion, nocturia, osteoarthritis, pain, polyuria, sexual difficulties. The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: alopecia, erythema multiforme, exfoliative dermatitis, extrapyramidal symptoms, gingival hyperplasia, hemolytic anemia, increased bleeding time, leukopenia, purpura, retinopathy, and thrombocytopenia. In addition, events such as myocardial infarction have been observed which are not readily distinguishable from the natural history of the disease in these patients. A number of well-documented cases of generalized rash, characterized as leukocytoclastic vasculitis, have been reported. However, a definitive cause and effect relationship between these events and CARDIZEM therapy is yet to be established.

CARDIZEM® CD Prescribing Information as of October 1992 (2) CARDIZEM® Prescribing Information as of January 1991

CARDIZEM® SR Prescribing Information as of January 1991 Marion Merrell Dow Inc. Kansas City, Missouri 64114

References: 1. Data on file, Marion Merrell Dow Inc. 2. Massie BM, Der E, Herman TS, Topolski P, Park GD, Stewart WH. *Clin Cardiol*. 1992;15:365-368. 3. Cardizem CD prescribing information. 4. *Red Book Update*. 1992; 11(10):7.

Available as
Once-A-Day

120-mg capsules

180-mg capsules

240-mg capsules

300-mg capsules

Rx
Cardizem CD
Start with one
180-mg
capsule daily



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Brief Summary:

Contraindications: Patients who have had allergic reactions to NAPROSYN, ANAPROX or ANAPROX DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients with a history of such reactions, question patients for asthma, nasal polyps, urticaria, and hypotension associated with NSAIDs before starting therapy. If such symptoms occur, discontinue the drug. **Warnings:** Serious GI toxicity such as bleeding, ulceration, and perforation can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding in such patients even in the absence of previous GI tract symptoms. In clinical trials, symptomatic upper GI ulcers, gross bleeding or perforation appear to occur in approximately 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. Inform patients about the signs and/or symptoms of serious GI toxicity and what steps to take if they occur. Studies have not identified any subset of patients not at risk of developing peptic ulceration and bleeding. Except for a prior history of serious GI events and other risk factors known to be associated with peptic ulcer disease, such as alcoholism, smoking, etc., no risk factors (e.g., age, sex) have been associated with increased risk. Elderly or debilitated patients seem to tolerate ulceration or bleeding less well than others and most spontaneous reports of fatal GI events are in this population. In considering the use of relatively large doses (within the recommended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity. **Precautions:** DO NOT GIVE NAPROSYN[®] (NAPROXEN) CONCOMITANTLY WITH ANAPROX[®] (NAPROXEN SODIUM) OR ANAPROX[®] DS (NAPROXEN SODIUM) SINCE THEY BOTH CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hematuria, proteinuria, and nephrotic syndrome has been reported. Patients with impaired renal function, heart failure, liver dysfunction, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug. Use with caution and monitor serum creatinine and/or creatinine clearance in patients with significantly impaired renal function. Use caution in patients with baseline creatinine clearance less than 20 mL/minute. Use the lowest effective dose in the elderly or in patients with chronic alcoholic liver disease or cirrhosis. With NSAIDs, borderline elevations of liver tests may occur in up to 15% of patients. They may progress, remain unchanged, or be transient with continued therapy. Elevations of SGPT or SGOT occurred in controlled clinical trials in less than 1% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. If liver disease develops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue therapy. If steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms. Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Peripheral edema has been reported. Therefore, use with caution in patients with fluid retention, hypertension or heart failure. The drug's antipyretic and anti-inflammatory activities may reduce fever and inflammation, diminishing their diagnostic value. Conduct ophthalmic studies if any change or disturbance in vision occurs. For patients with restricted sodium intake, note that the suspension contains 8 mg/mL of sodium. **Information for Patients:** Side effects of NSAIDs can cause discomfort and, rarely, there are more serious side effects, such as GI bleeding, which may result in hospitalization and even fatal outcomes. Physicians may wish to discuss with patients the potential risks and likely benefits of NSAID treatment, particularly when they are used for less serious conditions where treatment without NSAIDs may be an acceptable alternative. Patients should use caution for activities requiring alertness if they experience drowsiness, dizziness, vertigo or depression during therapy. **Laboratory Tests:** Because serious GI tract ulceration and bleeding can occur without warning symptoms, follow chronically treated patients for signs and symptoms of these and inform them of the importance of this follow-up. **Drug Interactions:** Use caution when giving concomitantly with coumarin-type anticoagulants; a hydantoin; sulfonamide or sulfonylurea; furosemide; lithium; beta-blockers; probenecid; or methotrexate. **Drug/Laboratory Test Interactions:** The drug may decrease platelet aggregation and prolong bleeding time or increase urinary values for 17-ketogenic steroids. Temporarily stop therapy for 72 hours before doing adrenal function tests. The drug may interfere with urinary assays of 5HIAA. **Carcinogenesis:** A 2-year rat study showed no evidence of carcinogenicity. **Pregnancy:** Category B. Do not use during pregnancy unless clearly needed. Avoid use during late pregnancy. **Nursing Mothers:** Avoid use in nursing mothers. **Pediatric Use:** Single doses of 2.5-5 mg/kg, with total daily dose not exceeding 15 mg/kg/day, are safe in children over 2 years of age. **Adverse Reactions:** In a study, GI reactions were more frequent and severe in rheumatoid arthritis patients on 1,500 mg/day than in those on 750 mg/day. In studies in children with juvenile arthritis, rash and prolonged bleeding times were more frequent. GI and CNS reactions about the same, and other reactions less frequent than in adults. Incidence Greater Than 1%. Probable Causal Relationship: GI: The most frequent complaints related to the GI tract: constipation, heartburn, abdominal pain, nausea, dyspepsia, diarrhea, stomatitis. CNS: headache, dizziness, drowsiness, light-headedness, vertigo. Dermatologic: itching (pruritus), skin eruptions, ecchymoses, sweating, purpura. Special Senses: tinnitus, hearing disturbances, visual disturbances. Cardiovascular: edema, dyspnea, palpitations. General: thirst. Incidence Less Than 1%. Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, pain, melena, peptic ulceration with bleeding and/or perforation, vomiting. Renal: glomerular nephritis, hematuria, hyperkalemia, interstitial nephritis, nephrotic syndrome, renal disease, renal failure, renal papillary necrosis. Hematologic: agranulocytosis, eosinophilia, granulocytopenia, leukopenia, thrombocytopenia. CNS: depression, dream abnormalities, inability to concentrate, insomnia, malaise, myalgia and muscle weakness. Dermatologic: alopecia, photosensitive dermatitis, skin rashes. Special Senses: hearing impairment. Cardiovascular: congestive heart failure. Respiratory: eosinophilic pneumonitis. General: anaphylactoid reactions, menstrual disorders, pyrexia (chills and fever). Causal Relationship Unknown: Hematologic: aplastic anemia, hemolytic anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermatologic: epidermal necrolysis, erythema multiforme, photosensitivity reactions resembling porphyria cutanea tarda and epidermolysis bullosa, Stevens-Johnson syndrome, urticaria. GI: non-peptic GI ulceration, ulcerative stomatitis. Cardiovascular: vasculitis. General: angioneurotic edema, hyperglycemia, hypoglycemia. **Overdosage:** May have drowsiness, heartburn, indigestion, nausea, vomiting. A few patients have had seizures. Empty stomach and use usual supportive measures. In animals 0.5 g/kg of activated charcoal reduced plasma levels of naproxen. **Caution:** Federal law prohibits dispensing without prescription. See package insert for full Prescribing Information.

* Incidence of reported reaction 3%-9%
Where unmarked, incidence less than 3%.



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Shake Well Before Using

BRIEF SUMMARY

CONTRAINDICATIONS: Hypersensitivity to any of the ingredients of this preparation contraindicates its use.

WARNINGS: The replacement of a systemic corticosteroid with a topical corticoid can be accompanied by signs of adrenal insufficiency and, in addition, some patients may experience symptoms of withdrawal, e.g., joint and/or muscular pain, lassitude and depression. Patients previously treated for prolonged periods with systemic corticosteroids and transferred to topical corticoids should be carefully monitored for acute adrenal insufficiency in response to stress. In those patients who have asthma or other clinical conditions requiring long-term systemic corticosteroid treatment, too rapid a decrease in systemic corticosteroids may cause a severe exacerbation of their symptoms.

Children who are on immunosuppressant drugs are more susceptible to infections than healthy children. Chickenpox and measles, for example, can have a more serious or even fatal course in children on immunosuppressant doses of corticosteroids. In such children, or in adults who have not had these diseases, particular care should be taken to avoid exposure. If exposed, therapy with varicella zoster immune globulin (VZIG) or pooled intravenous immunoglobulin (IVIG), as appropriate, may be indicated. If chickenpox develops, treatment with antiviral agents may be considered.

The use of Nasacort Nasal Inhaler with alternate-day systemic prednisone could increase the likelihood of hypothalamic-pituitary-adrenal (HPA) suppression compared to a therapeutic dose of either one alone. Therefore, Nasacort Nasal Inhaler should be used with caution in patients already receiving alternate-day prednisone treatment for any disease.

PRECAUTIONS

General: In clinical studies with triamcinolone acetonide administered intranasally, the development of localized infections of the nose and pharynx with *Candida albicans* has rarely occurred. When such an infection develops it may require treatment with appropriate local therapy and discontinuance of treatment with Nasacort Nasal Inhaler.

Triamcinolone acetonide administered intranasally has been shown to be absorbed into the systemic circulation in humans. Patients with active rhinitis showed absorption similar to that found in normal volunteers. Nasacort at 440 mcg/day for 42 days did not measurably affect adrenal response to a six hour cosyntropin test. In the same study prednisone 10 mg/day significantly reduced adrenal response to ACTH over the same period (see CLINICAL TRIALS section).

Nasacort Nasal Inhaler should be used with caution, if at all, in patients with active or quiescent tuberculous infections of the respiratory tract or in patients with untreated fungal, bacterial, or systemic viral infections or ocular herpes simplex.

Because of the inhibitory effect of corticosteroids on wound healing in patients who have experienced recent nasal septal ulcers, nasal surgery or trauma, a corticosteroid should be used with caution until healing has occurred.

When used at excessive doses, systemic corticosteroid effects such as hypercorticism and adrenal suppression may appear. If such changes occur, Nasacort Nasal Inhaler should be discontinued slowly, consistent with accepted procedures for discontinuing oral steroid therapy.

Information for Patients: Patients being treated with Nasacort Nasal Inhaler should receive the following information and instructions.

Patients who are on immunosuppressant doses of corticosteroids should be warned to avoid exposure to chickenpox or measles and, if exposed, to obtain medical advice.

Patients should use Nasacort Nasal Inhaler at regular intervals since its effectiveness depends on its regular use. A decrease in symptoms may occur as soon as 12 hours after starting steroid therapy and generally can be expected to occur within a few days of initiating therapy in allergic rhinitis. The patient should take the medication as directed and should not exceed the prescribed dosage. The patient should contact the physician if symptoms do not improve after three weeks, or if the condition worsens. Nasal irritation and/or burning or stinging after use of the spray occur only rarely with this product. The patient should contact the physician if they occur.

For the proper use of this unit and to attain maximum improvement, the patient should read and follow the accompanying patient instructions carefully. Because the amount dispensed per puff may not be consistent, it is important to shake the canister well. Also, the canister should be discarded after 100 actuations.

Carcinogenesis, Mutagenesis: Animal studies of triamcinolone acetonide to test its carcinogenic potential are underway.

Impairment of Fertility: Male and female rats which were administered oral triamcinolone acetonide at doses as high as 15 mcg/kg/day (110 mcg/m²/day, as calculated on a surface area basis) exhibited no evidence of impaired fertility. The maximum human dose, for comparison, is 8.3 mcg/kg/day (240 mcg/m²/day). However, a few female rats which received maternally toxic doses of 8 or 15 mcg/kg/day (80 mcg/m²/day or 110 mcg/m²/day, respectively, as calculated on a surface area basis) exhibited dysclasia and prolonged delivery.

Developmental toxicity, which included increases in fetal resorptions and stillbirths and decreases in pup body weight and survival, also occurred at the maternally toxic doses (2.5 - 15.0 mcg/kg/day or 20 - 110 mcg/m²/day, as calculated on a surface area basis). Reproductive performance of female rats and effects on fetuses and offspring were comparable between groups that received placebo and non-toxic or marginally toxic doses (0.5 and 1.0 mcg/kg/day or 3.8 mcg/m²/day and 7.0 mcg/m²/day).

Pregnancy: Pregnancy Category C. Like other corticoids, triamcinolone acetonide has been shown to be teratogenic in rats and rabbits. Teratogenic effects, which occurred in both species at 0.02, 0.04 and 0.08 mg/kg/day (approximately 135, 270 and 540 mcg/m²/day in the rat and 320, 640 and 1280 mcg/m²/day in the rabbit, as calculated on a surface area basis), included a low incidence of cleft palate and/or internal hydrocephaly and axial skeletal defects. Teratogenic effects, including CNS and cranial malformations, have also been observed in non-human primates at 0.5 mg/kg/day (approximately 6.7 mg/m²/day). The doses of 0.02, 0.04, 0.08, and 0.5 mg/kg/day used in these toxicology studies are approximately 12.8, 25.5, 51, and 318.7 times the minimum recommended dose of 110 mcg of Nasacort per day and 3.2, 6.4, 12.7, and 80 times the maximum recommended dose of 440 mcg of Nasacort per day based on a patient body weight of 70 kg. Administration of aerosol by inhalation to pregnant rats and rabbits produced embryotoxic and fetotoxic effects which were comparable to those produced by administration by other routes. There are no adequate and well-controlled studies in pregnant women. Triamcinolone acetonide should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Experience with oral corticoids since their introduction in pharmacologic as opposed to physiologic doses suggests that rodents are more prone to teratogenic effects from corticoids than humans. In addition, because there is a natural increase in glucocorticoid production during pregnancy, most women will require a lower exogenous steroid dose and many will not need corticoid treatment during pregnancy.

Nonteratogenic Effects: Hypoadrenalism may occur in infants born of mothers receiving corticosteroids during pregnancy. Such infants should be carefully observed.

Nursing Mothers: It is not known whether triamcinolone acetonide is excreted in human milk. Because other corticosteroids are excreted in human milk, caution should be exercised when Nasacort Nasal Inhaler is administered to nursing women.

Pediatric Use: Safety and effectiveness have not been established in children below the age of 12. Oral corticoids have been shown to cause growth suppression in children and teenagers, particularly with higher doses over extended periods. If a child or teenager on any corticoid appears to have growth suppression, the possibility that they are particularly sensitive to this effect of steroids should be considered.

ADVERSE REACTIONS: In controlled and uncontrolled studies, 1257 patients received treatment with intranasal triamcinolone acetonide. Adverse reactions are based on the 567 patients who received a product similar to the marketed Nasacort canister. These patients were treated for an average of 48 days (range 1 to 117 days). The 145 patients enrolled in uncontrolled studies received treatment from 1 to 820 days (average 332 days).

The most prevalent adverse experience was headache, being reported by approximately 18% of the patients who received Nasacort. Nasal irritation was reported by 2.8% of the patients receiving Nasacort. Other nasopharyngeal side effects were reported by fewer than 5% of the patients who received Nasacort and included: dry mucous membranes, naso-sinus congestion, throat discomfort, sneezing, and epistaxis. The complaints do not usually interfere with treatment and in the controlled and uncontrolled studies approximately 1% of patients have discontinued because of these nasal adverse effects.

In the event of accidental overdose, an increased potential for these adverse experiences may be expected, but systemic adverse experiences are unlikely (see OVERDOSAGE section).

OVERDOSAGE: Acute overdosage with this dosage form is unlikely. The acute topical application of the entire 15 mg of the canister would most likely cause nasal irritation and headache. It would be unlikely to see acute systemic adverse effects if the nasal application of the 15 mg of triamcinolone acetonide was administered all at once.

Caution: Federal (U.S.A.) law prohibits dispensing without prescription.

Please see product circular for full prescribing information.

REFERENCES: 1. Winder J, Barker J, Bell T, et al: Intranasal triamcinolone acetonide aerosol versus beclomethasone dipropionate aqueous spray in perennial allergic rhinitis. *Medical Interface* 1992;5(6, suppl):16. 2. Data on file, Rhône-Poulenc Rorer Pharmaceuticals Inc. 3. Findlay S, Huber F, Garcia J, et al: Efficacy of once-a-day intranasal administration of triamcinolone acetonide in patients with seasonal allergic rhinitis. *Ann Allergy* 1992;68(3):228-232. 4. Storms W, Bronsky E, Findlay S, et al: Once daily triamcinolone acetonide nasal spray is effective for the treatment of perennial allergic rhinitis. *Ann Allergy* 1991;66(4):329-334. 5. Feiss G, Morris R, Rom D, et al: A comparative study of the effects of intranasal triamcinolone acetonide aerosol (ITAA) and prednisone on adrenocortical function. *J Allergy Clin Immunol* 1992;89(6):1151-1156.

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The background of the advertisement is a vibrant, abstract composition of geometric shapes in shades of purple, magenta, and orange. A large, bright orange diagonal beam of light cuts across the center. Various microscopic organisms, including spherical bacteria and elongated, flagellated bacteria, are depicted floating in the space. Several translucent, pill-shaped capsules are also shown, some appearing to be part of a chain or trail.

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**Millions of patients treated successfully
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*FLOXIN is indicated for the treatment of the following mild to moderate infections: community-acquired pneumonia and acute exacerbations of chronic bronchitis due to *Haemophilus influenzae* or *Streptococcus pneumoniae*; uncomplicated skin and skin structure infections due to *Staphylococcus aureus*, *Streptococcus pyogenes*, or *Proteus mirabilis*; uncomplicated cystitis due to *Citrobacter diversus*, *Enterobacter aerogenes*, *Escherichia coli*, *Klebsiella pneumoniae*, *Proteus mirabilis*, or *Pseudomonas aeruginosa*; complicated urinary tract infections due to *Escherichia coli*, *Klebsiella pneumoniae*, *Proteus mirabilis*, *Citrobacter diversus*, or *Pseudomonas aeruginosa*; prostatitis due to *Escherichia coli*; acute uncomplicated urethral and cervical gonorrhea due to *Neisseria gonorrhoeae*; nongonococcal urethritis and cervicitis due to *Chlamydia trachomatis*; and mixed infections of the urethra and cervix due to *Chlamydia trachomatis* and *Neisseria gonorrhoeae*.

The safety and efficacy of FLOXIN in children, adolescents (under 18), pregnant women, and lactating women have not been established. FLOXIN is contraindicated in persons with a history of hypersensitivity to FLOXIN or the quinolone group of antibacterial agents. Serious and occasionally fatal hypersensitivity (anaphylactic) reactions, often following the first dose, have been reported in patients receiving therapy with quinolones, including ofloxacin. The drug should be discontinued immediately at the first appearance of skin rash or any other sign of hypersensitivity. For information on Warnings, Precautions, and additional Adverse Reactions that may occur, regardless of drug relationship, please see full Prescribing Information.

Please see brief summary of Prescribing Information on last page of this advertisement.

ORTHO PHARMACEUTICAL
CORPORATION
Raritan, New Jersey 08869-0602



MCNEIL
PHARMACEUTICAL
SPRING HOUSE, PA 19477-0776

FLOXIN[®] TABLETS

(ofloxacin tablets)

BRIEF SUMMARY. CONSULT PACKAGE INSERT FOR FULL PRESCRIBING INFORMATION.

CONTRAINDICATIONS

Ofloxacin is contraindicated in persons with a history of hypersensitivity to ofloxacin or members of the quinolone group of antimicrobial agents.

WARNINGS

THE SAFETY AND EFFICACY OF OFLOXACIN IN CHILDREN, ADOLESCENTS (UNDER THE AGE OF 18 YEARS), PREGNANT WOMEN, AND LACTATING WOMEN HAVE NOT BEEN ESTABLISHED. (SEE PRECAUTIONS: GENERAL AND PRECAUTIONS: PREGNANT WOMEN AND LACTATING WOMEN.)

In the immature rat, the oral administration of ofloxacin at 5 to 16 times the recommended maximum human dose based on mg/kg or 1 to 13 times based on mg/m² increased the incidence and severity of osteochondritis. The lesions did not regress after 13 weeks of drug withdrawal. Other quinolones also produce similar erosions in the weight-bearing joints and other signs of arthropathy in immature animals of various species. (See **ANIMAL PHARMACOLOGY** in full prescribing information.)

Ofloxacin has not been shown to be effective in the treatment of syphilis. Antimicrobial agents used in high doses for short periods of time to treat gonorrhea may mask or delay the symptoms of incubating syphilis. All patients with gonorrhea should have a serologic test for syphilis at the time of diagnosis. Patients treated with ofloxacin should have a follow-up serologic test for syphilis after three months.

Serious and occasionally fatal hypersensitivity (anaphylactic/anaphylactoid) reactions have been reported in patients receiving therapy with quinolones, including ofloxacin. These reactions often occur following the first dose. Some reactions were accompanied by cardiovascular collapse, hypotension/shock, seizure, loss of consciousness, tingling, angioedema (including tongue, laryngeal, throat or facial edema/swelling, etc.), airway obstruction (including bronchospasm, shortness of breath and acute respiratory distress), dyspnea, urticaria, hives, itching, and other serious skin reactions. A few patients had a history of hypersensitivity reactions. The drug should be discontinued immediately at the first appearance of a skin rash or any other sign of hypersensitivity. Serious acute hypersensitivity reactions may require treatment with epinephrine and other resuscitative measures, including oxygen, intravenous fluids, antihistamines, corticosteroids, pressor amines, and airway management, as clinically indicated. (See **PRECAUTIONS: GENERAL AND ADVERSE REACTIONS**.)

Serious and sometimes fatal events of uncertain etiology have been reported in patients receiving therapy with quinolones including, extremely rarely, ofloxacin. These events may be severe and generally occur following the administration of multiple doses. Clinical manifestations may include one or more of the following: fever, rash or severe dermatologic reactions (e.g., toxic epidermal necrolysis, Stevens-Johnson Syndrome, etc.), vasculitis, arthralgia, myalgia, serum sickness; allergic pneumonitis; interstitial nephritis; acute renal insufficiency/failure; hepatitis, jaundice, acute hepatic necrosis/failure; anemia including hemolytic and aplastic; thrombocytopenia, including thrombotic thrombocytopenic purpura, leukopenia, agranulocytosis, pancytopenia, and/or other hematologic abnormalities. The drug should be discontinued immediately at the first appearance of a skin rash or any other sign of hypersensitivity and supportive measures instituted. (See **PRECAUTIONS: Information for Patients and ADVERSE REACTIONS**.)

Convulsions, increased intracranial pressure, and toxic psychosis have been reported in patients receiving quinolones, including ofloxacin. Quinolones may also cause central nervous system stimulation which may lead to tremors, restlessness, nervousness/anxiety, light-headedness, confusion, hallucinations, paranoia and depression, nightmares, insomnia, and rarely suicidal thoughts or acts. These reactions may occur following the first dose. If these reactions occur in patients receiving ofloxacin, the drug should be discontinued and appropriate measures instituted. As with all quinolones, ofloxacin should be used with caution in patients with a known or suspected CNS disorder that may predispose to seizures or lower the seizure threshold (e.g., severe cerebral arteriosclerosis, epilepsy, etc.) or in the presence of other risk factors that may predispose to seizures or lower the seizure threshold (e.g., certain drug therapy, renal dysfunction, etc.). (See **PRECAUTIONS: GENERAL, DRUG INTERACTIONS AND ADVERSE REACTIONS**.)

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including ofloxacin, and may range in severity from mild to life-threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of any antibacterial agent.

Treatment with antibacterial agents alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate a toxin produced by *Clostridium difficile* is one primary cause of "antibiotic-associated colitis."

After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated. Mild cases of pseudomembranous colitis usually respond to drug discontinuation alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against *C. difficile* colitis. (See **ADVERSE REACTIONS**.)

PRECAUTIONS

General:

Adequate hydration of patients receiving ofloxacin should be maintained to prevent the formation of a highly concentrated urine.

Administer ofloxacin with caution in the presence of renal or hepatic insufficiency/impairment. In patients with known or suspected renal or hepatic insufficiency/impairment, careful clinical observation and appropriate laboratory studies should be performed prior to and during therapy since elimination of ofloxacin may be reduced. In patients with impaired renal function (creatinine clearance < 50 mL/min), alteration of the dosage regimen is necessary. (See **CLINICAL PHARMACOLOGY AND DOSAGE AND ADMINISTRATION** in full prescribing information.)

Moderate to severe phototoxic reactions have been observed in patients exposed to direct sunlight while receiving some drugs in this class, including ofloxacin. Excessive sunlight should be avoided. Therapy should be discontinued if phototoxicity (e.g., a skin eruption, etc.) occurs.

As with all quinolones, ofloxacin should be used with caution in any patient with a known or suspected CNS disorder that may predispose to seizures or lower the seizure threshold (e.g., severe cerebral arteriosclerosis, epilepsy, etc.) or in the presence of other risk factors that may predispose to seizures or lower the seizure threshold (e.g., certain drug therapy, renal dysfunction, etc.). (See **WARNINGS AND DRUG INTERACTIONS**.)

As with other quinolones, disturbances of blood glucose, including symptomatic hyper- and hypoglycemia, have been reported, usually in diabetic patients receiving concomitant treatment with an oral hypoglycemic agent (e.g., glyburide/glibenclamide, etc.) or with insulin. In these patients careful monitoring of blood glucose is recommended. If a hypoglycemic reaction occurs in a patient being treated with ofloxacin, discontinue ofloxacin immediately and consult a physician. (See **DRUG INTERACTIONS AND ADVERSE REACTIONS**.)

As with any potent drug, periodic assessment of organ system functions, including renal, hepatic, and hematopoietic, is advisable during prolonged therapy. (See **WARNINGS AND ADVERSE REACTIONS**.)

Information for Patients

Patients should be advised:

- to drink fluids liberally.
- that mineral supplements, vitamins with iron or minerals, calcium-, aluminum- or magnesium-based antacids or sucralfate should not be taken within the two-hour period before or within the two-hour period after taking ofloxacin. (See **DRUG INTERACTIONS**.)
- that ofloxacin should not be taken with food.
- that ofloxacin may cause neurologic adverse effects (e.g., dizziness, lightheadedness, etc.) and that patients should know how they react to ofloxacin before they operate an automobile or machinery or engage in activities requiring mental alertness and coordination. (See **WARNINGS AND ADVERSE REACTIONS**.)
- that ofloxacin may have hypersensitivity reactions, even following the first dose, to discontinue the drug at the first sign of a skin rash, hives or other skin reactions, a rapid heartbeat, difficulty in swallowing or breathing, any swelling suggesting angioedema (e.g., swelling of the lips, tongue, face, tightness of the throat, hoarseness, etc.), or any other symptom of an allergic reaction. (See **WARNINGS AND ADVERSE REACTIONS**.)
- to avoid excessive sunlight or artificial ultraviolet light while receiving ofloxacin and to discontinue therapy if phototoxicity (e.g., skin eruption, etc.) occurs.
- that if they are diabetic and are being treated with insulin or an oral hypoglycemic agent, to discontinue ofloxacin immediately if a hypoglycemic reaction occurs and consult a physician. (See **PRECAUTIONS: General and DRUG INTERACTIONS**.)

Drug Interactions

Antacids, Sucralfate, Metal Cations, Multi-Vitamins: Quinolones form chelates with alkaline earth and transition metal cations. Administration of quinolones with antacids containing calcium, magnesium, or aluminum, with sucralfate, with divalent or trivalent cations such as iron, or with multivitamins containing zinc may substantially interfere with the absorption of quinolones resulting in systemic levels considerably lower than desired. These agents should not be taken within the two-hour period before or within the two-hour period after ofloxacin administration. (See **DOSAGE AND ADMINISTRATION** in full prescribing information.)

Caffeine: Interactions between ofloxacin and caffeine have not been detected.

Cimetidine: Cimetidine has demonstrated interference with the elimination of some quinolones. This interference has resulted in significant increases in half-life of some quinolones. In a pharmacokinetic study involving 15 healthy male subjects, steady-state peak theophylline concentration increased by an average of approximately 9%, and the AUC increased by an average of approximately 13%, when oral ofloxacin and theophylline were administered concurrently. In clinical trials with intravenous ofloxacin, theophylline concentrations were determined in 41 patients who were treated with both drugs. In 38 patients, no apparent elevation in the serum theophylline was discernible. Marginal increases above the theophylline therapeutic range were reported in three patients; clinical toxicity was, however, not reported in these three patients. Generally, patients receiving theophylline in clinical trials of the intravenous formulation of ofloxacin reported nausea more frequently than those patients not receiving theophylline. As with some other quinolones, concomitant administration of ofloxacin may prolong the half-life of theophylline, elevate serum theophylline levels, and may increase the risk of theophylline-related adverse reactions. Theophylline levels should be closely monitored and theophylline dosage adjustments made, if appropriate, when ofloxacin is co-administered.

Non-steroidal anti-inflammatory drugs: The concomitant administration of a non-steroidal anti-inflammatory drug, with a quinolone, including ofloxacin, may increase the risk of CNS stimulation and convulsive seizures. (See **WARNINGS AND PRECAUTIONS: General**.)

Probenecid: The concomitant use of probenecid with certain other quinolones has been reported to affect renal tubular secretion. The effect of probenecid on the elimination of ofloxacin has not been studied.

Theophylline: Although concurrent administration of some quinolones with theophylline may result in impaired elimination of theophylline, the extent of such impairment varies among different quinolones. Steady-state theophylline levels may increase when ofloxacin and theophylline are administered concurrently. In a pharmacokinetic study involving 15 healthy male subjects, steady-state peak theophylline concentration increased by an average of approximately 9%, and the AUC increased by an average of approximately 13%, when oral ofloxacin and theophylline were administered concurrently. In clinical trials with intravenous ofloxacin, theophylline concentrations were determined in 41 patients who were treated with both drugs. In 38 patients, no apparent elevation in the serum theophylline was discernible. Marginal increases above the theophylline therapeutic range were reported in three patients; clinical toxicity was, however, not reported in these three patients. Generally, patients receiving theophylline in clinical trials of the intravenous formulation of ofloxacin reported nausea more frequently than those patients not receiving theophylline. As with some other quinolones, concomitant administration of ofloxacin may prolong the half-life of theophylline, elevate serum theophylline levels, and may increase the risk of theophylline-related adverse reactions. Theophylline levels should be closely monitored and theophylline dosage adjustments made, if appropriate, when ofloxacin is co-administered.

200 mg 300 mg 400 mg

Cracks tough cases in a wide range of infections*

Warfarin: Some quinolones have been reported to enhance the effects of the oral anticoagulant warfarin or its derivatives. Therefore, if a quinolone antimicrobial is administered concomitantly with warfarin or its derivatives, the prothrombin time or other suitable coagulation test should be closely monitored.

Antidiabetic Agents (e.g., insulin, glyburide/glibenclamide, etc.): Since disturbances of blood glucose, including hyperglycemia and hypoglycemia, have been reported in patients treated concurrently with quinolones and an antidiabetic agent, careful monitoring of blood glucose is recommended when these agents are used concomitantly. (See **PRECAUTIONS: General and Information for Patients**.)

Carcinogenesis, Mutagenesis, Impairment of Fertility:

Long-term studies to determine the carcinogenic potential of ofloxacin have not been conducted.

Ofloxacin was not mutagenic in the Ames bacterial test, in vitro and in vivo cytogenetic assay, sister chromatid exchange (Chinese Hamster and Human Cell Lines), unscheduled DNA Repair (UDS) using human fibroblasts, dominant lethal assays, or mouse micronucleus assay. Ofloxacin was positive in the UDS test using rat hepatocytes and Mouse Lymphoma Assay.

Pregnancy: Teratogenic Effects. Pregnancy Category C.

Ofloxacin has not been shown to have any teratogenic effects at oral doses as high as 810 mg/kg/day (11 times the recommended maximum human dose based on mg/m² or 50 times based on mg/kg) and 150 mg/kg/day (4 times the recommended maximum human dose based on mg/m² or 10 times based on mg/kg) when administered to pregnant rats and rabbits, respectively. Additional studies in rats with oral doses up to 380 mg/kg/day (5 times the recommended maximum human dose based on mg/m² or 23 times based on mg/kg) demonstrated no adverse effect on late fetal development, labor, delivery, lactation, neonatal viability, or growth of the newborn. Doses equivalent to 50 and 10 times the recommended maximum human dose of ofloxacin (based on mg/kg) were fetotoxic (i.e., decreased fetal body weight and increased fetal mortality) in rats and rabbits, respectively. Minor skeletal variations were reported in rats receiving doses of 810 mg/kg/day, which is more than 10 times higher than the recommended maximum human dose based on mg/m².

There are, however, no adequate and well-controlled studies in pregnant women. Ofloxacin should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. (See **WARNINGS**.)

Nursing Mothers:

In lactating females, a single oral 200-mg dose of ofloxacin resulted in concentrations of ofloxacin in milk that were similar to those found in plasma. Because of the potential for serious adverse reactions from ofloxacin in nursing infants, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. (See **WARNINGS AND ADVERSE REACTIONS**.)

Pediatric Use:

Safety and effectiveness in children and adolescents below the age of 18 years have not been established. Ofloxacin causes arthropathy (arthrosis) and osteochondritis in juvenile animals of several species. (See **WARNINGS**.)

ADVERSE REACTIONS

The following is a compilation of the data for ofloxacin based on clinical experience with both the oral and intravenous formulations. The incidence of drug-related adverse reactions in patients during Phase 2 and 3 clinical trials was 11%.

Among patients receiving multiple-dose therapy, 4% discontinued ofloxacin due to adverse experiences. In clinical trials, the following events were considered likely to be drug-related in patients receiving multiple doses of ofloxacin:

nausea 3%, insomnia 3%, headache 1%, dizziness 1%, diarrhea 1%, vomiting 1%, rash 1%, pruritus 1%, external genital pruritus in women 1%, vaginitis 1%, dysgeusia 1%.

In clinical trials, the most frequently reported adverse events, regardless of relationship to drug, were:

nausea 10%, headache 9%, insomnia 7%, external genital pruritus in women 6%, dizziness 5%, vaginitis 5%, diarrhea 4%, vomiting 4%.

In clinical trials, the following events, regardless of relationship to drug occurred in 1 to 3% of patients:

Abdominal pain and cramps, chest pain, decreased appetite, dry mouth, dysgeusia, fatigue, flatulence, gastrointestinal distress, nervousness, pharyngitis, pruritus, fever, rash, sleep disorders, somnolence, trunk pain, vaginal discharge, visual disturbances, and constipation.

Additional events, occurring in clinical trials at a rate of less than 1%, regardless of relationship to drug, were:

Body as a whole: asthenia, chills, malaise, extremity pain, pain, epistaxis
Cardiovascular System: cardiac arrest, edema, hypertension, hypotension, palpitations, vasodilation
Gastrointestinal System: dyspepsia
Genital/Reproductive System: burning, irritation, pain and rash of the female genitalia; dysmenorrhea; menorrhagia; metrorrhagia

Musculoskeletal System: arthralgia, myalgia
Nervous System: seizures, anxiety, cognitive change, depression, dream abnormality, euphoria, hallucinations, paresthesia, syncope, vertigo, tremor, confusion

Nutritional/Metabolic: respiratory arrest, cough, rhinorrhea
Respiratory System: angioedema, diaphoresis, urticaria, vasculitis
Skin/Hypersensitivity: decreased hearing acuity, tinnitus, photophobia
Special Senses: dysuria, urinary frequency, urinary retention

Urinary System: urinary retention

The following laboratory abnormalities appeared in ≥ 1.0% of patients receiving multiple doses of ofloxacin. It is not known whether these abnormalities were caused by the drug or the underlying conditions being treated.

Hematopoietic: anemia, leukopenia, leukocytosis, neutropenia, neutrophilia, increased band forms, lymphocytopenia, eosinophilia, lymphocytosis, thrombocytopenia, thrombocytosis, elevated ESR

Hepatic: elevated alkaline phosphatase, AST (SGOT), ALT (SGPT)
Serum chemistry: hypoglycemia, hypoglycemia, elevated creatinine, elevated BUN
Urinary: glucosuria, proteinuria, alkaluria, hyposphosuria, hematuria, pyuria

Post-Marketing Adverse Events: Additional adverse events, regardless of relationship to drug, reported from worldwide marketing experience with quinolones, including ofloxacin:

Clinical: Cardiovascular System: cerebral thrombosis, pulmonary edema, tachycardia, hypotension/shock, syncope
Endocrine/Metabolic: hyper- or hypoglycemia, especially in diabetic patients on insulin or oral hypoglycemic agents (See **PRECAUTIONS: General and DRUG INTERACTIONS**)

Gastrointestinal System: hepatic dysfunction including: hepatic necrosis, jaundice (cholestatic or hepatocellular), hepatitis; intestinal perforation; pseudomembranous colitis; GI hemorrhage; hiccough; painful oral mucosa, pyrosis (See **WARNINGS**); vaginal candidiasis

Genital/Reproductive System: anemia, including hemolytic and aplastic; hemorrhage, pancytopenia, agranulocytosis, leukopenia, reversible bone marrow depression, thrombocytopenia, thrombotic thrombocytopenic purpura, petechiae, ecchymosis/bruising (See **WARNINGS**)

Hematopoietic: tendinitis/rupture; weakness
Nervous System: nightmares; suicidal thoughts or acts, disorientation, psychotic reactions, paranoia; phobia, agitation, restlessness, aggressiveness/hostility, manic reaction, emotional lability; peripheral neuropathy, ataxia, incoordination; possible exacerbation of: myasthenia gravis and extrapyramidal disorders; dysphasia, lightheadedness (See **WARNINGS AND PRECAUTIONS**)

Respiratory System: dyspnea, bronchospasm, allergic pneumonitis, stridor (See **WARNINGS**)
Skin/Hypersensitivity: anaphylactic (-toxic) reactions/shock; purpura, serum sickness, erythema multiforme/Stevens-Johnson syndrome, erythema nodosum, exfoliative dermatitis, hyperpigmentation, toxic epidermal necrolysis, conjunctivitis, photosensitivity, vesiculobullous eruption (See **WARNINGS AND PRECAUTIONS**)

Special Senses: diplopia, nystagmus, blurred vision, disturbances of taste, smell, hearing and equilibrium, usually reversible following discontinuation

Urinary System: anuria, polyuria, renal calculi, renal failure, interstitial nephritis, hematuria (See **WARNINGS AND PRECAUTIONS**)

Laboratory: prolongation of prothrombin time
Hematopoietic: azidosis, elevation of: serum triglycerides, serum cholesterol, serum potassium, liver function tests including: GGTP, LDH, bilirubin, albuminuria, candiduria

Urinary: In clinical trials using multiple-dose therapy, ophthalmologic abnormalities, including cataracts and multiple punctate lenticular opacities, have been noted in patients undergoing treatment with other quinolones. The relationship of the drugs to these events is not presently established.

CRYSTALLURIA AND CYLINDRURIA HAVE BEEN REPORTED WITH OTHER QUINOLONES.

Caution: Federal (U.S.A.) law prohibits dispensing without prescription.

FLOXIN[®] is a trademark of Ortho Pharmaceutical Corporation.

U.S. Patent No. 4,382,892

* Due to susceptible strains of indicated pathogens.

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ORTHOPHARMACEUTICAL CORPORATION

Raritan, NJ USA 08869

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April 1993

FREEDOM FROM PAIN!

**Extra strength pain relief
free of extra prescribing
restrictions.**

- Telephone prescribing in most states
- Up to five refills in 6 months
- No triplicate Rx required

**15 years of proven
clinical experience**

- Effective central and peripheral pain relief.
- Excellent patient acceptance—nausea, sedation and constipation have rarely been reported.¹
- Four to six hours of extra strength pain relief from a single dose.
- The heritage of VICODIN[®] — over one billion doses prescribed.²
- The 8th most frequently prescribed medication in America.²

vicodin ES 

(hydrocodone bitartrate 7.5mg [Warning: May be habit forming] and acetaminophen 750mg)

**Extra strength pain relief
you can phone in.**

¹ Data on file, Knoll Pharmaceutical Company

² Standard industry new prescription audit.

* (hydrocodone bitartrate 5mg [Warning: May be habit forming] and acetaminophen 500 mg)



Maintain control of your patient's pain therapy.



Rx

Specify

*Do not
substitute*

vicodin **ES**

(hydrocodone bitartrate 7.5mg (Warning: May be habit forming)
and acetaminophen 750mg)

It's your prescription – not a suggestion.

INDICATIONS AND USAGE: For the relief of moderate to moderately severe pain. **CONTRAINDICATIONS:** Hypersensitivity to acetaminophen or hydrocodone. **WARNINGS: Respiratory Depression:** At high doses or in sensitive patients, hydrocodone may produce dose-related respiratory depression. **Head Injury and Increased Intracranial Pressure:** The respiratory depressant effects of narcotics and their capacity to elevate cerebrospinal fluid pressure may be markedly exaggerated in the presence of head injury, other intracranial lesions or a preexisting increase in intracranial pressure. Furthermore, narcotics produce adverse reactions which may obscure the clinical course of patients with head injuries. **Acute Abdominal Conditions:** The administration of narcotics may obscure the diagnosis or clinical course of patients with acute abdominal conditions. **PRECAUTIONS: Special Risk Patients:** VICODIN/VICODIN ES Tablets should be used with caution in elderly or debilitated patients and those with severe impairment of hepatic or renal function, hypothyroidism, Addison's disease, prostatic hypertrophy or urethral stricture. **Cough Reflex:** Hydrocodone suppresses the cough reflex; as with all narcotics, caution should be exercised when VICODIN/VICODIN ES Tablets are used postoperatively and in patients with pulmonary disease. **Drug Interactions:** Patients receiving other narcotic analgesics, antipsychotics, anti-anxiety agents, or other CNS depressants (including alcohol) concomitantly with VICODIN/VICODIN ES Tablets may exhibit an additive CNS depression. The use of MAO inhibitors or tricyclic antidepressants with hydrocodone preparations may increase the effect of either the antidepressant or hydrocodone. The concurrent use of anticholinergics with hydrocodone may produce paralytic ileus. **Usage in Pregnancy: Teratogenic Effects:** Pregnancy Category C. Hydrocodone has been shown to be teratogenic in hamsters when given in doses 700 times the human dose. There are no adequate and well-controlled studies in pregnant women. VICODIN/VICODIN ES Tablets should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nonteratogenic effects:** Babies born to mothers who have been taking opioids regularly prior to delivery will be physically dependent. The withdrawal signs include irritability and excessive crying, tremors, hyperactive reflexes, increased respiratory rate, increased stools, sneezing, yawning, vomiting, and fever. **Labor and Delivery:** Administration of VICODIN/VICODIN ES Tablets to the mother shortly before delivery may result in some degree of respiratory depression in the newborn, especially if higher doses are used. **Nursing Mothers:** It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from VICODIN/VICODIN ES Tablets, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. **Pediatric Use:** Safety and effectiveness in children have not been established. **ADVERSE REACTIONS:** The most frequently observed adverse reactions include light-headedness, dizziness, sedation, nausea and vomiting. These effects seem to be more prominent in ambulatory than in nonambulatory patients and some of these adverse reactions may be alleviated if the patient lies down. Other adverse reactions include: **Central Nervous System:** Drowsiness, mental clouding, lethargy, impairment of mental and physical performance, anxiety, fear, dysphoria, psychic dependence and mood changes. **Gastrointestinal System:** The antiemetic phenothiazines are useful in suppressing the nausea and vomiting which may occur (see above); however, some phenothiazine derivatives seem to be antianalgesic and to increase the amount of narcotic required to produce pain relief, while other phenothiazines reduce the amount of narcotic required to produce a given level of analgesia. Prolonged administration of VICODIN/VICODIN ES Tablets may produce constipation. **Genitourinary System:** Ureteral spasm, spasm of vesical sphincters and urinary retention have been reported. **Respiratory Depression:** Hydrocodone bitartrate may produce dose-related respiratory depression by acting directly on the brain stem respiratory center. Hydrocodone also affects the center that controls respiratory rhythm, and may produce irregular and periodic breathing. If significant respiratory depression occurs, it may be antagonized by the use of naloxone hydrochloride. Apply other supportive measures when indicated. **DRUG ABUSE AND DEPENDENCE:** VICODIN/VICODIN ES Tablets are subject to the Federal Controlled Substance Act (Schedule III). Psychic dependence, physical dependence, and tolerance may develop upon repeated administration of narcotics, therefore, VICODIN/VICODIN ES Tablets should be prescribed and administered with caution. **OVERDOSAGE: Acetaminophen Signs and Symptoms:** In acute acetaminophen overdose, dose-dependent, potentially fatal hepatic necrosis is the most serious adverse effect. Renal tubular necrosis, hypoglycemic coma, and thrombocytopenia may also occur. Early symptoms following a potentially hepatotoxic overdose may include: nausea, vomiting, diaphoresis and general malaise. Clinical and laboratory evidence of hepatic toxicity may not be apparent until 48 to 72 hours post-ingestion. **Hydrocodone Signs and Symptoms:** Serious overdose with hydrocodone is characterized by respiratory depression (a decrease in respiratory rate and/or tidal volume, Cheyne-Stokes respiration, cyanosis), extreme somnolence progressing to stupor or coma, skeletal muscle flaccidity, cold and clammy skin, and sometimes bradycardia and hypotension. In severe overdose, apnea, circulatory collapse, cardiac arrest and death may occur.

Revised March 1992

5890

Knoll Pharmaceutical Company
30 North Jefferson Road
Whippany, New Jersey 07981

BASF Group



**BECAUSE APPROXIMATELY 60% OF
PATIENTS WITH PERSISTENT ANXIETY
MAY EXHIBIT DEPRESSIVE SYMPTOMS...¹**

BuSpar[®] 10mg

(buspirone HCl)

**Now indicated
for the relief of
persistent anxiety
with coexisting
depressive
symptoms.***

▲ Anxiolytic efficacy demonstrated in anxious patients with or without coexisting depressive symptoms.²

▲ Relief of anxiety symptoms begins within 1 week, progresses steadily through the fourth week of therapy.³

▲ Nonaddictive, no more sedation (10%) than seen with placebo (9%).^{4,5}

▲ The more commonly observed untoward events include dizziness (12%), nausea (8%), headache (6%), and nervousness (5%).

**Progressive
Relief of
Persistent
Anxiety.**

***BuSpar is not indicated for the relief of primary depressive disorder.**

Please see references and brief summary on adjacent page.

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BuSpar® (buspirone HCl)

References: 1. Data on file, Bristol-Myers Squibb Company. 2. Cohn JB, Bowden CL, Fisher JG, Rodos JJ. Double-blind comparison of buspirone and clonazepam in anxious outpatients with or without depressive symptoms. *Psychopharmacology*. 1992;25:10-21. 3. Feighner JP, Cohn JB. Analysis of individual symptoms in generalized anxiety—a pooled, multistudy, double-blind evaluation of buspirone. *Neuropsychopharmacology*. 1989;14:124-130. 4. Lader M. Assessing the potential for buspirone dependence or abuse and effects of its withdrawal. *Am J Med*. 1987;82(suppl 5A):20-26. 5. Newton RE, Manunycz JD, Alderdice MT, Napolitano MJ. Review of the side-effect profile of buspirone. *Am J Med*. 1986;80(suppl 3B):17-21.

Contraindications: Hypersensitivity to buspirone hydrochloride.

Warnings: The administration of BuSpar to a patient taking a monoamine oxidase inhibitor (MAOI) may pose a hazard. Since blood pressure has become elevated when BuSpar was administered concomitantly with an MAOI, such concomitant use is not recommended. BuSpar should not be employed in lieu of appropriate antipsychotic treatment.

Precautions: **General**—Interference with cognitive and motor performance: Although buspirone is less sedating than other anxiolytics and does not produce significant functional impairment, its CNS effects in a given patient may not be predictable; therefore, patients should be cautioned about operating an automobile or using complex machinery until they are reasonably certain that buspirone does not affect them adversely. Although buspirone has not been shown to increase alcohol-induced impairment in motor and mental performance, it is prudent to avoid concomitant use with alcohol.

Potential for withdrawal reactions in sedative/hypnotic/anxiolytic drug dependent patients: Because buspirone will not block the withdrawal syndrome often seen with cessation of therapy with benzodiazepines and other common sedative/hypnotic drugs, before starting buspirone withdraw patients gradually from their prior treatment, especially those who used a CNS depressant chronically. Rebound or withdrawal symptoms may occur over varying time periods, depending in part on the type of drug and its elimination half-life. The withdrawal syndrome can appear as any combination of irritability, anxiety, agitation, insomnia, tremor, abdominal cramps, muscle cramps, vomiting, sweating, flu-like symptoms without fever, and occasionally, even as seizures.

Possible concerns related to buspirone's binding to dopamine receptors: Because buspirone can bind to central dopamine receptors, a question has been raised about its potential to cause acute and chronic changes in dopamine mediated neurological function (eg, dystonia, pseudoparkinsonism, akathisia, and tardive dyskinesia). Clinical experience in controlled trials has failed to identify any significant neuroleptic-like activity; however, a syndrome of restlessness, appearing shortly after initiation of treatment, has been reported; the syndrome may be due to increased central noradrenergic activity or may be attributable to dopaminergic effects (ie, represent akathisia).

Information for Patients—Patients should be instructed to inform their physician about any medications, prescription or nonprescription, alcohol or drugs they are now taking or plan to take during treatment with buspirone; to inform their physician if they are pregnant, are planning to become pregnant, or become pregnant while taking buspirone; to inform their physician if they are breast feeding; and not to drive a car or operate potentially dangerous machinery until they experience how this medication affects them.

Drug Interactions—Concomitant use with other CNS active drugs should be approached with caution (see **Warnings**). Concomitant use with trazodone may have caused 3- to 6-fold elevations of SGPT (ALT) in a few patients. Concomitant administration of BuSpar and haloperidol resulted in increased serum haloperidol concentrations in normal volunteers. The clinical significance is not clear. Buspirone does not displace tightly bound drugs like phenytoin, propranolol, and warfarin from serum proteins, but may displace less firmly bound drugs like digoxin. However, there was one report of prolonged prothrombin time when buspirone was given to a patient also treated with warfarin, phenytoin, phenobarbital, digoxin, and Synthroid.

Carcinogenesis, Mutagenesis, Impairment of Fertility—No evidence of carcinogenic potential was observed in rats or mice; buspirone did not induce point mutations, nor was DNA damage observed; chromosomal aberrations or abnormalities did not occur.

Pregnancy: Teratogenic Effects—Pregnancy Category B. Should be used during pregnancy only if clearly needed.

Nursing Mothers—Administration to nursing women should be avoided if clinically possible.

Pediatric Use—The safety and effectiveness have not been determined in individuals below 18 years of age.

Use in the Elderly—No unusual, adverse, age-related phenomena have been identified in elderly patients receiving a total, modal daily dose of 15 mg.

Use in Patients with Impaired Hepatic or Renal Function—Since buspirone is metabolized by the liver and excreted by the kidneys, it is not recommended in severe hepatic or renal impairment.

Adverse Reactions (See also Precautions): Commonly Observed—The more commonly observed untoward events, not seen at an equivalent incidence in placebo-treated patients, include dizziness, nausea, headache, nervousness, lightheadedness, and excitement.

Associated with Discontinuation of Treatment—The more common events causing discontinuation included: central nervous system disturbances (3.4%), primarily dizziness, insomnia, nervousness, drowsiness, lightheaded feeling; gastrointestinal disturbances (1.2%), primarily nausea; miscellaneous disturbances (1.1%), primarily headache and fatigue. In addition, 3.4% of patients had multiple complaints, none of which could be characterized as primary.

Incidence in Controlled Clinical Trials—Adverse events reported by 1% or more of 477 patients who received buspirone in four-week, controlled trials: Cardiovascular: Tachycardia/palpitations 1%. CNS: Dizziness 12%, drowsiness 10%, nervousness 5%, insomnia 3%, lightheadedness 3%, decreased concentration 2%, excitement 2%, anger/hostility 2%, confusion 2%, depression 2%. EENT: Blurred vision 2%. Gastrointestinal: Nausea 8%, dry mouth 3%, abdominal/gastric distress 2%, diarrhea 2%, constipation 1%, vomiting 1%. Musculoskeletal: Musculoskeletal aches/pains 1%. Neurological: Numbness 2%, paresthesia 1%, incoordination 1%, tremor 1%. Skin: Skin rash 1%. Miscellaneous: Headache 6%, fatigue 4%, weakness 2%, sweating/flushing 1%.

Other Events Observed During the Entire Premarketing Evaluation—The relative frequency of all other undesirable events reasonably associated with the use of buspirone in approximately 3000 subjects who took multiple doses of the drug under well-controlled, open, and uncontrolled conditions is defined as follows: Frequent are those occurring in at least 1/100 patients; infrequent are those occurring in 1/100 to 1/1000 patients; and rare are those occurring in less than 1/1000 patients. Cardiovascular—frequent: non-specific chest pain; infrequent: syncope, hypotension, hypertension; rare: cerebrovascular accident, congestive heart failure, myocardial infarction, cardiomyopathy, bradycardia. Central Nervous System—frequent: dream disturbances; infrequent: depersonalization, dysphoria, noise intolerance, euphoria, akathisia, fearfulness, loss of interest, dissociative reaction, hallucinations, suicidal ideation, seizures; rare: feelings of claustrophobia, cold intolerance, stupor, slurred speech, psychosis. EENT—frequent: tinnitus, sore throat, nasal congestion; infrequent: redness and itching of the eyes, altered taste, altered smell, conjunctivitis; rare: inner ear abnormality, eye pain, photophobia, pressure on eyes. Endocrine—rare: galactorrhea, thyroid abnormality. Gastrointestinal—infrequent: flatulence, anorexia, increased appetite, salivation, irritable colon, rectal bleeding; rare: burning of the tongue. Genitourinary—infrequent: urinary frequency, urinary hesitancy, menstrual irregularity and spotting, dysuria; rare: amenorrhea, pelvic inflammatory disease, enuresis, nocturia. Musculoskeletal—infrequent: muscle cramps, muscle spasms, rigid/stiff muscles, arthralgia. Neurological—infrequent: involuntary movements, slowed reaction time; rare: muscle weakness. Respiratory—infrequent: hyperventilation, shortness of breath, chest congestion; rare: epistaxis. Sexual Function—infrequent: decreased or increased libido; rare: delayed ejaculation, impotence. Skin—infrequent: edema, pruritus, flushing, easy bruising, hair loss, dry skin, facial edema, blisters; rare: acne, thinning of nails. Clinical Laboratory—infrequent: increases in hepatic aminotransferases (SGOT, SGPT); rare: eosinophilia, leukopenia, thrombocytopenia. Miscellaneous—infrequent: weight gain, fever, roaring sensation in the head, weight loss, malaise; rare: alcohol abuse, bleeding disturbance, loss of voice, hiccoughs.

Postintroduction Clinical Experience—Rare occurrences of allergic reactions, cogwheel rigidity, dystonic reactions, ecchymosis, emotional lability, tunnel vision, and urinary retention have been reported. Because of the uncontrolled nature of these spontaneous reports, a causal relationship to BuSpar has not been determined.

Drug Abuse and Dependence: Controlled Substance Class—Not a controlled substance.

Physical and Psychological Dependence—Buspirone has shown no potential for abuse or diversion and there is no evidence that it causes tolerance, or either physical or psychological dependence. However, since it is difficult to predict from experiments the extent to which a CNS-active drug will be misused, diverted, and/or abused once marketed, physicians should carefully evaluate patients for a history of drug abuse and follow such patients closely, observing them for signs of buspirone misuse or abuse (eg, development of tolerance, incrementation of dose, drug-seeking behavior).

Overdosage: Signs and Symptoms—At doses approaching 375 mg/day the following symptoms were observed: nausea, vomiting, dizziness, drowsiness, miosis, and gastric distress. No deaths have been reported in humans either with deliberate or accidental overdosage.

Recommended Overdosage Treatment—General symptomatic and supportive measures should be used along with immediate gastric lavage. No specific antidote is known and dialyzability of buspirone has not been determined.

For complete details, see Prescribing Information or consult your Mead Johnson Pharmaceuticals Representative.
U.S. Patent Nos. 3,717,634 and 4,182,763

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What do we really know about editorial peer review in scientific publication?

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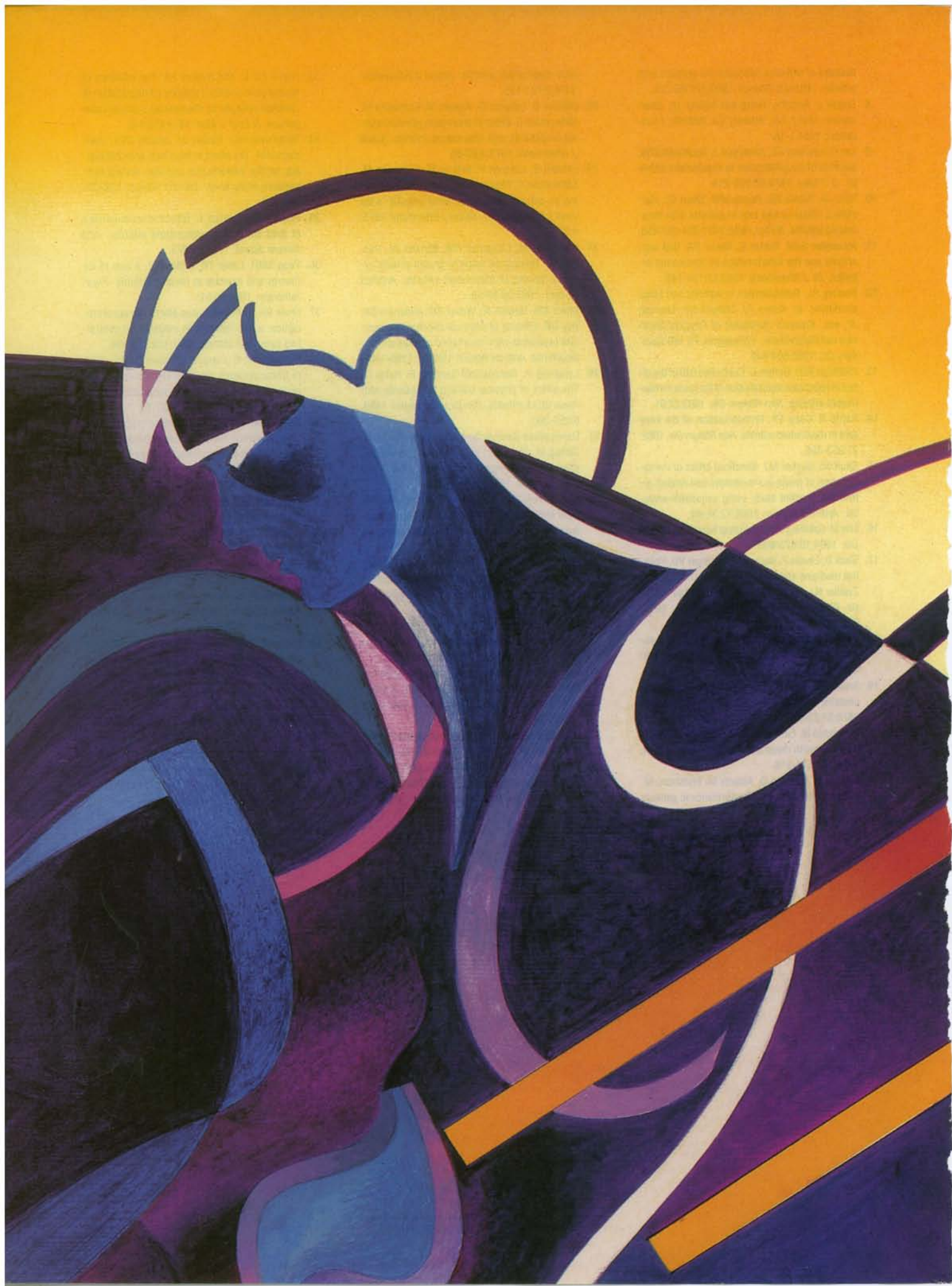
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- Dosage can be titrated up to 2000 mg/day

Please see brief summary of prescribing information on adjacent page.



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RELAFEN® brand of nabumetone

See complete prescribing information in SmithKline Beecham Pharmaceuticals literature or PDR. The following is a brief summary.

CLINICAL PHARMACOLOGY: *Relafen* is a nonsteroidal anti-inflammatory drug (NSAID) that exhibits anti-inflammatory, analgesic and antipyretic properties in pharmacologic studies. As with other nonsteroidal anti-inflammatory agents, its mode of action is not known. However, the ability to inhibit prostaglandin synthesis may be involved in the anti-inflammatory effect. The parent compound is a prodrug, which undergoes hepatic biotransformation to the active component, 6-methoxy-2-naphthylacetic acid (6MNA), a potent inhibitor of prostaglandin synthesis.

INDICATIONS AND USAGE: Acute and chronic treatment of signs and symptoms of osteoarthritis and rheumatoid arthritis.

CONTRAINDICATIONS: Patients (1) who have previously exhibited hypersensitivity to it; (2) in whom *Relafen*, aspirin or other NSAIDs induce asthma, urticaria or other allergic-type reactions.

WARNINGS: Remain alert for ulceration and bleeding in patients treated chronically, even in the absence of previous G.I. tract symptoms.

In controlled clinical trials involving 1,677 patients treated with *Relafen* (1,140 followed for one year and 927 for two years), the cumulative incidence of peptic ulcers was 0.3% (95% CI: 0%, 0.6%) at three to six months, 0.5% (95% CI: 0.1%, 0.9%) at one year and 0.8% (95% CI: 0.3%, 1.3%) at two years. Inform patients of the signs and symptoms of serious G.I. toxicity and what steps to take if they occur. In patients with active peptic ulcer, weigh the benefits of *Relafen* therapy against possible hazards, institute an appropriate ulcer treatment regimen and monitor the patients' progress carefully. In considering the use of relatively large doses (within the recommended dosage range), anticipate benefit sufficient to offset the potential increased risk of G.I. toxicity.

PRECAUTIONS: Because nabumetone undergoes extensive hepatic metabolism, no adjustment of *Relafen* dosage is generally necessary in patients with renal insufficiency. However, as with all NSAIDs, monitor patients with impaired renal function more closely than patients with normal renal function.

Evaluate patients with symptoms and/or signs suggesting liver dysfunction, or in whom an abnormal liver test has occurred, for evidence of the development of a more severe hepatic reaction while on *Relafen* therapy. If abnormal liver tests persist or worsen, if clinical signs and symptoms consistent with liver disease develop, or if systemic manifestations occur (e.g., eosinophilia, rash, etc.), discontinue *Relafen*. Use *Relafen* cautiously in patients with severe hepatic impairment.

As with other NSAIDs, use *Relafen* cautiously in patients with a history of congestive heart failure, hypertension or other conditions predisposing to fluid retention.

Based on UV light photosensitivity testing, *Relafen* may be associated with more reactions to sun exposure than might be expected based on skin tanning types. Physicians may wish to discuss with their patients the potential risks (see WARNINGS, PRECAUTIONS and ADVERSE REACTIONS) and likely benefits of NSAID treatment, particularly when the drugs are used for less serious conditions where treatment without NSAIDs may represent an acceptable alternative to both the patient and the physician.

Exercise caution when administering *Relafen* with warfarin since interactions have been seen with other NSAIDs. In two-year studies conducted in mice and rats, nabumetone had no statistically significant tumorigenic effect. Nabumetone did not show mutagenic potential in the Ames test and mouse micronucleus test *in vivo*. However, nabumetone- and 6MNA-treated lymphocytes in culture showed chromosomal aberrations at 80mcg/mL and higher concentrations (equal to the average human exposure to *Relafen* at the maximum recommended dose). Nabumetone did not impair fertility of male or female rats treated orally at doses of 320 mg/kg/day before mating. Pregnancy Category C: Nabumetone did not cause any teratogenic effect in rats given up to 400 mg/kg and in rabbits up to 300 mg/kg orally. However, increased post-implantation loss was observed in rats at 100 mg/kg orally and at higher doses (equal to the average human exposure to 6MNA at the maximum recommended human dose). There are no adequate, well-controlled studies in pregnant women. Use the drug during pregnancy only if clearly needed. Because of the known effect of prostaglandin-synthesis-inhibiting drugs on the human fetal cardiovascular system (closure of ductus arteriosus), use of *Relafen* during the third trimester of pregnancy is not recommended.

The effects of *Relafen* on labor and delivery in women are not known. As with other drugs known to inhibit prostaglandin synthesis, an increased incidence of dystocia and delayed parturition occurred in rats treated throughout pregnancy.

It is not known whether nabumetone or its metabolites are excreted in human milk; however, 6MNA is excreted in the milk of lactating rats. Because of the possible adverse effects of prostaglandin-synthesis-inhibiting drugs on neonates, *Relafen* is not recommended for use in nursing mothers.

Safety and efficacy in children have not been established.

Of the 1,677 patients in U.S. clinical studies who were treated with *Relafen*, 411 patients (24%) were 65 years of age or older, 22 patients (1%) were 75 years of age or older. No overall differences in efficacy or safety were observed between these older patients and younger ones. Similar results were observed in a one-year, non-U.S. postmarketing surveillance study of 10,800 *Relafen* patients, of whom 4,577 patients (42%) were 65 years of age or older.

ADVERSE REACTIONS: Incidence $\geq 1\%$ —Probably Causally Related—Diarrhea (14%), dyspepsia (13%), abdominal pain (12%), constipation, flatulence, nausea, positive stool guaiac, dry mouth, gastritis, stomatitis, vomiting, dizziness, headache, fatigue, increased sweating, insomnia, nervousness, somnolence, pruritus, rash, tinnitus, edema.

*Incidence of reported reaction between 3% and 9%. Reactions occurring in 1% to 3% of the patients are unmarked.

Incidence $< 1\%$ —Probably Causally Related: Anorexia, cholestatic jaundice, duodenal ulcer, dysphagia, gastric ulcer, gastroenteritis, gastrointestinal bleeding, increased appetite, liver function abnormalities, melena, asthma, agitation, anxiety, confusion, depression, malaise, paresthesia, tremor, vertigo, bullous eruptions, photosensitivity, urticaria, pseudoporphyria cutanea tarda, vasculitis, weight gain, dyspnea, hypersensitivity pneumonitis, albuminuria, azotemia, interstitial nephritis, abnormal vision, anaphylactoid reaction, angioneurotic edema.

Incidence $< 1\%$ —Causal Relationship Unknown: Bilirubinuria, duodenitis, eructation, gallstones, gingivitis, glossitis, pancreatitis, rectal bleeding, nightmares, acne, alopecia, erythema multiforme, Stevens-Johnson Syndrome, angina, arrhythmia, hypertension, myocardial infarction, palpitations, syncope, thrombophlebitis, asthma, cough, dysuria, hematuria, impotence, renal stones, taste disorder, fever, chills, anemia, leukopenia, granulocytopenia, thrombocytopenia, hyperglycemia, hypokalemia, weight loss.

†Adverse reactions reported only in worldwide postmarketing experience or in the literature are italicized.

OVERDOSEAGE: If acute overdose occurs, empty the stomach by vomiting or lavage and institute general supportive measures as necessary. Activated charcoal, up to 60 grams, may effectively reduce nabumetone absorption. Coadministration of nabumetone with charcoal to man has resulted in an 80% decrease in maximum plasma concentrations of the active metabolite. One overdose occurred in a 72-year-old female patient who had a history of abdominal pain and was hospitalized for increased abdominal pain following ingestion of 30 *Relafen* tablets (15 grams total). Stools were negative for occult blood and there was no fall in serum hemoglobin concentration. The patient had no other symptoms. She was given an H₂-receptor antagonist and discharged from the hospital without sequelae.

DOSEAGE AND ADMINISTRATION: Recommended starting dose: 1000 mg taken as a single dose with or without food. Some patients may obtain more symptomatic relief from 1500 mg to 2000 mg daily. Dosages over 2000 mg daily have not been studied. Use the lowest effective dose for chronic treatment.

HOW SUPPLIED: Tablets: Oval-shaped, film-coated: 500 mg—white, imprinted with the product name RELAFEN and 500, in bottles of 100 and 500, and in Single Unit Packages of 100 (intended for institutional use only); 750 mg—beige, imprinted with the product name RELAFEN and 750, in bottles of 100 and 500, and in Single Unit Packages of 100 (intended for institutional use only).

Store at controlled room temperature (59° to 86°F) in well-closed container; dispense in light-resistant container.

500 mg 100's: NDC 0029-4851-20
500 mg 500's: NDC 0029-4851-25
500 mg SUP 100's: NDC 0029-4851-21

750 mg 100's: NDC 0029-4852-20
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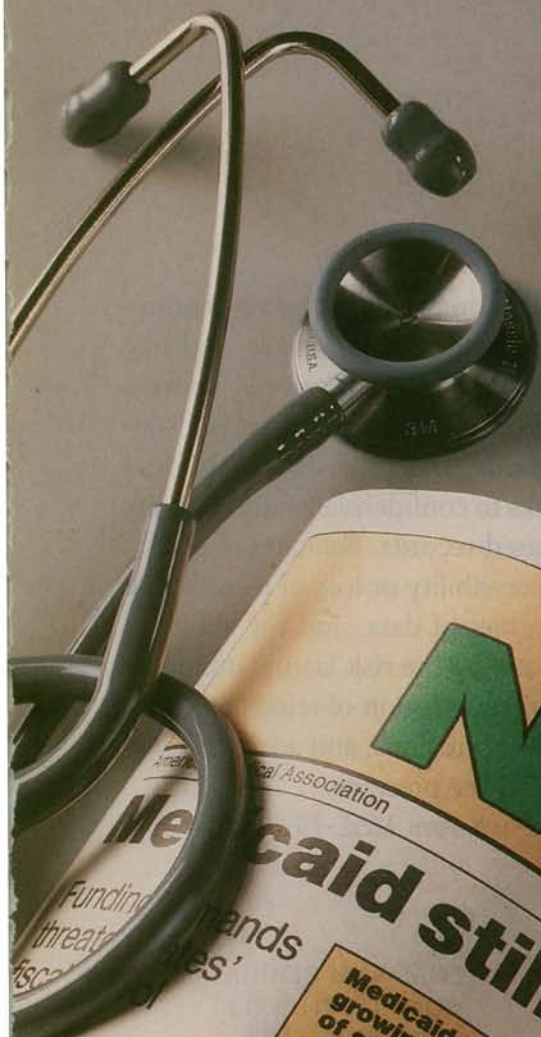
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Medicaid still busting budgets

Medicaid claiming growing chunk of state spending

Comparison	Percent increase
FY '91 actual spending vs. FY '90 actual spending	23%
FY '91 actual spending vs. FY '91 appropriations	7%
FY '92 appropriations vs. FY '91 actual spending	12%

Source: NCSL staff compilation, August 1991.

Health issues on state legislative agendas, Page 6

Governors seek more federal funds while awaiting system reform

By Diane S. Lund
AMN CORRESPONDENT
SEATTLE — The nation's governors want to see the federal health care system reformed, but they want to run the system as they see fit. At the same time, they want to see the federal government take the lead in reforming the system. The governors' position is clear at last month's National Governors' Assn. meeting in Seattle. The governors are concerned about the flow of federal funds to the states. They want to see the federal government take the lead in reforming the system. The governors' position is clear at last month's National Governors' Assn. meeting in Seattle. The governors are concerned about the flow of federal funds to the states. They want to see the federal government take the lead in reforming the system.

old system. It's a joke. We need to produce health care, not statistics. What worries me is that the federal government won't welcome us with open arms. "There is consensus by the American people to do something dramatic. The only lack of consensus is among elected officials, and I think they're afraid. I'm not sure what they're afraid of." The governors did not call for establishment of a national health care system, but rather agreed that state and local programs should be able to develop individual needs. That goal is a Bush A

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* Good clinical judgment suggests that patients who are dependent on sympathetic stimulation for adequate cardiac output and BP are not good candidates for beta blockade. In addition to patients excluded from the ISIS-1 study, those with borderline BP (ie, systolic < 120, especially if over age 60) are less likely to benefit.

References: 1. ISIS-1 (First International Study of Infarct Survival) Collaborative Group. Randomised trial of intravenous atenolol among 16 027 cases of suspected acute myocardial infarction: ISIS-1. *Lancet*. 1986;2:57-66. 2. Glanville DB, Lange RA, Hillis LD. Beneficial effect of long-term beta blockade after acute myocardial infarction in patients without anterograde flow in the infarct artery. *Am J Cardiol*. 1991;68:150-154.

See adjacent page for brief summary of prescribing information.

TENORMIN (atenolol) 25, 50, 100 mg tablets

(FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE INSERT.)

INDICATIONS AND USAGE: Hypertension: TENORMIN is indicated in the management of hypertension. It may be used alone or concomitantly with other antihypertensive agents, particularly with a thiazide-type diuretic.

Angina Pectoris Due to Coronary Atherosclerosis: TENORMIN is indicated for the long-term management of patients with angina pectoris.

Acute Myocardial Infarction: TENORMIN is indicated in the management of hemodynamically stable patients with definite or suspected acute myocardial infarction to reduce cardiovascular mortality. Treatment can be initiated as soon as the patient's clinical condition allows. (See DOSAGE AND ADMINISTRATION, CONTRAINDICATIONS, and WARNINGS.) In general, there is no basis for treating patients like those who were excluded from the ISIS-1 trial (blood pressure less than 100 mm Hg systolic, heart rate less than 50 bpm) or have other reasons to avoid beta blockade. As noted above, some subgroups (eg, elderly patients with systolic blood pressure below 120 mm Hg) seemed less likely to benefit.

CONTRAINDICATIONS: TENORMIN is contraindicated in sinus bradycardia, heart block greater than first degree, cardiogenic shock, and overt cardiac failure. (See WARNINGS.)

WARNINGS: **Cardiac Failure:** Sympathetic stimulation is necessary in supporting circulatory function in congestive heart failure, and beta blockade carries the potential hazard of further depressing myocardial contractility and precipitating more severe failure. In patients who have congestive heart failure controlled by digitalis and/or diuretics, TENORMIN should be administered cautiously. Both digitalis and atenolol slow AV conduction.

In patients with acute myocardial infarction, cardiac failure which is not promptly and effectively controlled by 80 mg of intravenous furosemide or equivalent therapy is a contraindication to beta-blocker treatment.

In Patients Without a History of Cardiac Failure: Continued depression of the myocardium with beta-blocking agents over a period of time can, in some cases, lead to cardiac failure. The first sign or symptom of impending cardiac failure, patients should be fully digitized and/or be given a diuretic and the response observed closely. If cardiac failure continues despite adequate digitalization and diuresis, TENORMIN should be withdrawn. (See DOSAGE AND ADMINISTRATION.)

Cessation of Therapy with TENORMIN: Patients with coronary artery disease, who are being treated with TENORMIN, should be advised against abrupt discontinuation of therapy. Severe exacerbation of angina and the occurrence of myocardial infarction and ventricular arrhythmias have been reported in patients following the abrupt discontinuation of therapy with beta blockers. The last two complications may occur with or without preceding exacerbation of the angina pectoris. As with other beta blockers, when discontinuation of TENORMIN is planned, the patients should be carefully observed and advised to limit physical activity to a minimum. If the angina worsens or acute coronary insufficiency develops, it is recommended that TENORMIN be promptly reinstituted, at least temporarily. Because coronary artery disease is common and may be unrecognized, it may be prudent not to discontinue TENORMIN therapy abruptly even in patients treated only for hypertension. (See DOSAGE AND ADMINISTRATION.)

Bronchospastic Diseases: PATIENTS WITH BRONCHOSPASTIC DISEASE SHOULD, IN GENERAL, NOT RECEIVE BETA BLOCKERS. Because of its relative beta₁ selectivity, however, TENORMIN may be used with caution in patients with bronchospastic diseases who do not respond to, or cannot tolerate, other antihypertensive treatment. Since beta₁ selectivity is not absolute, the lowest possible dose of TENORMIN should be used with therapy initiated at 50 mg and a beta₂-stimulating agent (bronchodilator) should be made available. If dosage must be increased, dividing the dose should be considered in order to achieve lower peak blood levels.

Anesthesia and Major Surgery: It is not advisable to withdraw beta-adrenergic receptor blocking drugs prior to surgery in the majority of patients. However, care should be taken when using anesthetic agents such as those which may depress the myocardium. Vagal dominance, if it occurs, may be corrected with atropine (1-2 mg IV).

Additionally, caution should be used when TENORMIN IV injection is administered concomitantly with such agents.

TENORMIN, like other beta blockers, is a competitive inhibitor of beta-receptor agonists and its effects on the heart can be reversed by administration of such agents; eg, dobutamine or isoproterenol with caution (see section on OVERDOSEAGE).

Diabetes and Hypoglycemia: TENORMIN should be used with caution in diabetic patients if a beta-blocking agent is required. Beta blockers may mask tachycardia occurring with hypoglycemia, but other manifestations such as dizziness and sweating may not be significantly affected. At recommended doses TENORMIN does not potentiate insulin-induced hypoglycemia and, unlike nonselective beta blockers, does not delay recovery of blood glucose to normal levels.

Thyrotoxicosis: Beta-adrenergic blockers may mask certain clinical signs (eg, tachycardia) of hyperthyroidism. Patients suspected of having thyroid disease should be monitored closely when administering TENORMIN IV injection. Abrupt withdrawal of beta blockade may precipitate a thyroid storm; therefore, patients suspected of developing thyrotoxicosis from whom TENORMIN therapy is to be withdrawn should be monitored closely. (See DOSAGE AND ADMINISTRATION.)

Pregnancy and Fetal Injury: TENORMIN can cause fetal harm when administered to a pregnant woman. TENORMIN crosses the placental barrier and appears in cord blood. No studies have been performed on the use of TENORMIN in the first trimester and the possibility of fetal injury cannot be excluded. TENORMIN has been used under close supervision for the treatment of hypertension in the third trimester. Administration of TENORMIN for longer periods to pregnant women in the management of mild to moderate hypertension has been associated with intrauterine growth retardation. If this drug is used during pregnancy, or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to the fetus.

ATENOLOL has been shown to produce a dose-related increase in embryo/fetal resorptions in rats at doses equal to or greater than 50 mg/kg/day or 25 or more times the maximum recommended human antihypertensive dose. * Although similar effects were not seen in rabbits, the compound was not evaluated in rabbits at doses above 25 mg/kg/day or 12.5 times the maximum recommended human antihypertensive dose. * Based on the maximum dose of 100 mg/day in a 50 kg patient.

PRECAUTIONS: **General:** Patients already on a beta blocker must be evaluated carefully before TENORMIN is administered. Initial and subsequent TENORMIN dosages can be adjusted downward depending on clinical observations including pulse and blood pressure. TENORMIN may aggravate peripheral arterial occlusive disorders.

Impaired Renal Function: The drug should be used with caution in patients with impaired renal function. (SEE DOSAGE AND ADMINISTRATION.)

Drug Interactions: Catecholamine-depleting drugs (eg, reserpine) may have an additive effect when given with beta-blocking agents. Patients treated with TENORMIN plus a catecholamine depletor should therefore be closely observed for evidence of hypotension and/or marked bradycardia which may produce vertigo, syncope, or postural hypotension.

Beta blockers may exacerbate the rebound hypertension which can follow the withdrawal of clonidine. If the two drugs are coadministered, the beta blocker should be withdrawn several days before the gradual withdrawal of clonidine. Replacing clonidine by beta-blocker therapy, the introduction of beta blockers should be delayed for several days after clonidine administration has stopped.

Caution should be exercised with TENORMIN IV injection when given in close proximity with drugs that may also have a depressant effect on myocardial contractility. On rare occasions, concomitant use of intravenous beta blockers and intravenous verapamil has resulted in serious adverse reactions, especially in patients with severe cardiomyopathy, congestive heart failure, or recent myocardial infarction. Information on concurrent usage of atenolol and aspirin is limited. Data from several studies, ie, TIMI-II, ISIS-2, currently do not suggest any clinical interaction between aspirin and beta blockers in the acute myocardial infarction setting.

While taking beta blockers, patients with a history of anaphylactic reaction to a variety of allergens may have a more severe reaction on repeated challenge, either accidental, diagnostic, or therapeutic. Such patients may be unresponsive to the usual doses of epinephrine used to treat the allergic reaction.

Carcinogenesis, Mutagenesis, Impairment of Fertility: Two long-term (maximum dosing duration of 18 or 24 months) rat studies and one long-term (maximum dosing duration of 18 months) mouse study, each employing dose levels as high as 300 mg/kg/day or 150 times the maximum recommended human antihypertensive dose, * did not indicate a carcinogenic potential of atenolol. A third (24 month) rat study, employing doses of 500 and 1,500 mg/kg/day (250 and 750 times the maximum recommended human antihypertensive dose) * resulted in increased incidences of benign adrenal medullary tumors in males and females, mammary fibroadenomas in females, and anterior pituitary adenomas and thyroid parafollicular cell carcinomas in males. No evidence of a mutagenic potential of atenolol was uncovered in the dominant lethal test (mouse), Ames test (cytogenetics test), Ames test (Chinese hamster), or Ames test (S typhimurium).

Fertility of male or female rats (evaluated at dose levels as high as 200 mg/kg/day or 100 times the maximum recommended human dose) * was unaffected by atenolol administration.

Animal Toxicology: Chronic studies employing oral atenolol performed in animals have revealed the occurrence of vacuolation of epithelial cells of Brunner's glands in the duodenum of both male and female dogs at all tested dose levels of atenolol (starting at 15 mg/kg/day or 7.5 times the maximum recommended human antihypertensive dose) * and increased incidence of atrial degeneration of hearts of male rats at 300 but not 150 mg atenolol/kg/day (150 and 75 times the maximum recommended human antihypertensive dose, * respectively).

Use in Pregnancy: **Pregnancy Category D.** See WARNINGS - Pregnancy and Fetal Injury.

Nursing Mothers: Atenolol is excreted in human breast milk at a ratio of 1.5 to 1.8 when compared to the concentration in plasma. Caution should be exercised when TENORMIN is administered to a nursing woman. Clinically significant bradycardia has been reported in breast fed infants. Premature infants, or infants with impaired renal function, may be more likely to develop adverse effects.

Pediatric Use: Safety and effectiveness in children have not been established. * Based on the maximum dose of 100 mg/day in 50 kg patient.

ADVERSE REACTIONS: Most adverse effects have been mild and transient. The frequency estimates in the following table were derived from controlled studies in hypertensive patients in which adverse reactions were either volunteered by the patient (US studies) or elicited, eg, by checklist (foreign studies). The reported frequency of elicited adverse effects was higher for both TENORMIN and placebo-treated patients than when these reactions were volunteered. Where frequency of adverse effects of TENORMIN and placebo is similar, causal relationship to TENORMIN is uncertain.

	Volunteered (US Studies)		Total - Volunteered and Elicited (Foreign + US Studies)	
	Atenolol (n = 164)	Placebo (n = 206)	Atenolol (n = 399)	Placebo (n = 407)
	%	%	%	%
CARDIOVASCULAR				
Bradycardia	3	0	12	0
Cold Extremities	0	0.5	3	5
Postural Hypotension	2	1	4	5
Leg Pain	0	0.5	3	1
CENTRAL NERVOUS SYSTEM/NEUROMUSCULAR				
Dizziness	4	1	13	6
Vertigo	2	0.5	2	0.2
Light-headedness	1	0	3	0.7
Tiredness	0.6	0.5	26	13
Fatigue	3	1	6	0.7
Lethargy	0.6	0	3	0.5
Drowsiness	0.6	0.5	12	0.5
Depression	0.6	0.5	12	0.5
Dreaming	0	0	3	1
GASTROINTESTINAL				
Diarrhea	2	0	3	2
Nausea	4	1	3	1
RESPIRATORY (see WARNINGS)				
Wheeziness	0	0	3	3
Dyspnea	0.6	1	6	4

Acute Myocardial Infarction: In a series of investigations in the treatment of acute myocardial infarction, bradycardia and hypotension occurred more commonly, as expected for any beta blocker, in atenolol-treated patients than in control patients. However, these usually responded to atropine and/or to withholding further dosage of atenolol. The incidence of heart failure was not increased by atenolol. Inotropic agents were infrequently used. The reported frequency of these and other events occurring during these investigations is given in the following table.

TENORMIN® (atenolol) 25, 50, 100 mg tablets

In a study of 477 patients, the following adverse events were reported during either intravenous and/or oral atenolol administration:

	Conventional Therapy Plus Atenolol (n=244)	Conventional Therapy (n=233)
Bradycardia	43 (18%)	34 (10%)
Hypotension	60 (25%)	34 (15%)
Bronchospasm	3 (1.2%)	2 (0.9%)
Heart Failure	46 (19%)	56 (24%)
Heart Block	11 (4.5%)	10 (4.3%)
BBB + Major Axis Deviation	16 (6.6%)	28 (12%)
Supraventricular Tachycardia	28 (11.5%)	45 (19%)
Atrial Fibrillation	4 (1.6%)	29 (11%)
Atrial Flutter	4 (1.6%)	7 (3%)
Ventricular Tachycardia	39 (16%)	52 (22%)
Cardiac Reinforcement	0 (0%)	6 (2.6%)
Total Cardiac Arrests	4 (1.6%)	16 (6.9%)
Nonfatal Cardiac Arrests	4 (1.6%)	12 (5.1%)
Deaths	7 (2.9%)	16 (6.9%)
Cardiogenic Shock	1 (0.4%)	4 (1.7%)
Development of Ventricular Septal Defect	0 (0%)	2 (0.9%)
Development of Mitral Regurgitation	0 (0%)	2 (0.9%)
Renal Failure	1 (0.4%)	0 (0%)
Pulmonary Emboli	3 (1.2%)	0 (0%)

POTENTIAL ADVERSE EFFECTS: In addition, a variety of adverse effects have been reported with other beta-adrenergic blocking agents, and may be considered potential adverse effects of TENORMIN.

Hematologic: Agranulocytosis.

Allergic: Fever, combined with aching and sore throat, laryngospasm, and respiratory distress.

Central Nervous System: Reversible mental depression progressing to cataplexy; visual disturbances; hallucinations; an acute reversible syndrome characterized by disorientation of time and place; short-term memory loss; emotional lability with slightly clouded sensorium; and, decreased performance on neuropsychometric tests.

Gastrointestinal: Mesenteric arterial thrombosis, ischemic colitis.

Other: Erythematous rash, Raynaud's phenomenon.

Discontinuation: There have been reports of skin rashes and/or dry eyes associated with the use of beta-adrenergic blocking drugs. The reported incidence is small, and in most cases, the symptoms have cleared when treatment was withdrawn. Discontinuation of the drug should be considered if any such reaction is not otherwise explicable. Patients should be closely monitored following cessation of therapy. (SEE DOSAGE AND ADMINISTRATION.)

The oculomucocutaneous syndrome associated with the beta blocker practolol has not been reported with TENORMIN. Furthermore, a number of patients who had previously demonstrated established practolol reactions were transferred to TENORMIN therapy with subsequent resolution or quiescence of the reaction.

OVERDOSEAGE: Overdosage with TENORMIN has been reported with patients surviving acute doses as high as 5 g. One death was reported in a man who may have taken as much as 10 g acutely.

The predominant symptoms reported following TENORMIN overdose are lethargy, disorder of respiratory drive, wheezing, sinus pause, and bradycardia. Additionally, common effects associated with overdosage of any beta-adrenergic blocking agent and which might also be expected in TENORMIN overdose are congestive heart failure, hypotension, bronchospasm, and/or hypoglycemia.

Treatment of overdose should be directed to the removal of any unabsorbed drug by induced emesis, gastric lavage, or administration of activated charcoal. TENORMIN can be removed from the general circulation by hemodialysis. Other treatment modalities should be employed at the physician's discretion and may include:

BRADYCARDIA: Atropine intravenously. If there is no response to atropine, give isoproterenol cautiously. In refractory cases, a transvenous cardiac pacemaker may be indicated.

HEART BLOCK (SECOND OR THIRD DEGREE): Isoproterenol or transvenous cardiac pacemaker.

CARDIAC FAILURE: Digitalize the patient and administer a diuretic. Glucagon has been reported to be useful.

HYPOTENSION: Vasopressors such as dopamine or norepinephrine (levaterenol). Monitor blood pressure continuously.

BRONCHOSPASM: A beta₂ stimulant such as isoproterenol or terbutaline and/or aminophylline.

HYPOLYCEMIA: Intravenous glucose.

Based on the severity of symptoms, management may require intensive support care and facilities for applying cardiac and respiratory support.

DOSAGE AND ADMINISTRATION: **Hypertension:** The initial dose of TENORMIN is 50 mg given as one tablet a day either alone or added to diuretic therapy. The full effect of this mode will usually be seen within one to two weeks. If an optimal response is not achieved, the dosage should be increased to TENORMIN 100 mg given as one tablet a day. Increasing the dosage beyond 100 mg a day is unlikely to produce any further benefit.

TENORMIN may be used alone or concomitantly with other antihypertensive agents including thiazide-type diuretics, hydralazine, prazosin, and alpha-methylglutathione.

Angina Pectoris: The initial dose of TENORMIN is 50 mg given as one tablet a day. If an optimal response is not achieved within one week, the dosage should be increased to TENORMIN 100 mg given as one tablet a day. Some patients may require a dosage of 200 mg once a day, or optimal effect.

Twenty-four hour control with once daily dosing is achieved by giving doses larger than necessary to achieve an immediate maximum effect. The maximum early effect on exercise tolerance occurs with doses of 50 to 100 mg, but at these doses the effect at 24 hours is attenuated, averaging about 50% to 75% of that observed with once a day oral doses of 200 mg.

Acute Myocardial Infarction: In patients with definite or suspected acute myocardial infarction, treatment with TENORMIN IV injection should be initiated as soon as possible after the patient's arrival in the hospital and after eligibility is established. Such treatment should be initiated in a coronary care or similar unit immediately after the patient's hemodynamic condition has stabilized. Treatment should begin with intravenous administration of 5 mg TENORMIN over 5 minutes followed by another 5 mg intravenous injection 10 minutes later. TENORMIN IV injection should be administered under carefully controlled conditions including monitoring of blood pressure, heart rate, and electrocardiogram. Dilutions of TENORMIN IV injection in Dextrose Injection USP, Sodium Chloride Injection USP, or Sodium Chloride and Dextrose Injection may be used. These admixtures are stable for 48 hours if they are not used immediately.

In patients who tolerate the full intravenous dose (10 mg), TENORMIN Tablets 50 mg should be initiated 10 minutes after the last intravenous dose followed by another 50 mg oral dose 12 hours later. Thereafter, TENORMIN can be given orally every 100 mg once daily or 50 mg twice a day for a further 6-9 days or until discharge from the hospital. If bradycardia or hypotension requiring treatment or any other untoward effects occur, TENORMIN should be discontinued.

Based on the severity of symptoms, management may require intensive support care and facilities for applying cardiac and respiratory support. A beta₂ stimulant such as isoproterenol or terbutaline and/or aminophylline.

There is a contraindication, the IV beta blocker may be eliminated and patients fulfilling the safety criteria may be given TENORMIN Tablets 50 mg twice daily or 100 mg once a day for at least seven days (if the IV dosing is excluded).

Although the demonstration of efficacy of TENORMIN is based entirely on data from the first seven postinfarction days, data from other beta blocker trials suggest that treatment with beta blockers that are effective in the postinfarction setting may be continued for one to three years if there are no contraindications.

TENORMIN is an additional treatment to standard coronary care unit therapy.

Elderly Patients or Patients with Renal Impairment: TENORMIN is excreted by the kidneys; consequently dosage should be adjusted in cases of severe impairment of renal function. Some reduction in dosage may also be appropriate for the elderly, since decreased kidney function is a physiologic consequence of aging. Atenolol excretion would be expected to decrease with advancing age.

No significant accumulation of TENORMIN occurs until creatinine clearance falls below 35 mL/min/1.73m². Accumulation of atenolol and prolongation of its half-life were studied in subjects with creatinine clearance between 5 and 105 mL/min. Peak plasma levels were significantly increased in subjects with creatinine clearances below 30 mL/min.

The following maximum oral dosages are recommended for elderly, renally-impaired patients and for patients with renal impairment due to other causes:

Creatinine Clearance (mL/min/1.73m ²)	Atenolol Elimination Half-Life (h)	Maximum Dosage
15-35	16-27	50 mg daily
<15	>27	25 mg daily

Some renally-impaired or elderly patients being treated for hypertension may require a lower starting dose of TENORMIN: 25 mg given as one tablet a day. If this 25 mg dose is used, assessment of efficacy must be made carefully. This should include measurement of blood pressure just prior to the next dose ("trough" blood pressure) to ensure that the treatment effect is present for a full 24 hours.

Although a similar dosage reduction may be considered for elderly and/or renally-impaired patients being treated for indications other than hypertension, data are not available for these patient populations.

Patients on hemodialysis should be given 25 mg or 50 mg after each dialysis; this should be done under hospital supervision as marked falls in blood pressure can occur.

Cessation of Therapy in Patients with Angina Pectoris: If withdrawal of TENORMIN therapy is planned, it should be achieved gradually and patients should be carefully observed and advised to limit physical activity to a minimum.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit.

HOW SUPPLIED

TENORMIN Tablets: Tablets of 25 mg atenolol, NDC 0310-0107 (round, flat, uncoated white tablets with "T" debossed on one side and 107 debossed on the other side) are supplied in bottles of 100 tablets.

Tablets of 50 mg atenolol, NDC 0310-0105 (round, flat, uncoated white tablets identified with ICI debossed on one side and 105 debossed on the other side, bisected) are supplied in bottles of 100 tablets and 1000 tablets, and unit dose packages of 100 tablets. These tablets are distributed by ICI Pharma.

Tablets of 100 mg atenolol, NDC 0310-0101 (round, flat, uncoated white tablets with ICI debossed on one side and 101 debossed on the other side) are supplied in bottles of 100 tablets and unit dose packages of 100 tablets. These tablets are distributed by ICI Pharma.

Store at controlled room temperature, 15°-30° C (59°-86° F). Dispense in well-closed, light resistant containers.

TENORMIN I.V. Injection

TENORMIN I.V. Injection, NDC 0310-0108, is supplied as 5 mg atenolol in 10 mL ampules of isotonic citrate-buffered aqueous solution. Protect from light. Keep ampules in outer packaging until time of use. Store at room temperature.

REV Y 03/92

ZENECA
Pharmaceuticals
A Business Unit of ZENECA Inc.
Wilmington, Delaware 19807 USA

35 points to be considered in the differential diagnosis of hypokalemia as well as a clearly constructed flow diagram outlining the subsequent laboratory evaluation of this entity. In section 3, "Diseases of Organ Systems" (the most extensive part of the book), the text becomes appropriately academic, providing a synopsis of the laboratory manifestations of the most commonly presenting diseases. Pulmonary, gastrointestinal, renal, and endocrine disorders are but a few of the clinical areas addressed. Information in this section is also concisely presented, with each evaluation being covered in great depth. For example, in the case of a patient presenting with hepatic cirrhosis, Wallach reviews the expected findings, range of normal values, and variations for each hepatic function test available (eg, "serum LAP is slightly increased in 30% of patients, total serum cholesterol is normal or decreased"). After approaching cirrhosis generally, specific types (eg, Wilson's disease and hemochromatosis) are reviewed. Algorithms and tables abound, making the total format one that enhances both practitioners' knowledge of internal medicine and clinical efficiency in patient care. The last section, "Drugs and Laboratory Test Values," offers extremely useful tables that outline interactions of medications as reflected in results of laboratory tests. For "drugs that may

cause increased urine catecholamines," 20 possible drug interactions are listed. The example of "drugs that can/may potentiate Coumarin action" shows how clinically relevant this section can be. A particular table in this section, "Drugs of Abuse," provided me with a new reference to street names, toxic levels, and appropriate assay of such drugs.

Above all, Wallach's index is the major asset of the manual. There are 130 pages of references to tests, conditions, diseases, symptoms, and medications that time after time send the reader exactly to where the desired information rests. The overwhelming thoroughness is demonstrated by the entry for sedimentation rate, which lists 70 areas of reference.

Interpretation of Diagnostic Tests continues to be so practical that it remains a "must have" for all clinical libraries. Students and residents alike will also continue to admire this manual, as it presents highly accessible essential laboratory information and decision-making advice relevant to both the learning process and preparation for examination in internal medicine. The trick with forthcoming editions is to keep this manual comprehensive while concise. Wallach continues as no other in capturing that goal.

James J. Bergman, MD
University of Washington
Seattle, Wash

TORADOL[®] (KETOROLAC TROMETHAMINE) 10 MG TABLETS

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What do these little suckers have to do with arthritis?

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The little suckers are ticks.

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NAPROSYN®

(NAPROXEN) 500 mg tablets

Brief Summary:

Contraindications: Patients who have had allergic reactions to NAPROSYN, ANAPROX or ANAPROX DS or in whom aspirin or other NSAIDs induce the syndrome of asthma, rhinitis, and nasal polyps. Because anaphylactic reactions usually occur in patients with a history of such reactions, question patients for asthma, nasal polyps, urticaria, and hypotension associated with NSAIDs before starting therapy. If such symptoms occur, discontinue the drug. **Warnings:** Serious GI toxicity such as bleeding, ulceration, and perforation can occur at any time, with or without warning symptoms, in patients treated chronically with NSAIDs. Remain alert for ulceration and bleeding in such patients even in the absence of previous GI tract symptoms. In clinical trials, symptomatic upper GI ulcers, gross bleeding or perforation appear to occur in approximately 1% of patients treated for 3-6 months, and in about 2-4% of patients treated for one year. Inform patients about the signs and/or symptoms of serious GI toxicity and what steps to take if they occur. Studies have not identified any subset of patients not at risk of developing peptic ulceration and bleeding. Except for a prior history of serious GI events and other risk factors known to be associated with peptic ulcer disease, such as alcoholism, smoking, etc., no risk factors (e.g., age, sex) have been associated with increased risk. Elderly or debilitated patients seem to tolerate ulceration or bleeding less well than other patients, and most spontaneous reports of fatal GI events are in this population. In considering the use of relatively large doses (within the recommended dosage range), sufficient benefit should be anticipated to offset the potential increased risk of GI toxicity. **Precautions:** DO NOT GIVE NAPROSYN® (NAPROXEN) CONCOMITANTLY WITH ANAPROX® (NAPROXEN SODIUM) OR ANAPROX® DS (NAPROXEN SODIUM) SINCE THEY BOTH CIRCULATE IN PLASMA AS THE NAPROXEN ANION. Acute interstitial nephritis with hematuria, proteinuria, and nephrotic syndrome has been reported. Patients with impaired renal function, heart failure, liver dysfunction, patients taking diuretics, and the elderly are at greater risk of overt renal decompensation. If this occurs, discontinue the drug. Use with caution and monitor serum creatinine and/or creatinine clearance in patients with significantly impaired renal function. Use caution in patients with baseline creatinine clearance less than 20 mL/minute. Use the lowest effective dose in the elderly or in patients with chronic alcoholic liver disease or cirrhosis. With NSAIDs, borderline elevations of liver tests may occur in up to 15% of patients. They may progress, remain unchanged, or be transient with continued therapy. Elevations of SGPT or SGOT occurred in controlled clinical trials in less than 1% of patients. Severe hepatic reactions, including jaundice and fatal hepatitis, have been reported rarely. If liver disease develops or if systemic manifestations occur (e.g., eosinophilia or rash), discontinue therapy. If steroid dosage is reduced or eliminated during therapy, do so slowly and observe patients closely for adverse effects, including adrenal insufficiency and exacerbation of arthritis symptoms. Determine hemoglobin values periodically for patients with initial values of 10 grams or less who receive long-term therapy. Peripheral edema has been reported. Therefore, use with caution in patients with fluid retention, hypertension or heart failure. The drug's antipyretic and anti-inflammatory activities may reduce fever and inflammation, diminishing their diagnostic value. Conduct ophthalmic studies if any change or disturbance in vision occurs. For patients with restricted sodium intake, note that the suspension contains 8 mg/mL of sodium. **Information for Patients:** Side effects of NSAIDs can cause discomfort and, rarely, there are more serious side effects, such as GI bleeding, which may result in hospitalization and even fatal outcomes. Physicians may wish to discuss with patients the potential risks and likely benefits of NSAID treatment, particularly when they are used for less serious conditions where treatment without NSAIDs may be an acceptable alternative. Patients should use caution for activities requiring alertness if they experience drowsiness, dizziness, vertigo or depression during therapy. **Laboratory Tests:** Because serious GI tract ulceration and bleeding can occur without warning symptoms, follow chronically treated patients for signs and symptoms of these and inform them of the importance of this follow-up. **Drug Interactions:** Use caution when giving concomitantly with coumarin-type anticoagulants; a hydantoin, sulfonamide or sulfonylurea; furosemide; lithium; beta-blockers; probenecid; or methotrexate. **Drug/Laboratory Test Interactions:** The drug may decrease platelet aggregation and prolong bleeding time or increase urinary values for 17-ketogenic steroids. Temporarily stop therapy for 72 hours before doing adrenal function tests. The drug may interfere with urinary assays of SHAA. **Carcinogenesis:** A 2-year rat study showed no evidence of carcinogenicity. **Pregnancy:** Category B. Do not use during pregnancy unless clearly needed. Avoid use during late pregnancy. **Nursing Mothers:** Avoid use in nursing mothers. **Pediatric Use:** Single doses of 2.5-5 mg/kg, with total daily dose not exceeding 15 mg/kg/day, are safe in children over 2 years of age. **Adverse Reactions:** In a study, GI reactions were more frequent and severe in rheumatoid arthritis patients on 1,500 mg/day than in those on 750 mg/day. In studies in children with juvenile arthritis, rash and prolonged bleeding times were more frequent, GI and CNS reactions about the same, and other reactions less frequent than in adults. Incidence Greater Than 1%: Probable Causal Relationship: GI: The most frequent complaints related to the GI tract: constipation; heartburn; abdominal pain; nausea; dyspepsia, diarrhea, stomatitis. CNS: headache; dizziness; vertigo; light-headedness; vertigo. Dermatologic: itching (pruritus); skin eruptions; ecchymoses; sweating, purpura. Special Senses: tinnitus; hearing disturbances, visual disturbances. Cardiovascular: edema; dyspnea; palpitations. General: thirst. Incidence Less Than 1%: Probable Causal Relationship: GI: abnormal liver function tests, colitis, GI bleeding and/or perforation, hematemesis, jaundice, melena, peptic ulceration with bleeding and/or perforation, vomiting. Renal: glomerular nephritis, hematuria, hyperkalemia, interstitial nephritis, nephrotic syndrome, renal disease, renal failure, renal papillary necrosis. Hematologic: agranulocytosis, eosinophilia, granulocytopenia, leukopenia, thrombocytopenia. CNS: depression, dream abnormalities, inability to concentrate, insomnia, malaise, myalgia and muscle weakness. Dermatologic: alopecia, photosensitive dermatitis, skin rash. Special Senses: hearing impairment. Cardiovascular: congestive heart failure. Respiratory: eosinophilic pneumonitis. General: anaphylactoid reactions, menstrual disorders, pyrexia (chills and fever). Causal Relationship Unknown: Hematologic: aplastic anemia, hemolytic anemia. CNS: aseptic meningitis, cognitive dysfunction. Dermatologic: epidermal necrolysis, erythema multiforme, photosensitivity reactions resembling porphyria cutanea tarda and epidermolysis bullosa, Stevens-Johnson syndrome, urticaria. GI: non-peptic GI ulceration, ulcerative stomatitis. Cardiovascular: vasculitis. General: angioneurotic edema, hyperglycemia, hypoglycemia. **Overdosage:** May have drowsiness, heartburn, indigestion, nausea, vomiting. A few patients have had seizures. Empty stomach and use usual supportive measures. In animals 0.5 g/kg of activated charcoal reduced plasma levels of naproxen. **Caution:** Federal law prohibits dispensing without prescription. See package insert for full Prescribing Information.

*Incidence of reported reaction 3%-9%.

Where unmarked, incidence less than 3%.

U.S. patent nos. 3,904,682, 3,998,966 and others.

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SYNTEX

Rev. 39 September 1990

FOR CHRONIC ARTHRITIS

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Color-enhanced 3-D CT image of OA hip with joint space narrowing and marginal osteophytes.
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frequent complaints are gastrointestinal.

Please see brief summary of prescribing information
on adjacent page.

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(NAPROXEN) 500 mg tablets

Also available in 375 and 250 mg tablets and in suspension 125 mg/5 mL



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